



Reentry Resource Guide for Hertford County



2025




PLEASE READ THIS FIRST!

Nothing is more frustrating these days than trying to get an actual human being to answer the phone when you call organizations for assistance. This can especially be true for government agencies. If this happens to you when contacting any of the service providers listed in this Reentry Resource Guide, remember the following:

- Try to find all the information you need on the service provider's website, which OurJourney gives for every service provider that has one. That way you won't even need to call. If the website gives an email address, you might try emailing the service provider with your non-emergency questions.
- Sometimes by pressing the zero button on your phone you can skip past the recorded message and be sent straight to a human operator.
- Know ahead of time exactly what you want to ask; have any materials you need on hand before you call (such as ID, application, etc.).
- Be patient. If you simply can't wait on hold any longer, choose the option that lets you leave a voicemail (if available).
- If you leave a voicemail, remember to state your name and phone number clearly, along with the reason for your call.
- Make sure you're available for call-back during normal business hours. If you can't be, when you leave your voicemail provide a time range for call-back.

Also remember, many people in your community need help too. So you may be placed on a waiting list for some services. OurJourney always recommends that you begin your search for assistance by contacting the One-Stop Resource Centers listed at the front of this guide. Why? Because these service providers usually have the resources and connections in the community to provide more immediate and specific help.

Agencies, organizations, ministries or businesses with a  beside their listing are close partners of OurJourney. We have verified not just their basic information but that they are dedicated to helping you rebuild your life. Make sure you mention that OurJourney sent you!

Finally, remember that your success ultimately depends on **YOU!** OurJourney encourages you not to give up if you can't find help when and how you need it. We know firsthand how frustrating it can be when things don't go the way you hope, but we also know that **the worst day in freedom is better than the best day in prison**, and that patience and perseverance are just as important to your success as the assistance you need.

© 2025 by OurJourney Media

All rights reserved. No part of this publication may be reproduced, distributed, or transmitted in any form or by any means, including photocopying, recording, or other electronic or mechanical methods, without the prior written permission of the publisher, except in the case of brief quotations embodied in critical reviews and certain other noncommercial uses permitted by copyright law. For permission requests, email contact@ourjourney2gether.com.

Picture on the front cover courtesy of www.datausa.io



Resource Guide - Hertford County

The service providers listed below are for Hertford County and surrounding areas. Agencies, organizations or businesses may be listed multiple times if they offer services in multiple categories. Agencies, organizations or businesses listed under the category “One-Stop Resource Centers” offer assistance in all or nearly all other categories. OurJourney does not endorse any of the agencies, organizations or businesses listed below, unless otherwise noted by a check mark beside the listing.

OurJourney has verified the accuracy of the information in this Resource Guide as of the date printed on the bottom of each page. There may be other service providers in Hertford County not listed. Please call (888) 50 REENTRY or email contact@ourjourney2gether.com to report any discrepancies or to suggest other service providers in Hertford County.

NOTE: Hertford County is limited in reentry support resources, which is why some of the resource providers listed in this guide are from neighboring counties. Your parole officer will most likely allow you to travel outside of Hertford County for reentry assistance. However, you should always contact your parole officer before leaving Hertford County for any reason, even to visit the reentry resource providers listed in this guide. Failure to obtain permission from your parole officer to travel outside of Hertford County may result in a violation of the conditions of your post-release.

One-Stop Resource Centers

North Carolina ePASS

<https://epass.nc.gov/>

North Carolina ePASS is a new online way to apply for Benefits and services as a resident of the state. It is made available by the NC Department of Health and Human Services.

You can apply for Food & Nutrition Services, apply for Energy Assistance, register to vote (if eligible) and apply for other state services.

You will need to set up an account first and you must have an active email account. You will also need a photo ID and your birth certificate to set up an account.

Setting up an account is free. To qualify for benefits, you must meet certain guidelines.

One-Stop Resource Centers

The Salvation Army of the Albemarle Region

602 N. Hughes Blvd.
Elizabeth City, NC 27909

252-338-4120

<https://southernusa.salvationarmy.org/albemarle/>

Monday through Thursday: 9:00 AM to 4:00 PM (closed for lunch from Noon to 1:00 PM)
Friday: 9:00 AM to Noon

Provides a wide variety of services, including Disaster Relief, Shelter, Food, Rent and Utility Assistance, and Clothing.

