



Reentry Resource Guide for Onslow County



2025




PLEASE READ THIS FIRST!

Nothing is more frustrating these days than trying to get an actual human being to answer the phone when you call organizations for assistance. This can especially be true for government agencies. If this happens to you when contacting any of the service providers listed in this Reentry Resource Guide, remember the following:

- Try to find all the information you need on the service provider's website, which OurJourney gives for every service provider that has one. That way you won't even need to call. If the website gives an email address, you might try emailing the service provider with your non-emergency questions.
- Sometimes by pressing the zero button on your phone you can skip past the recorded message and be sent straight to a human operator.
- Know ahead of time exactly what you want to ask; have any materials you need on hand before you call (such as ID, application, etc.).
- Be patient. If you simply can't wait on hold any longer, choose the option that lets you leave a voicemail (if available).
- If you leave a voicemail, remember to state your name and phone number clearly, along with the reason for your call.
- Make sure you're available for call-back during normal business hours. If you can't be, when you leave your voicemail provide a time range for call-back.

Also remember, many people in your community need help too. So you may be placed on a waiting list for some services. OurJourney always recommends that you begin your search for assistance by contacting the One-Stop Resource Centers listed at the front of this guide. Why? Because these service providers usually have the resources and connections in the community to provide more immediate and specific help.

Agencies, organizations, ministries or businesses with a  beside their listing are close partners of OurJourney. We have verified not just their basic information but that they are dedicated to helping you rebuild your life. Make sure you mention that OurJourney sent you!

Finally, remember that your success ultimately depends on **YOU!** OurJourney encourages you not to give up if you can't find help when and how you need it. We know firsthand how frustrating it can be when things don't go the way you hope, but we also know that **the worst day in freedom is better than the best day in prison**, and that patience and perseverance are just as important to your success as the assistance you need.

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Picture on the front cover courtesy of www.busytourist.com



Reentry Resource Guide - Onslow County

The service providers listed below are for Onslow County. Agencies, organizations or businesses may be listed multiple times if they offer services in multiple categories. Agencies, organizations or businesses listed under the category “One-Stop Resource Centers” offer assistance in all or nearly all other categories. OurJourney does not endorse any of the agencies, organizations or businesses listed below, unless otherwise noted by a green check mark.

OurJourney has verified the accuracy of the information in this Resource Guide as of the date printed on the bottom of each page. There may be other service providers in Onslow County not listed. Please call (888) 50-REENTRY or email contact@ourjourney2gether.com to report any discrepancies or to suggest other service providers in Onslow County.

One-Stop Resource Centers



You Empower You

2291 Onslow Dr.
Jacksonville, NC 28540
252-764-5679

Find them on Facebook at You Empower You

Monday through Friday: 9:00 AM to 5:00 PM

Provides assistance to individuals returning after incarceration in several ways, including housing referrals and mentorship. Their founder, Mike Noreski, is formerly incarcerated.

Call for more information or to speak with Mike.

Assistance is free; some services provided by partner organizations may charge fees

United Way of Onslow County

403 N Bayshore Blvd
Jacksonville, NC 28540
910-347-2646

www.uwonslow.org

Monday through Thursday: 8:30 AM to 5 PM
Friday: 8:30 AM to 12:00 PM

Provides support to dozens of member agency programs in Onslow County. In addition to calling the number provided for the New Hanover office, you can get assistance by calling the United Way hotline by dialing 211.

Assistance is free; some services provided by partner organizations may charge fees

One-Stop Resource Centers



TASC Justice Services

214 New Bridge St.
Jacksonville, NC 28540

910-762-5333

coastalhorizons.org/services/

Call for Hours of Operation

TASC is a division of Coastal Horizons, a nonprofit organization that provides assistance to people in need. TASC specifically helps those returning from prison by referring them for assistance in several areas, including help with substance abuse/mental health issues, education, transportation, housing, employment, food and clothing. You **MUST** be referred to TASC by your probation officer before TASC can help you. This TASC office in Onslow County doesn't have its own website, so the website listed is for the main TASC page on the Coastal Horizons website.

There is a one-time fee of \$75.00, but you pay it through the probation office as part of your probation fees, so it's spread out over several months. Also, some services provided by partner organizations may charge their own fees.



Go Further Connect

<https://gofurtherconnect.com/>

Introducing a new way to get connected

Do you need a resource?
Do you need a job?
Do you need inspiration?
Do you need to connect?



