



# Reentry Resource Guide for Cumberland County



**2025**




## PLEASE READ THIS FIRST!

Nothing is more frustrating these days than trying to get an actual human being to answer the phone when you call organizations for assistance. This can especially be true for government agencies. If this happens to you when contacting any of the service providers listed in this Reentry Resource Guide, remember the following:

- Try to find all the information you need on the service provider's website, which OurJourney gives for every service provider that has one. That way you won't even need to call. If the website gives an email address, you might try emailing the service provider with your non-emergency questions.
- Sometimes by pressing the zero button on your phone you can skip past the recorded message and be sent straight to a human operator.
- Know ahead of time exactly what you want to ask; have any materials you need on hand before you call (such as ID, application, etc.).
- Be patient. If you simply can't wait on hold any longer, choose the option that lets you leave a voicemail (if available).
- If you leave a voicemail, remember to state your name and phone number clearly, along with the reason for your call.
- Make sure you're available for call-back during normal business hours. If you can't be, when you leave your voicemail provide a time range for call-back.

Also remember, many people in your community need help too. So you may be placed on a waiting list for some services. OurJourney always recommends that you begin your search for assistance by contacting the One-Stop Resource Centers listed at the front of this guide. Why? Because these service providers usually have the resources and connections in the community to provide more immediate and specific help.

Agencies, organizations, ministries or businesses with a  beside their listing are close partners of OurJourney. We have verified not just their basic information but that they are dedicated to helping you rebuild your life. Make sure you mention that OurJourney sent you!

Finally, remember that your success ultimately depends on **YOU!** OurJourney encourages you not to give up if you can't find help when and how you need it. We know firsthand how frustrating it can be when things don't go the way you hope, but we also know that **the worst day in freedom is better than the best day in prison**, and that patience and perseverance are just as important to your success as the assistance you need.

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Picture on the front cover: "Through Observation & Experimentation" artwork (courtesy of [coloroffayetteville.com](http://coloroffayetteville.com))



## Resource Guide - Cumberland County

The service providers listed below are for Cumberland County and surrounding areas. Agencies, organizations or businesses may be listed multiple times if they offer services in multiple categories. Agencies, organizations or businesses listed under the category "One-Stop Resource Centers" offer assistance in all or nearly all other categories. OurJourney does not endorse any of the agencies, organizations or businesses listed below, unless otherwise noted by a check mark beside the listing.

OurJourney has verified the accuracy of the information in this Resource Guide as of the date printed on the bottom of each page. There may be other service providers in Cumberland County not listed. Please call (888) 50 REENTRY or email [contact@ourjourney2gether.com](mailto:contact@ourjourney2gether.com) to report any discrepancies or to suggest other service providers in Cumberland County.

### One-Stop Resource Centers



#### **Fayetteville Cumberland County Reentry Council**

490 N. McPherson Church Rd.  
Fayetteville, NC 28303

910-912-2430  
910-912-2436 (Jesse Garner)

<https://cumberlandlrc.org/>

Monday through Friday: 8:00 AM to  
5:00 PM

The Fayetteville Cumberland County Reentry Council seeks to empower, support and encourage individuals with past criminal records and those reentering the community from incarceration by strengthening and utilizing resources. They want to help reduce the barriers, stigma and challenges that individuals face when transitioning home. Some of the services they provide are:

- Workforce development
  - Employment assistance
  - Case management
  - Family support
  - Health and Wellness assistance
  - Transportation
  - Food & Clothing
  - And more!
- Jessie Garner is the Director.