Always contact your parole officer before leaving Hertford County.

Assistance is free; some services provided by partner organizations may charge fees

Albemarle Area United Way

1413 Parkview Dr.
Elizabeth City, NC 27909

252-333-1510

<https://www.aaunitedway.org/>

Monday through Friday: 9:00 AM to 5:00 PM

Provides support to dozens of member agency programs in Pitt County. In addition to calling the number provided for the Pitt County office, you can get 24-hour assistance by calling the United Way hotline by dialing 211. The address provided is for the main Greenville office in Pitt County, which also services Martin County.

Always contact your parole officer before leaving Hertford County.

Assistance is free; some services provided by partner organizations may charge fees

Go Further Connect

<https://gofurtherconnect.com/>

Introducing a new way to get connected

Do you need a **resource**?
Do you need a **job**?
Do you need **inspiration**?
Do you need to **connect**?



Visit www.GoFurtherConnect.com
to start connecting now

Go Further Connect is an online resource for connecting returning citizens with programming, services, and community support that meet the individual's needs. You can search for help by zip code and also access some of the other great resources they have available for free, such as a tool for finding a job.

Free

One-Stop Resource Centers



Fenced In: Fighting for Freedom Advocacy

336-840-7570

<https://aprilbarberscales.com/#our-services>

Monday - Friday:
9:00 am to 5:00 pm

April spent over 33 years in prison and now helps others returning after long prison sentences of 20 years or more. If that's you, April will prepare a tailored plan according to your vision of release and will provide a prepaid cell phone and gift card as funding permits. She is also a certified peer support specialist who offers support for those who struggle with mental health, psychological trauma, or substance use. April is an OurJourney board member.

Free if you served 20 years or more.

Catholic Charities - Tar River Region

Holy Family Catholic Church
1453 North Road St.
Elizabeth City, NC 27909

252-426-7717

<https://www.catholiccharitiesraleigh.org/albemarle-about/>

Monday, Wednesday, Friday: 8:30 AM to 3:00 PM

Provides healthy food and rent/utility assistance to Individuals and families in the area. They provide clients with electronic monthly food cards. These can be used to purchase sanitary, hygiene, and food products. To determine eligibility, please call. No walk-ins. People seeking assistance with food will also be screened for other needs which Catholic Charities can either address, or make a referral to a community partner.

Always contact your parole officer before leaving Hertford County.

Assistance is free; some services provided by partner organizations may charge fees

Recidivism Reduction Call Center

<https://rreps.net/recidivism-reduction-hotline>

888-852-0004

The Recidivism Reduction Call Center allows people recently released from prison in North Carolina to connect with a RREPS operator to request information about, and set up warm referrals to, employment, housing, healthcare, and public benefits services.

Assistance is free; some services provided by partner organizations may charge fees

One-Stop Resource Centers



Rise 4 Me

<https://www.rise4me.com/>

Rise4Me is a free, online tool that offers a directory of reentry resources made available in an easily accessible format. RISE stands for Resources for Improvement, Support and Empowerment for Returning Citizens. Free

Food Resources

Hertford County Mobile Food Pantry

200 W. Main St.
Murfreesboro, NC 27855

252-335-4035

<https://afoodbank.org/get-help/mobile-food-pantries/>

3rd Tuesday of every month
1:00 p.m. – 2:30 p.m.

The Mission of the Food Bank is to fight hunger and poverty in our 15-county service area in northeast North Carolina. We are a regional clearinghouse for the collection and distribution of food and grocery items to over 100 non-profit and faith-based organizations for their food programs and to eligible individuals for their food needs. Free

Ahoskie Food Pantry

701 East Church St.
Ahoskie, NC 27910
(Inside the First Presbyterian Church)

252-332-2145

https://food-banks.org/assistance/ahoskie_nc.html

Monday through Friday: 9:30 AM to Noon

The Ahoskie Food Pantry is a collaborative effort of local churches to provide emergency food to families facing hardships. Free

Medical / Dental Resources

Hertford County Health Department

828 S. Academy St.
Ahoskie, NC 27910

252-862-4054

<https://www.arhs-nc.org/>

Monday through Friday: 8:00 AM to 5:00 PM

Second and fourth Thursdays: 5:00 PM to 7:00 PM

Offers assistance with a variety of basic health needs, including disease prevention and others. Also offers free HIV and other STD testing and free COVID testing and vaccinations. They also have a pharmacy at the Windsor location. They will help with referrals to other health care providers in Hertford County.