Visit www.GoFurtherConnect.com
to start connecting now

Go Further Connect is an online resource for connecting returning citizens with programming, services, and community support that meet the individual's needs. You can search for help by zip code and also access some of the other great resources they have available for free, such as a tool for finding a job.

Free



Recidivism Reduction Call Center

<https://rreps.net/recidivism-reduction-hotline>

888-852-0004

The Recidivism Reduction Call Center allows people recently released from prison in North Carolina to connect with a RREPS operator to request information about, and set up warm referrals to, employment, housing, healthcare, and public benefits services.

Assistance is free; some services provided by partner organizations may charge fees

One-Stop Resource Centers

North Carolina ePASS

<https://epass.nc.gov/>

North Carolina ePASS is a new online way to apply for Benefits and services as a resident of the state. It is made available by the NC Department of Health and Human Services.

You can apply for Food & Nutrition Services, apply for Energy Assistance, register to vote (if eligible) and apply for other state services.

You will need to set up an account first and you must have an active email account. You will also need a photo ID and your birth certificate to set up an account.

Setting up an account is free. To qualify for benefits, you must meet certain guidelines.

Salvation Army of Onslow County

204 Wilmington Hwy
Jacksonville, NC 28540

910-378-7188

southernusa.salvationarmy.org/jones-onslow/?q=jacksonville/home/

Thrift Store:

Monday through Saturday: 10:00 AM to 5:00 PM

Provides food to those in need, along with other services, such as rent and utilities emergency service, clothing vouchers, some job placement help, some transportation help. Bring your prison ID with you to receive service.

Food Pantry hours are Monday through Friday from 1:00 PM to 3:00 PM.

Financial Assistance hours are Monday through Friday from 9:00 to 12:00 PM.

Free



Fenced In: Fighting for Freedom Advocacy

336-840-7570

<https://aprilbarberscales.com/#our-services>

Monday - Friday:
9:00 am to 5:00 pm

April spent over 33 years in prison and now helps others returning after long prison sentences of 20 years or more. If that's you, April will prepare a tailored plan according to your vision of release and will provide a prepaid cell phone and gift card as funding permits. She is also a certified peer support specialist who offers support for those who struggle with mental health, psychological trauma, or substance use. April is an OurJourney board member.

Free if you served 20 years or more.

Food Resources

Onslow Community Outreach - Soup Kitchen

1210 Hargett Street
Jacksonville, NC 28540

910-455-5733

onslowco.org/en/services/soup-kitchen/

Monday through Friday: 11:00 AM to 12:00 PM

Provides hot meals daily during the week. Also has a monthly food bank and a mobile soup kitchen for those who can't get to their location. They give out grocery boxes on the second and fourth Monday of each month. Also provide temporary emergency overnight shelter. (To discuss temporary shelter call 910-238-4025 between 8:30 AM to 9:30 AM.) They do not provide shelter services to those convicted of sex offenses or violent crimes.

Free

Mt. Caramel H.E.L.P.S.

99 Village Dr. Suite #5
Jacksonville, NC 28546

910-968-0071

www.mtcarmelhelps.org

Monday and Friday: 9:00 AM to 5:00 PM

The assistance provided may include food from their pantry, workforce development, Covid Testing and Vaccination, and referrals to other appropriate helping agencies.

Food pantry is free; some services provided by partner organizations may charge fees

Folkstone Original Free Will Baptist Food Bank

133 Old Folkstone Rd
Holly Ridge, NC 28445

910-358-7510 (Food Bank)
910-803-0280 (Church Office)

folkstonechurch.org

Monday and Wednesday: 10:00 AM to 11:00 AM

A faith based organization that provides food and other resources to those who are in need in the Onslow County community. Come early before the lines get too long. You will need to answer a few basic questions first.

Free

Medical / Dental Resources

Onslow County Health Department

612 College St.
Jacksonville, NC 28540

910-347-2154

www.onslowcountync.gov/149/Health

Monday through Sunday: 8:00 AM to 5:00 PM

Offers assistance with a variety of basic health needs, including disease prevention and others. Also offers free HIV and other STD testing and free COVID testing and vaccinations.

Free

Onslow Community Outreach - Caring Community Clinic

200 Doctor's Drive, Suite L
Jacksonville, NC 28546

910-346-6149

onslowco.org/en/services/free-medical-clinic/

Monday through Friday: 8:00 AM to 5:00 PM

Provides free primary medical care to low-income, uninsured and underinsured persons, age 19-64 years. Also offers limited dental care, such as tooth extraction.