Assistance is free; some services provided by partner organizations may charge fees

## One-Stop Resource Centers

### Fayetteville Urban Ministry

701 Whitfield St.  
Fayetteville, NC 28306

910-483-5944

<https://www.fayurbmin.org/>

Monday through Thursday: 9:00 AM  
to 5:00 PM

Friday: 9:00 AM to 4:00 PM

Provides support for those  
returning after incarceration in  
several ways:

- Adult Literacy & Education
- Emergency Food Assistance
- Emergency Clothing Assistance
- Limited Financial Assistance

Assistance is free

### Operation Inasmuch

531 Hillsboro St.  
Fayetteville, NC 28301

910-433-2161

<https://www.faoiam.org/>

Monday through Thursday: 7:30 AM  
to 4:00 PM

Friday: 7:30 AM to Noon

Operation Inasmuch is a Christian  
nonprofit organization that serves  
homeless and struggling people.  
They provide the following:

- Free breakfast every weekday  
morning
- Emergency shelter at The  
Lodge, which also offers life skill  
classes, group and individual  
counseling.
- Able-Life on Frink Street, which  
is a permanent housing program  
that's offered to those who've  
successfully completed the  
programs offered through The  
Lodge

They also offer assistance with  
dental care, eye glasses, ID cards,  
laundry, showers, resume  
preparation and hygiene products

Assistance is free

### United Way - Cumberland County

222 Maiden Lane  
Fayetteville, NC 28301

910-483-1179

<https://www.unitedway-cc.org/>

Monday through Friday: 8:30 AM to  
5:00 PM

Provides support to dozens of  
member agency programs in  
Cumberland County. In addition  
to calling the number provided for  
the Cumberland County office,  
you can get 24-hour assistance  
by calling the United Way hotline  
by dialing 211.

Assistance is free;  
some services provided  
by partner  
organizations may  
charge fees

## One-Stop Resource Centers

### North Carolina ePASS

<https://epass.nc.gov/>

North Carolina ePASS is a new online way to apply for Benefits and services as a resident of the state. It is made available by the NC Department of Health and Human Services. You can apply for Food & Nutrition Services, apply for Energy Assistance, register to vote (if eligible) and apply for other state services. You will need to set up an account first and you must have an active email account. You will also need a photo ID and your birth certificate to set up an account.

Setting up an account is free. To qualify for benefits, you must meet certain guidelines.

### Go Further Connect

<https://gofurtherconnect.com/>

Introducing a new way to get connected

Do you need a resource?  
Do you need a job?  
Do you need inspiration?  
Do you need to connect?



Visit [www.GoFurtherConnect.com](http://www.GoFurtherConnect.com)  
to start connecting now

Go Further Connect is an online resource for connecting returning citizens with programming, services, and community support that meet the individual's needs. You can search for help by zip code and also access some of the other great resources they have available for free, such as a tool for finding a job.

Free



### Fenced In: Fighting for Freedom Advocacy

336-840-7570

<https://aprilbarberscales.com/#our-services>

Monday - Friday:  
9:00 am to 5:00 pm

April spent over 33 years in prison and now helps others returning after long prison sentences of 20 years or more. If that's you, April will prepare a tailored plan according to your vision of release and will provide a prepaid cell phone and gift card as funding permits. She is also a certified peer support specialist who offers support for those who struggle with mental health, psychological trauma, or substance use. April is an OurJourney board member.

Free if you served 20 years or more.

## Food Resources

### Salvation Army of the Sandhills

220 E Russell St.  
Fayetteville, NC 28301

910-323-9769

[https://  
southernusa.salvationarmy.org/  
sandhills/](https://southernusa.salvationarmy.org/sandhills/)

Monday through Friday: 8:30 AM to  
4:30 PM

Provides food to those in need,  
along with other services, such as  
temporary shelter (do not offer  
housing assistance for those  
convicted of sex offenses). Bring  
your prison ID with you to receive  
service. Clients will be given  
enough food to last several weeks  
which would include items like  
rice, beans, bread, meat, milk,  
eggs, cereal, fresh produce, and  
many non-perishable options.

Free

### Operation Blessing

1337 Ramsey St.  
Fayetteville, NC 28301

910-483-1119

[https://  
operationblessingfayetteville.com/  
what-we-do/](https://operationblessingfayetteville.com/what-we-do/)

Monday through Thursday: 9:00 AM  
to 3:00 PM

Provides food to those in need in  
Cumberland County, such as  
canned fruits and vegetables, rice  
and pasta, canned meats,  
breakfast foods, frozen foods.  
They also provide limited clothing  
assistance and limited financial  
assistance.