Offers services on a sliding fee scale based on income for anyone regardless of ability to pay. They also accept Medicaid, Medicare and private insurances.

Agape Health Services

1130 Godwin Dr.
Williamston, NC 27892

Medical: 252-789-0401

Dental: 252-802-3013

Pharmacy: 252-802-3066

<https://www.agapechc.org/>

Medical & Dental:

Mondays through Thursday:
8:00 AM to 5:00 PM

Pharmacy: Mondays through Friday:
9:00 AM to 5:30 PM

Agape Health Services offers the following services:

- Primary healthcare
- Dental
- On-site pharmacy
- Medication Assistance Treatment (MAT)
- Drug treatment
- Alcohol and smoking cessation

Bring ID, Social Security Card, proof of income and proof of insurance or Medicaid (if available).

Your Parole Office may be able to help you with these documents. Must fill out an application and be approved for services.

Always contact your parole officer before leaving Hertford County.

They offer reduced fees for the uninsured based on income, family size and federally determined percentage of "Poverty Levels." Accepts Medicare, Medicaid and most insurance.

Medical / Dental Resources



NC MedAssist

866-331-1348

medassist.org

NC MedAssist is a statewide program for those who do not have the means to buy life-saving medications to treat chronic diseases such as heart disease, diabetes, and asthma. To qualify you must live in NC, not have any insurance (not even Medicaid) and have income that is at or below 300% of the national poverty average. (To give you an example, if you live with one other person, the combined yearly income for both of you can't be more than \$54,930, or \$4,577 per month.) Visit their website to enroll or call for more information. They also have a Mobile Free Pharmacy that travels the state handing out free Over The Counter medications to anyone, no ID required.

Free for those who qualify and aren't insured

OurJourney can help you enroll in NC MedAssist's free pharmacy program! Call us (888) 50 REENTRY to learn more.



Parks Insurance

153 S. Oakland Ave.
Rock Hill SC 29730

866-932-7200

<https://parksinsured.com/>

Monday through Friday: 9:00 AM to 5:00 PM

Parks Insurance is licensed in all 50 states to offer healthcare insurance to individuals returning from prison. Through a special program called G.I.F.T. (Giving Insurance Freely for Transition), you are eligible to receive healthcare insurance with ZERO monthly payments and little, if any, deductibles. This plan covers doctor visits, medication, behavioral health, surgery, hospital stays and more. Everyone qualifies, even those with preexisting conditions.

Free

OurJourney can help you enroll in Parks Insurance's G.I.F.T. program! Call us (888) 50 REENTRY to learn more or call Parks Insurance and speak to a representative.

Mental Health & Substance Abuse Resources

Agape Health Services

1130 Godwin Dr.
Williamston, NC 27892

252-789-0401

<https://www.agapechc.org/>

Mondays through Friday: 8:00 AM to 5:00 PM (Closed for lunch from Noon to 1:00 PM daily.)

Agape Health Services offers the following services:

- Medication Assistance Treatment (MAT)
- Opioid Use Disorder treatment
- Alcohol and smoking cessation
- Individual counseling

Bring ID, Social Security Card, proof of income and proof of insurance or Medicaid (if available).

Your Parole Office may be able to help you with these documents. Must fill out an application and be approved for services.

Always contact your parole officer before leaving Hertford County.

They offer reduced fees for the uninsured based on income, family size and federally determined percentage of "Poverty Levels." Accepts Medicare, Medicaid and most insurance.

