



Reentry Resource Guide for Alleghany County



2025



PLEASE READ THIS FIRST!

Nothing is more frustrating these days than trying to get an actual human being to answer the phone when you call organizations for assistance. This can especially be true for government agencies. If this happens to you when contacting any of the service providers listed in this Reentry Resource Guide, remember the following:

- Try to find all the information you need on the service provider's website, which OurJourney gives for every service provider that has one. That way you won't even need to call. If the website gives an email address, you might try emailing the service provider with your non-emergency questions.
- Sometimes by pressing the zero button on your phone you can skip past the recorded message and be sent straight to a human operator.
- Know ahead of time exactly what you want to ask; have any materials you need on hand before you call (such as ID, application, etc.).
- Be patient. If you simply can't wait on hold any longer, choose the option that lets you leave a voicemail (if available).
- If you leave a voicemail, remember to state your name and phone number clearly, along with the reason for your call.
- Make sure you're available for call-back during normal business hours. If you can't be, when you leave your voicemail provide a time range for call-back.

Also remember, many people in your community need help too. So you may be placed on a waiting list for some services. OurJourney always recommends that you begin your search for assistance by contacting the One-Stop Resource Centers listed at the front of this guide. Why? Because these service providers usually have the resources and connections in the community to provide more immediate and specific help.

Agencies, organizations, ministries or businesses with a  beside their listing are close partners of OurJourney. We have verified not just their basic information but that they are dedicated to helping you rebuild your life. Make sure you mention that OurJourney sent you!

Finally, remember that your success ultimately depends on **YOU!** OurJourney encourages you not to give up if you can't find help when and how you need it. We know firsthand how frustrating it can be when things don't go the way you hope, but we also know that **the worst day in freedom is better than the best day in prison**, and that patience and perseverance are just as important to your success as the assistance you need.

© 2025 by OurJourney Media

All rights reserved. No part of this publication may be reproduced, distributed, or transmitted in any form or by any means, including photocopying, recording, or other electronic or mechanical methods, without the prior written permission of the publisher, except in the case of brief quotations embodied in critical reviews and certain other noncommercial uses permitted by copyright law. For permission requests, email contact@ourjourney2gether.com.

Picture on the front cover courtesy of highcountryhost.com



Resource Guide - Alleghany County

The service providers listed below are for Alleghany County and surrounding areas. Agencies, organizations or businesses may be listed multiple times if they offer services in multiple categories. Agencies, organizations or businesses listed under the category "One-Stop Resource Centers" offer assistance in all or nearly all other categories. OurJourney does not endorse any of the agencies, organizations or businesses listed below, unless otherwise noted by a check mark beside the listing and/or on the Our Partners page of our website.

OurJourney has verified the accuracy of the information in this Resource Guide as of the date printed on the bottom of each page. There may be other service providers in Alleghany County not listed. Please call (888) 50-REENTRY or email contact@ourjourney2gether.com to report any discrepancies or to suggest other service providers in Alleghany County.

One-Stop Resource Centers

Alleghany Cares

25 Womble Street
Sparta, NC 28675

336-372-5959

<https://alleghanycares.com/>

Tuesday through Friday: 10:00 AM to 5:00 PM

Saturday: 10:00 AM to 3:00 PM

Provides assistance to qualified residents of Alleghany County in several ways:

- Clothes Closet
- Food pantry
- Educational Scholarships
- Adult Dental Program
- Adult Hearing Program
- Adult Vision Program
- Medication Assistance Program
- Emergency Relief (one-time assistance with utilities, etc.)

You may need to fill out an online application depending on the help that you need. Call to see if you qualify.

They also operate a thrift store (see Clothing Resources for more information).

Assistance is free to those who qualify

One-Stop Resource Centers

United Way of Wilkes County

910 C St
North Wilkesboro, NC 28659

336-651-7800

<https://uwwilkes.org/>

Monday through Thursday: 8:00 AM
to 5:00 PM

Provides support to dozens of member agency programs in Alleghany County. In addition to calling the number provided for this office, you can get assistance by calling the United Way hotline by dialing 211.

NOTE: Alleghany County is serviced by the Wilkes County United Way. Remember, if you're on post-release, always check with your parole officer before leaving Alleghany County.