Free

### Catholic Charities Food Pantry

726 Ramsey St., Suites 10 & 11  
Fayetteville, NC 28301

910-424-2020 Ext. 2601

[https://  
www.catholiccharitiesraleigh.org/  
fayetteville-programs/](https://www.catholiccharitiesraleigh.org/fayetteville-programs/)

Monday, Tuesday and Wednesday:  
9:00 AM to Noon

Provides food to those in need in  
Cumberland County. Before your  
first visit, please call contact Vicky  
Jiménez.  
Food is provided curbside,  
meaning you won't need to leave  
your car.

Free

## Medical / Dental Resources

### Cumberland County Health Department

1235 Ramsey St.  
Fayetteville, NC 28301

910-433-3600

<http://www.co.cumberland.nc.us/departments/public-health-group/public-health>

Monday through Friday: 8:00 AM to 5:00 PM

Offers assistance with a variety of basic health needs, including disease prevention and others. Also offers free HIV and other STD testing and free COVID testing and vaccinations. Will also help with referrals to other health care providers in Cumberland County.

Free



### NC MedAssist

866-331-1348

[medassist.org](http://medassist.org)

NC MedAssist is a statewide program for those who do not have the means to buy life-saving medications to treat chronic diseases such as heart disease, diabetes, and asthma. To qualify you must live in NC, not have any insurance (not even Medicaid) and have income that is at or below 300% of the national poverty average. (To give you an example, if you live with one other person, the combined yearly income for both of you can't be more than \$54,930, or \$4,577 per month.) Visit their website to enroll or call for more information. They also have a Mobile Free Pharmacy that travels the state handing out free Over The Counter medications to anyone, no ID required.

Free for those who qualify and aren't insured

**OurJourney can help you enroll in NC MedAssist's free pharmacy program! Call us 252-220-1956 to learn more.**

## Medical / Dental Resources



### Parks Insurance

153 S. Oakland Ave.  
Rock Hill SC 29730

866-932-7200

<https://parksinsured.com/>

Monday through Friday: 8:00 AM to 7:00 PM

Parks Insurance is licensed in all 50 states to offer healthcare insurance to individuals returning from prison. Through a special program called G.I.F.T. (Giving Insurance Freely for Transition), you are eligible to receive healthcare insurance with ZERO monthly payments and little, if any, deductibles. This plan covers doctor visits, medication, behavioral health, surgery, hospital stays and more. Everyone qualifies, even those with preexisting conditions.

Free

**OurJourney can help you enroll in Parks Insurance's G.I.F.T. program! Call us 252-220-1956 to learn more or call Parks Insurance and speak to a representative.**

### Goshen Medical Center

1248 Fort Bragg Rd, Suite 200,  
Fayetteville, NC 28305

910-486-6818

<https://goshenmedical.org/>

Monday through Thursday: 7:30 AM to 6:30 PM (closed for lunch from Noon to 1:00 PM)

The mission of Goshen Medical Center, Inc. is to provide access to affordable health care for all people in Cumberland County, regardless of their ability to pay. The provide medical care, dental care, prescription medication assistance, and can help you enroll in healthcare insurance through the Affordable Care Act.

Fees are on a sliding scale, or based on what you can afford to pay. Nobody is turned away because of an inability to pay.

### The CARE Clinic

239 Robeson St.  
Fayetteville, NC 28301

910-485-0555

<http://www.thecareclinic.org/>

*Hours for making an appointment:*  
Monday through Thursday: 9:00 AM to 2:00 PM (Medical)  
Fridays: 9:00 AM to 2:00 PM (Dental)

Provides free, quality healthcare to the low-income, uninsured adults of Cumberland. The offer:

- Basic medical care
- Dental extractions
- Laboratory tests
- Pharmacy services
- Health education
- Social services
- And more

You MUST make an appointment; they DO NOT take walk-ins.

Free to those who qualify

## Mental Health & Substance Abuse Resources



### NC Harm Reduction Coalition

919-703-8927 (Kenneth Daniels)  
984-233-3032 (Shaymarie Echevarria)

<https://www.nchrc.org/syringe-services-programs/>

Monday through Friday: 8:00 AM to 5:00 PM

Provides naloxone, clean needles, condoms and other harm reduction products to people in Cumberland County who use drugs. They also make referrals for those who want to find a path to wholeness.