Go to their website and click on "Patient Application" to begin the process of becoming a client. They also have a box outside their office with applications in it. Must call for an appointment! The Onslow Community Outreach center location also offers temporary shelter for the homeless (call 910-238-4025 for shelter information).

Assistance is free to those who qualify, though they do ask clients to consider making a donation if possible

Medical / Dental Resources



NC MedAssist

866-331-1348

medassist.org

NC MedAssist is a statewide program for those who do not have the means to buy life-saving medications to treat chronic diseases such as heart disease, diabetes, and asthma. To qualify you must live in NC, not have any insurance (not even Medicaid) and have income that is at or below 300% of the national poverty average. (To give you an example, if you live with one other person, the combined yearly income for both of you can't be more than \$54,930, or \$4,577 per month.) Visit their website to enroll or call for more information. They also have a Mobile Free Pharmacy that travels the state handing out free Over The Counter medications to anyone, no ID required.

Free for those who qualify and aren't insured

OurJourney can help you enroll in NC MedAssist's free pharmacy program! Call us (888) 50-REENTRY to learn more.



Parks Insurance

153 S. Oakland Ave.
Rock Hill SC 29730

866-932-7200

<https://parksinsured.com/>

Monday through Friday: 9:00 AM to 5:00 PM

Parks Insurance is licensed in all 50 states to offer healthcare insurance to individuals returning from prison. Through a special program called G.I.F.T. (Giving Insurance Freely for Transition), you are eligible to receive healthcare insurance with ZERO monthly payments and little, if any, deductibles. This plan covers doctor visits, medication, behavioral health, surgery, hospital stays and more. Everyone qualifies, even those with preexisting conditions.

Free (or low-cost, depending on job situation)

OurJourney can help you enroll in Parks Insurance's G.I.F.T. program! Call us (888) 50-REENTRY to learn more or call Parks Insurance and speak to a representative.

Mental Health & Substance Abuse Resources

Jacksonville Treatment Center

806 Bell Fork Rd.
Jacksonville, NC 28540

910-347-2205
910-320-3463 (After Hours Crisis
Hotline)

www.jacksonvillencdrugrehab.com

Monday through Friday: 5:30 AM to
12:00 PM
Saturday and Sunday: 6:30 AM to
9:00 AM

Provides outpatient help to those
struggling with opioid drug
addiction by offering medication
assistance.
Walk-ins accepted.

Fee based on a sliding
scale (what you can
afford). They take
Medicaid and will help
you obtain grants if
you're uninsured.
If you pay out of
pocket, it's \$12 to \$14
per day.



Port Health

231 Memorial Dr.
Jacksonville, NC 28546

910-353-5354

https://www.drug-rehabs.org/rehab-center/Port-Health-Services_Jacksonville_NC.htm

Monday through Friday: 8:00 AM to
5:00 PM

Offers outpatient treatment
programs that provide individual
and group therapy, family
counseling, psycho-educational
and psychotherapy, medication
management and more. They also
offer help overcoming opioid drug
addiction. They have three detox
facilities.
Walk-ins accepted but will need
to make an appointment.
ID required, but prison ID is
accepted.

Accepts private
insurance, Medicare
and Medicaid. If you
don't have any of those
they may be able to
help you find financial
help to cover the cost
of care



Community Prevention Services, Inc.

825 Gum Branch Rd.
Suite 107 Jacksonville, NC 28540

910-353-0972

communityprevention.webs.com

Monday through Friday: 8:00 AM to
5:00 PM

Provides adult substance abuse
prevention services related to
opioids and partner with local
organizations. Also provides
Substance Abuse and Case
Management Services for the
Department of Social Services in
Onslow County, serving those
who need Food and Nutrition and
Work First services. They also
provide general case
management services to any
individual who feels they may
need case management.

Mental Health & Substance Abuse Resources

Mental Health America

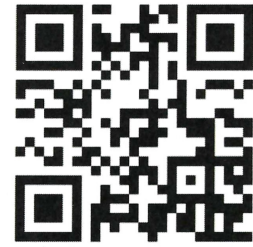
800-969-6642

<https://www.mhanational.org/>

<https://screening.mhanational.org/screening-tools/>

Provides free mental health screening, which is the quickest and easiest way to determine whether you are experiencing symptoms of a mental health condition.