Roanoke Chowan Community Health Center, Inc. (RCCHC)

120 Health Center Dr.
Ahoskie, NC 27910

252-332-3548

<https://www.rcchc.org/roanoke-chowan-community-health-center-locations/ahoskie-comprehensive-care.html>

Monday: 7:00 AM to 7:00 PM
Tuesday: 7:00 AM to 5:00 PM
Wednesday: 7:00 AM to 5:00 PM
Thursday: 7:00 AM to 7:00 PM
Friday: 7:00 AM to 1:00 PM
Saturday: 8:00 AM to Noon

Provides high quality care for Behavioral Health patients of all ages. They offer the following services:

- Common mental health diagnoses such as anxiety, depression, ADD/ADHD, and PTSD
- Chronic Pain Management
- Substance Abuse Treatment
- Opioid Addiction Treatment
- NARCAN/Naloxone Training

Accepts Medicare, Medicaid, and offers an income based sliding scale fee for those uninsured. Nobody is turned away because of an inability to pay.

Heels Care Network

<https://care.unc.edu/resource/mental-health-gps/>

This is an online network of North Carolina and national mental health resources and support groups.

Access is free; some providers listed may charge fees for their services

Mental Health & Substance Abuse Resources

The HOPE Exchange

Fixed Site:

817 East Blvd. Suite 1B
Williamston, NC 27892

Mobile Delivery Site:

200 Greene St.
Williamston, NC 27892

252-310-0017 or
252-793-1607

Find them on Facebook at The
HOPE Exchange

They properly dispose of used
needles, provide sterile syringes,
naloxone, fentanyl test strips, HIV
and HepC testing, personal
hygiene supplies, information
about treatment options, all in a
safe, judgement-free place.

Call for details about their hours
and mobile delivery schedule.

Ask for Yerlin Villegas.

The HOPE Exchange is part of the
Martin-Tyrell-Washington District
Health Center.

**Always contact your parole
officer before leaving Hertford
County.**

Free



Better Life Partners

866-679-0831

<https://betterlifepartners.com/north-carolina>

Monday-Sunday:
8:00 AM to 6:00 PM

Better Life Partners, an outpatient
treatment provider dedicated to
supporting individuals aged 18
and above with Substance Use
Disorder (SUD) and Alcohol Use
Disorder (AUD). Our
comprehensive approach
includes medication-assisted
treatment (MAT) and substance
use-related responsive care.
These services are paired with
counseling sessions facilitated by
licensed counselors in virtual
group settings. Our Telehealth
model streamlines an innovative
approach to care and support for
our members.

Accepts most major
insurances. Flex pay is
available if uninsured
and payment is based
on income.



Mental Health America

800-969-6642

<https://www.mhanational.org/>

[https://screening.mhanational.org/
screening-tools/](https://screening.mhanational.org/screening-tools/)

Provides free mental health
screening, which is the quickest
and easiest way to determine
whether you are experiencing
symptoms of a mental health
condition.

To take the free and confidential
mental health screening, visit their
website or scan the QR code to
the right with your smartphone.



mhascreening.org

Mental Health & Substance Abuse Resources

Statewide Peer Warm-line

855-733-7762

Available 24/7

The statewide Peer Warm-line is a Free phone line staffed by Peer Support Specialists who offer non-clinical support and resources to those in crisis. Peer Support Specialists (or “peers”) are people living in recovery with mental illness and/or substance use disorder who provide support to others who can benefit from their lived experience. Their unique expertise helps reduce stigma while strengthening overall engagement in care. Like 988, North Carolina's Peer Warm-line is available 24 hours a day, 7 days a week.

Hope4NC

855-587-3463

<https://www.ncdhhs.gov/divisions/mental-health-developmental-disabilities-and-substance-abuse/hope4nc>

Available 24/7

Hope4NC is here to connect you with the help you need, whenever you need it, whether that's mental health assistance, substance abuse assistance or if you're having suicidal thoughts. Free

Darkness Rising - Rebuild Program

919-589-7808

<https://findmeatherapist.org/>

Monday to Friday:
9:00 Am to 8:00 Pm

The Rebuild program provides therapist connection for the formerly incarcerated while also paying for the first 10 sessions. Rebuild serves the BIPOC community. Black, indigenous, people of color. Call for more information. Free

Job Training / Job Placement Resources



NCWorks Career Center

109 Community College Rd,
Jernigan Building B, Room 117
Ahoskie, NC 27910

252-862-1257

<https://www.ncworks.gov/>

Call for Hours of Operation

Offers support for everything from Free
creating a resume and finding the
right job opportunities to
preparing clients for job
interviews. Website has links for
Finding a Job.
Located inside the Roanoke-
Chowan Community College.