This is a mobile delivery service only. Please call or text either of the numbers provided for more information or to arrange a delivery.

Fees are on a sliding scale, or based on what you can afford to pay. Nobody is turned away because of an inability to pay.

### Carolina Outreach

324 Person St.  
Fayetteville, NC 28301

910-438-0939

<https://www.carolinaoutreach.com/fayetteville>

Monday through Friday: 8:00 AM to 5:00 PM

Offers the following services:

- Comprehensive Clinical Assessment
- Outpatient Therapy (Spanish Available)
- Group Therapy
- Psychiatric Evaluation and Medication Management
- Community Support Team
- Assertive Community Treatment team
- Substance Use Disorder Treatment (SAIOP and Basic)

Call to learn more about how to become a client.

Fees are on a sliding scale, or based on what you can afford to pay. Nobody is turned away because of an inability to pay.

### Carolina Treatment Center

3427 Melrose Rd.  
Fayetteville, NC 28304

910-378-3470

<https://www.ctcprograms.com/location/fayetteville-comprehensive-treatment-center/>

*Office Hours:*

Monday through Friday: 5:00 AM to Noon

*Medicating Hours:*

Monday through Friday: 5:00 AM to 11:00 AM

Saturday: 5:00 AM to 8:00 AM

Provides outpatient opioid addiction treatment to adults in the Fayetteville, North Carolina, area. They serve adults age 18 and older of all genders who are struggling with an addiction to heroin, fentanyl, prescription painkillers, or other opioids. Also has a needle exchange program.

Fees are on a sliding scale, or based on what you can afford to pay. Nobody is turned away because of an inability to pay.

## Mental Health & Substance Abuse Resources



### Mental Health America

800-969-6642

<https://www.mhanational.org/>

<https://screening.mhanational.org/screening-tools/>

Provides free mental health screening, which is the quickest and easiest way to determine whether you are experiencing symptoms of a mental health condition.

To take the free and confidential mental health screening, visit their website or scan the QR code to the right with your smartphone.



[mhascreening.org](https://mhascreening.org)



### Hope4NC

855-587-3463

<https://www.ncdhhs.gov/divisions/mental-health-developmental-disabilities-and-substance-abuse/hope4nc>

Available 24/7

Hope4NC is here to connect you with the help you need, whenever you need it, whether that's mental health assistance, substance abuse assistance or if you're having suicidal thoughts.

Free

### Statewide Peer Warm-line

855-733-7762

Available 24/7

The statewide Peer Warm-line is a phone line staffed by Peer Support Specialists who offer non-clinical support and resources to those in crisis. Peer Support Specialists (or "peers") are people living in recovery with mental illness and/or substance use disorder who provide support to others who can benefit from their lived experience. Their unique expertise helps reduce stigma while strengthening overall engagement in care. Like 988, North Carolina's Peer Warm-line is available 24 hours a day, 7 days a week.

Free

### Heels Care Network

<https://care.unc.edu/resource/mental-health-gps/>

This is an online network of North Carolina and national mental health resources and support groups.

Free

## Mental Health & Substance Abuse Resources

### **Darkness Rising - Rebuild Program**

919-589-7808

<https://findmeatherapist.org/>

Monday to Friday:  
9:00 Am to 8:00 Pm

The Rebuild program provides therapist connection for the formerly incarcerated while also paying for the first 10 sessions. Rebuild serves the BIPOC community. Black, indigenous, people of color. Call for more information.

Free

## Job Training / Job Placement Resources



### **NCWorks Career Center**

490 N. McPherson Church Rd.  
Fayetteville, NC 28303

910-912-2400

<https://www.ncworks.gov/>

Monday through Thursday: 8:30 AM  
to 4:30 PM

Offers support for everything from creating a resume and finding the right job opportunities to preparing clients for job interviews. Website has links for Finding a Job.