To take the free and confidential mental health screening, visit their website or scan the QR code to the right with your smartphone.



mhascreening.org

Statewide Peer Warm-line

855-733-7762

Available 24/7

The statewide Peer Warm-line is a Free phone line staffed by Peer Support Specialists who offer non-clinical support and resources to those in crisis. Peer Support Specialists (or “peers”) are people living in recovery with mental illness and/or substance use disorder who provide support to others who can benefit from their lived experience. Their unique expertise helps reduce stigma while strengthening overall engagement in care. Like 988, North Carolina's Peer Warm-line is available 24 hours a day, 7 days a week.

Heels Care Network

<https://care.unc.edu/resource/mental-health-gps/>

This is an online network of North Carolina and national mental health resources and support groups.

Access is free; some providers listed may charge fees for their services

Hope4NC

855-587-3463

<https://www.ncdhhs.gov/divisions/mental-health-developmental-disabilities-and-substance-abuse/hope4nc>

Hope4NC is here to connect you with the help you need, whenever you need it, whether that's mental health assistance, substance abuse assistance or if you're having suicidal thoughts.

Free

Available 24/7

Mental Health & Substance Abuse Resources

Darkness Rising - Rebuild Program

919-589-7808

<https://findmeatherapist.org/>

Monday to Friday:
9:00 Am to 8:00 Pm

The Rebuild program provides therapist connection for the formerly incarcerated while also paying for the first 10 sessions. Rebuild serves the BIPOC community. Black, indigenous, people of color. Call for more information.

Free

Job Training / Job Placement Resources

Vocational Rehabilitation

39B Office Park Dr.
Jacksonville, NC 28546

910-467-0720

www.ncdhhs.gov/divisions/vocational-rehabilitation-services

Monday through Friday: 8:00 AM to 5:00 PM

Provides a variety of services, depending on your specific needs. They are customized to help you find a job and offer career counseling, education and training, job placement assistance and on-going support, medical treatments and assistive technology.

Free



NCWorks Career Center

461 Western Blvd., Suite #106
Jacksonville, NC 28546

910-347-2121

www.ncworks.gov/vosnet/Default.aspx

Monday through Friday: 8:30 AM to 5:00 PM

NCWorks offers support with everything from pulling together a resume and finding the right training opportunities to prepping you for interviews so you're ready to ace them. Call to set up an appointment.

Free

Job Training / Job Placement Resources

Express Employment Professionals

461 Western Blvd., Suite 118
Jacksonville, NC 28546

910-355-0060

[www.expresspros.com/
jacksonvillenc](http://www.expresspros.com/jacksonvillenc)

Monday through Friday: 8:00 AM to
5:00 PM

Temporary agency offering job placement in local businesses for clients who can pass a drug test and have reliable transportation. They do conduct a background check, and some business they work with will not hire ex-felons, but others will. They do not accept anyone convicted of sex offenses or violent crimes. Must have two forms of ID (your prison ID is ok). Walk-ins accepted or you can apply online.

Free

Financial Resources



Operation HOPE

704-680-3163 or
888-388-4673

<https://operationhope.org/>

Monday through Friday: 8:00 AM to
5:00 PM

Helps individuals of all ages and backgrounds, including the formerly incarcerated, by offering financial education, one-on-one coaching, courses on credit score improvement, as well as pathways toward homeownership and starting a business. They have eight locations across the state of North Carolina, but since they can also provide their services over the phone, they can help you even if you don't live near one of their locations. This is a great (and totally free) program for those who want to understand how to rebuild their credit and financial life after incarceration. Call Alisha Kenny at the number provided to set up an initial appointment.

Free

Transportation Resources

Onslow United Transit System (OUTS)

Main Office:

1300 N. Marine Blvd.
Jacksonville, NC 28541

910-346-2998

[http://onslowunitedtransit.org/
welcome.html](http://onslowunitedtransit.org/welcome.html)

Monday through Friday: 8:00 AM to
5:00 PM

Provides public transportation throughout Onslow County for any reason. OUTS picks you up at your location, takes you to your destination and will bring you back if you want them to. You must call to schedule a trip no later than by 10:30 AM the day before your trip.

Fares vary depending on destination

Jacksonville Transit

Pickup and Drop Off spots at several locations throughout Jacksonville

910-343-0106

910-938-7433 (Ride Info)

www.jacksonvillenc.gov/transit

Monday through Friday: 5:55 AM to
8:10 PM

Saturday, Sunday and Holidays: 9:55
AM to 8:10 PM

Provides public transportation throughout Jacksonville.

Fares are \$1.50 one-way.