Hertford CADA Community Services Center

105 N Academy St.
Ahoskie, NC 27910

252-332-2692

<https://nc-cada.org/community-service-centers/hertford-county.html>

Monday through Thursday: 8:30 AM
to 5:00 PM
Friday: 8:30 AM to 1:00 PM

Choanoke Area Development Free
Association (CADA) is a private,
non-profit organization, a
Community Action Agency, whose
mission is to assist low income
citizens achieve self-sufficiency
and a better quality of life. Their
purpose is to promote through
regional cooperation, the
industrial, agricultural,
recreational, educational and
general economic well-being and
health and welfare of the citizens
of Bertie, Halifax, Hertford and
Northampton Counties. Call the
Center for information.

Vocational Rehabilitation Center

405 East Blvd.
Williamston, NC 27892

252-802-5400

<https://www.ncdhhs.gov/divisions/vocational-rehabilitation-services>

Monday through Friday: 8:00 AM to
5:00 PM

Provides a variety of services, Free
depending on your specific
needs. They are customized to
help you find a job and offer
career counseling, education and
training, job placement assistance
and on-going support, medical
treatments and assistive
technology. Works specifically
with those who have physical,
mental or emotional disabilities.
**Always contact your parole
officer before leaving Hertford
County.**

Job Training / Job Placement Resources

Coastal Staffing LLC - Ahoskie

121 Loftin Lane
Ahoskie, NC 27910

252-332-6147

<https://coastalstaffingservice.com>

Monday through Friday: 8:00 AM to
5:00 PM

Offers temporary to permanent job placement from clerical to construction jobs. Must consent to a background check. Drug screening may be required. Call for an appointment or apply online. You will need two forms of ID.

Free

Financial Resources



Operation HOPE

704-680-3163

<https://operationhope.org>

Monday through Friday: 8:00 AM to
5:00 PM

Helps individuals of all ages and backgrounds, including the formerly incarcerated, by offering financial education, one-on-one coaching, courses on credit score improvement, as well as pathways toward homeownership and starting a business. They have eight locations across the state of North Carolina, but since they can also provide their services over the phone, they can help you even if you don't live near one of their locations. This is a great (and totally free) program for those who want to understand how to rebuild their credit and financial life after incarceration. Call Alisha Kenny at the number provided to set up an initial appointment.

Free

Transportation Resources

Choanoke Public Transportation Authority

Office:
505 N. Main St.
Rich Square, NC 27869
252-539-2022
(Extension 222 to schedule ride)

<https://choanokepta.org>

Office and Service Hours:
Monday through Friday: 8:00 AM to 5:00 PM

Dispatch Hours:
Monday through Friday: 6:00 AM to 6:30 PM

Choanoke Public Transportation Authority serves the citizens of Bertie, Halifax, Hertford and Northampton Counties. Request for van transportation must be made by 10:00 a.m. the day before transportation is needed. See website for more information on routes, fares, and schedules.

General Public Fare Fee is \$2.00

Clothing Resources

Ahoskie Thrift Store

405 A Peacock St.
Ahoskie, NC 27910
252-862-2011
Find them on Facebook at Ahoskie Thrift Store
Tuesday, Wednesday, Friday,
Saturday: 10:00 AM to 6:00 PM
Thursday: 9:00 AM to 6:00 PM

Ahoskie thrift Store is a community thrift store that supports the families and businesses of the North Eastern NC region. Offers previously-owned clothing and other items at extremely low prices. You can often find name-brand clothes in good to great condition.

Prices vary depending on item

Goodwill Industries Thrift Store

502 W Ehringhaus St.
Elizabeth City, NC 27909
252-562-6610
<https://www.gienc.org/>
Monday through Saturday: 10:00 AM to 6:00 PM

Offers previously-owned clothing and other items at extremely low prices. You can often find name-brand clothes in good to great condition.
Always contact your parole officer before leaving Hertford County.