Free

### **Vocational Rehabilitation Center**

155 Eastwood Ave.  
Fayetteville, NC 28301

910-486-1101

<https://www.ncdhhs.gov/divisions/vocational-rehabilitation-services>

Monday through Friday: 8:00 AM to  
5:00 PM

Provides a variety of services, depending on your specific needs. They are customized to help you find a job and offer career counseling, education and training, job placement assistance and on-going support, medical treatments and assistive technology. Works specifically with those who have physical, mental or emotional disabilities.

Free

### **Labor Finders**

330 North Eastern Blvd., Suite 10  
Fayetteville, NC 28301

910-321-7552

<https://www.laborfinders.com/>

Monday through Friday: 6:00 AM to  
6:00 PM  
Saturday: 6:00 AM to 10:00 AM

Temporary agency offering job placement in local businesses for clients who can pass a drug test and have reliable transportation. They do conduct a background check, and some business they work with will not hire ex-felons, but others will.

Free

## Financial Resources



### Operation HOPE

704-680-3163

<https://operationhope.org>

Monday through Friday: 8:00 AM to 5:00 PM

Helps individuals of all ages and backgrounds, including the formerly incarcerated, by offering financial education, one-on-one coaching, courses on credit score improvement, as well as pathways toward homeownership and starting a business.

They have eight locations across the state of North Carolina, but since they can also provide their services over the phone, they can help you even if you don't live near one of their locations.

This is a great (and totally free) program for those who want to understand how to rebuild their credit and financial life after incarceration.

Call Alisha Kenny at the number provided to set up an initial appointment.

Free

## Transportation Resources

### Fayetteville Area System of Transit (FAST)

*Main Office:*

505 Franklin St.

Fayetteville, NC 28301

910-433-1747

<https://www.fayettevillenc.gov/city-services/transit>

*General Services Hours:*

Monday through Friday: 5:00 AM to 7:00 PM

Saturday: 6:30 AM to 7:00 PM

Sunday: 8:30 AM to 7:00

*Office Hours:*

Monday through Friday: 8:00 AM to 5:00 PM

Provides public bus transportation throughout Fayetteville.

Visit website for information about routes and schedules.

\$1.50 per one-way trip.

A one-day pass is \$3.00.

A five-day pass is \$11.00.

A 30-day pass is \$40.00.

You can also purchase bulk passes for a discount.

## Transportation Resources

### Community Transportation Program (CTP)

130 Gillespie St.  
Fayetteville, NC 28301

910-678-7619 (Office)  
910-678-7675 (Reservations)

[https://  
www.cumberlandcountync.gov/  
departments/planning-group/  
planning-and-inspections/fampo-  
\(fayetteville-area-metropolitan-  
planning-organization\)/ctp](https://www.cumberlandcountync.gov/departments/planning-group/planning-and-inspections/fampo-(fayetteville-area-metropolitan-planning-organization)/ctp)

Monday through Friday: 5:00 AM to  
8:00 PM

Provides van transportation by appointment for residents of Cumberland County who live outside of Fayetteville. They will pick you up, take you to your destination in Cumberland County and return you. You must schedule your trip no later than 24 hours before you want to be picked up.

Free to those who qualify or \$2.50 one-way

## Clothing Resources

### Goodwill Industries Thrift Store - Fayetteville Locations

9550 Cliffdale Rd.  
Fayetteville, NC 28304  
910-568-3095

3801 Raeford Rd.  
Fayetteville, NC 28304  
910-486-8716

<https://www.gienc.org/>

Monday through Friday: 9:00 AM to  
8:00 PM  
Saturday: 9:00 AM to 6:00 PM  
Sunday: Noon to 6:00 PM

Offers previously-owned clothing and other items at extremely low prices. You can often find name-brand clothes in good to great condition.

Men's pants are as low as \$4.50 each, shirts as low as \$2.99 each. Other items are priced low also.

### Salvation Army Family Store

433 Robeson St.  
Fayetteville, NC 28301

919-764-1041

[https://southernusa.salvationarmy.org/  
sandhills/](https://southernusa.salvationarmy.org/sandhills/)

Monday through Friday: 10:00 AM to  
5:00 PM  
Saturday: 9:00 AM to 6:00 PM

Offers previously-owned clothing and other items at extremely low prices. You can often find name-brand clothes in good to great condition. They often provide clothing vouchers for those returning from prison, but you must ask at the front desk and be prepared to show your prison ID.