Clothing Resources

Richlands Community Outreach Ministry Thrift Store

8701 Richlands Hwy
Richlands, NC 28574

910-324-6586

Facebook Page:
richlandsoutreachministry

Monday, Tuesday, Thursday, Friday
and Saturday: 9:00 AM to 1:00 PM
Closed Wednesdays

Sells clothing and household goods at bargain prices. Call first so that they can arrange for someone to meet you and help you pick out clothes at no cost.

All items sell at low prices, and they will give you some clothes for free if you call first and make an appointment.

Clothing Resources

Goodwill Industries - Jacksonville

1113 Western Blvd.
Jacksonville, North Carolina, 28546

910-455-2025

www.gienc.org/store/jacksonville

Monday through Friday: 9:00 AM to 8:30 PM

Saturday: 9:00 AM to 6:00 PM

Sunday: 12:00 PM to 6:00 PM

Offers previously-owned clothing and other items at extremely low prices. You can often find name-brand clothes in good to great condition.

Men's pants are as low as \$4.50 each, shirts as low as \$2.99 each. Other items are priced low also.

Finder's Keepers Thrift Store

226 New Bridge St.
Jacksonville, NC 28540

910-346-1611

www.onslowwc.org/finders-keepers-thrift-store

Monday through Saturday: 10:00 AM to 5:30 PM

Finder's Keepers Thrift Store supports the Onslow Women's Center Safe House and other services that the agency provides by selling donated merchandise. They sell a wide range of goods, such as clothing, household appliances and furniture, books, etc.

All items sell at low prices.

Education Resources

Onslow County Center

234 NW Corridor Blvd,
Jacksonville, NC 28540

910-455-5873

<https://onslow.ces.ncsu.edu/>

Monday - Friday:
8:00 AM to 5:00 PM

The Onslow County Center has partnered with NC State to offer classes and events for residents of Onslow County. The classes include topic such as Lawn & Garden classes, Agriculture & Food, Home & Family and more. See the website for more information and dates. Suite #108

Cost varies per course. See website for details.

Directory for Onslow County Agencies:

Onslow County Probation Department	1915 Onslow Dr. Jacksonville, NC 28540	910-347-5665
Onslow County DMV	299 Wilmington Hwy. Jacksonville, NC 28540	910-347-3613
Onslow County Dpt. of Social Services	612 College St. Jacksonville, NC 28541	910-455-4145

Directory for State and Federal Government Programs that Offer Temporary Assistance:

SNAP (Supplemental Nutrition Assistance Program): www.fns.usda.gov/snap/supplemental-nutrition-assistance-program

LIEAP (Low Income Energy Assistance): www.ncdhhs.gov/divisions/social-services/energy-assistance/low-income-energy-assistance-lieap

TANF (Temporary Assistance for Needy Families): www.ncdhhs.gov/divisions/social-services/work-first-family-assistance

Other Organizations that Offer Assistance:

The National Reentry Network for Returning Citizens is a national network comprised of individuals returning from incarceration who support each other's successful reintegration. To learn more, visit their website at <https://thenationalreentrynetwork.org/>.

National Suicide Prevention Hotline: Dial 988 or online at www.988lifeline.org.

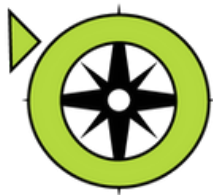
Felony Record Hub (an online resource with jobs, housing and reentry advice for people with criminal records): www.felonyrecordhub.com

Honest Jobs (the nation's leading job marketplace for people affected by the criminal justice system. Honest Jobs has over 300,000 job openings from 1,000+ fair-chance employers): www.honestjobs.com

Veterans Resources in Johnston County (for all military veterans): 910-347-3309 or online at <https://www.onslowcountync.gov/246/Veteran-Services>

NC211.org (an online information and referral service provided by United Way of North Carolina. It offers a searchable database with information about resources for all 100 counties in North Carolina)

Other Assistance Available through OurJourney: Anyone returning to any county in North Carolina from any state prison is automatically eligible to participate in the OurJourney **Essential Services** program. The Essential Service programs provides one-on-one, professional assistance, including help with writing a resume, preparing for a job interview, handling stress and rejection, registering to vote, and six other essential services for those rebuilding their lives after incarceration. This program is free of charge. To learn more or to enroll, call 252-220-9516 or visit www.ourjourney2gether.com/essential-services.



OurJourney
PO Box 2862
Rocky Mount, NC 27802
(888) 50-REENTRY