Men's pants are as low as \$4.50 each, shirts as low as \$2.99 each. Other items are priced low also.

Clothing Resources

The Salvation Army Family Store

602 N. Hughes Blvd.
Elizabeth City, NC 27909

252-338-8741

<https://southernusa.salvationarmy.org/albemarle/>

Monday through Saturday: 10:00 AM to 4:00 PM

Offers previously-owned clothing and other items at extremely low prices. You can often find name-brand clothes in good to great condition.

Always contact your parole officer before leaving Hertford County.

Prices vary depending on item

CHKD Thrift Store

1511 W. Ehringhaus Street
Elizabeth City, NC 27909

252-335-5437

<https://www.chkld.org/support-us/thrift-stores/>

Monday through Saturday: 9:00 AM to 7:00 PM
Sunday: Noon to 5:00 PM

Offers previously-owned clothing and other items at extremely low prices. You can often find name-brand clothes in good to great condition.

They have Discount Days where everything is discounted for designated shoppers.

Always contact your parole officer before leaving Hertford County.

Prices vary depending on item

Education Resources

Hertford County Center

301 Tryon St,
Winton, NC 27986

252-358-7822

<https://hertford.ces.ncsu.edu/>

Monday - Friday:
8:30 AM to 5:00 PM

The Hertford County Center has partnered with NC State to offer classes and events for residents of Hertford County. The classes include topics such as Lawn & Garden classes, Agriculture & Food, Home & Family and more. See the website for more information and dates. **Note: Due to limited staff in the office, we may be closed at times. Please call (252) 358-7822.**

Cost varies per course. See website for details.

Directory for Hertford County Agencies:

Hertford County Probation Department	701 N King St. Winton, NC 27986	252-649-2008
Hertford County DMV	242 NC-42 Ahoskie, NC 27910	252-332-5525
Hertford County Dpt. of Social Services	704 N King St. Winton, NC 27986	252-358-7830

Directory for State and Federal Government Programs that Offer Temporary Assistance:

SNAP (Supplemental Nutrition Assistance Program): www.fns.usda.gov/snap/supplemental-nutrition-assistance-program

LIEAP (Low Income Energy Assistance): www.ncdhhs.gov/divisions/social-services/energy-assistance/low-income-energy-assistance-lieap

TANF (Temporary Assistance for Needy Families): www.ncdhhs.gov/divisions/social-services/work-first-family-assistance

Other Organizations that Offer Assistance:

The National Reentry Network for Returning Citizens is a national network comprised of individuals returning from incarceration who support each other's successful reintegration. To learn more, visit their website at <https://thenationalreentrynetwork.org/>.

National Suicide Prevention Hotline: Dial 988 or online at www.988lifeline.org.

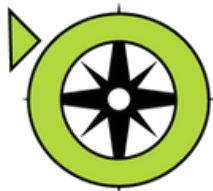
Felony Record Hub (an online resource with jobs, housing and reentry advice for people with criminal records): www.felonyrecordhub.com

Honest Jobs is the nation's leading job marketplace for people affected by the criminal justice system. Honest Jobs has over 300,000 job openings from 1,000+ fair-chance employers: www.honestjobs.com

Veterans Resources in Hertford County (for all military veterans): 252-358-7811 or online at https://www.hertfordcountync.gov/departments/county_administration/veterans_services.php

NC211.org (an online information and referral service provided by United Way of North Carolina. It offers a searchable database with information about resources for all 100 counties in North Carolina)

Other Assistance Available through OurJourney: Anyone returning to any county in North Carolina from any state prison is automatically eligible to participate in the OurJourney **Essential Services** program. The Essential Service programs provides one-on-one, professional assistance, including help with writing a resume, preparing for a job interview, handling stress and rejection, smartphone training, and six other essential services for those rebuilding their lives after incarceration. This program is free of charge. To learn more or to enroll, call (888) 50 REENTRY or visit www.ourjourney2gether.com/essential-services.



OurJourney
PO Box 2862
Rocky Mount, NC 27802
(888) 50 REENTRY