Prices vary depending on item

## Clothing Resources

### **Nifty Thrifty**

3333 N. Main St., Suite 110  
Hope Mills, NC 28348

910-374-7690

Find the on Facebook at Nifty Thrifty

Monday through Saturday: 10:00 AM  
to 5:00 PM

The store provides extremely affordable men's, women's and children's clothing and accessories, as well as household items, furniture, appliances and toys

Prices vary by item

## Education Resources

### **Cumberland County Center**

301 E Mountain Dr,  
Fayetteville, NC 28306

910-321-6860

<https://cumberland.ces.ncsu.edu/>

Monday - Friday:  
8:00 AM to 5:00 PM

The Cumberland County Center has partnered with NC State to offer classes and events for residents of Cumberland County. The classes include topic such as Lawn & Garden classes, Agriculture & Food, Home & Family and more. See the website for more information and dates.

Cost varies per course. See website for details.

### **Directory for Cumberland County Agencies:**

Cumberland County Probation Department	412 W Russell St. Fayetteville, NC 28301	910-486-1705
Cumberland County DMV	2439 Gillespie St. Fayetteville, NC 28303	910-486-1353
Cumberland County DMV	815 Elm Street Fayetteville, NC 28303	910-485-1590
Cumberland County Dpt. of Social Services	1225 Ramsey St. Fayetteville, NC 28301	910-323-1540

### **Directory for State and Federal Government Programs that Offer Temporary Assistance:**

SNAP (Supplemental Nutrition Assistance Program): [www.fns.usda.gov/snap/supplemental-nutrition-assistance-program](http://www.fns.usda.gov/snap/supplemental-nutrition-assistance-program)

LIEAP (Low Income Energy Assistance): [www.ncdhhs.gov/divisions/social-services/energy-assistance/low-income-energy-assistance-lieap](http://www.ncdhhs.gov/divisions/social-services/energy-assistance/low-income-energy-assistance-lieap)

TANF (Temporary Assistance for Needy Families): [www.ncdhhs.gov/divisions/social-services/work-first-family-assistance](http://www.ncdhhs.gov/divisions/social-services/work-first-family-assistance)

### **Other Organizations that Offer Assistance:**

The National Reentry Network for Returning Citizens is a national network comprised of individuals returning from incarceration who support each other's successful reintegration. To learn more, visit their website at <https://thenationalreentrynetwork.org/>.

National Suicide Prevention Hotline: Dial 988 or online at [www.988lifeline.org](http://www.988lifeline.org).

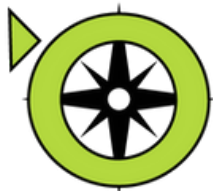
Felony Record Hub (an online resource with jobs, housing and reentry advice for people with criminal records): [www.felonyrecordhub.com](http://www.felonyrecordhub.com)

Honest Jobs is the nation's leading job marketplace for people affected by the criminal justice system. Honest Jobs has over 300,000 job openings from 1,000+ fair-chance employers: [www.honestjobs.com](http://www.honestjobs.com)

Veterans Resources in Cumberland County (for all military veterans): 910-677-2970 or online at <https://www.cumberlandcountync.gov/departments/veterans-services-group/veterans-services>

[NC211.org](http://NC211.org) (an online information and referral service provided by United Way of North Carolina. It offers a searchable database with information about resources for all 100 counties in North Carolina)

**Other Assistance Available through OurJourney:** Anyone returning to any county in North Carolina from any state prison is automatically eligible to participate in the OurJourney **Essential Services** program. This program is free of charge. To learn more or to enroll, call (888) 50 REENTRY or visit [www.ourjourney2gether.com/essential-services](http://www.ourjourney2gether.com/essential-services).



**OurJourney**  
**PO Box 2862**  
**Rocky Mount, NC 27802**  
**(888) 50 REENTRY**