Assistance is free; some services provided by partner organizations may charge fees

The Salvation Army of Wilkes County

910 C St., Suite 5
North Wilkesboro, NC 28659

336-838-1145

<https://www.salvationarmyusa.org/usn/>

Monday through Friday: 9:00 AM to
5:00 PM

Provides a wide variety of services, including Disaster Relief, Shelter, Food, Rent and Utility Assistance, and Clothing.

NOTE: Alleghany County is serviced by the Wilkes County Salvation Army. Remember, if you're on post-release, always check with your parole officer before leaving Alleghany County.

Assistance is free; some services provided by partner organizations may charge fees



Go Further Connect

<https://gofurtherconnect.com/>

Introducing a new way to get connected

Do you need a **resource**?
Do you need a **job**?
Do you need **inspiration**?
Do you need to **connect**?



Visit www.GoFurtherConnect.com
to start connecting now

Go Further Connect is an online resource for connecting returning citizens with programming, services, and community support that meet the individual's needs. You can search for help by zip code and also access some of the other great resources they have available for free, such as a tool for finding a job.

Free

One-Stop Resource Centers



Recidivism Reduction Call Center

<https://rreps.net/recidivism-reduction-hotline>

888-852-0004

The Recidivism Reduction Call Center allows people recently released from prison in North Carolina to connect with a RREPS operator to request information about, and set up warm referrals to, employment, housing, healthcare, and public benefits services.

Assistance is free; some services provided by partner organizations may charge fees

North Carolina ePASS

<https://epass.nc.gov/>

North Carolina ePASS is a new online way to apply for Benefits and services as a resident of the state. It is made available by the NC Department of Health and Human Services.

You can apply for Food & Nutrition Services, apply for Energy Assistance, register to vote (if eligible) and apply for other state services.

You will need to set up an account first and you must have an active email account. You will also need a photo ID and your birth certificate to set up an account.

Setting up an account is free. To qualify for benefits, you must meet certain guidelines.



Fenced In: Fighting for Freedom Advocacy

336-840-7570

<https://aprilbarberscales.com/#our-services>

Monday - Friday:
9:00 am to 5:00 pm

April spent over 33 years in prison and now helps others returning after long prison sentences of 20 years or more. If that's you, April will prepare a tailored plan according to your vision of release and will provide a prepaid cell phone and gift card as funding permits. She is also a certified peer support specialist who offers support for those who struggle with mental health, psychological trauma, or substance use. April is an OurJourney board member.

Free if you served 20 years or more.

One-Stop Resource Centers



Harvest Solutions

<http://www.harvestsolutions.com/>

Available 24/7

Harvest Solutions is a free, all-in-one digital platform that offers life-skills education, job and housing resources, mental health support, and recovery tools. Available to anyone for free, users earn giftcard rewards for engaging in courses. The platform is mobile-friendly, easy to access, and designed to support people navigating transition or reentry.

Free

Food Resources

Solid Rock Food Closet

71 Womble Street
Sparta, NC 28675

336-372-6560

<https://solidrockfoodcloset.com/>

Tuesday, Wednesday and Thursday:
10:00 AM to 2:00 PM

Provides food assistance to those in need in all of Alleghany County. Must be a resident of Alleghany County.

Free

Grace Kitchen

190 N. Main St.
Sparta, NC 28675

336-372-4441

Find them on Facebook at Grace Kitchen

Every Wednesday from 4:30 PM to 5:30 PM

Provides a free and delicious meal once a week to anyone in the community.

Free

Medical / Dental Resources

Alleghany County Health Department

157 Health Services Rd.
Sparta, NC 28675

336-372-5641

<https://www.apphealthcare.com/>

Monday through Friday: 8:00 AM to 4:45 PM

Offers assistance with a variety of basic health needs, including disease prevention and others. Also offers free HIV and other STD testing and free COVID testing and vaccinations. Will also help with referrals to other health care providers in Alleghany County.

Free



Parks Insurance

153 S. Oakland Ave.
Rock Hill SC 29730

866-932-7200

<https://parksinsured.com/>

Monday through Friday: 9:00 AM to 5:00 PM

Parks Insurance is licensed in all 50 states to offer healthcare insurance to individuals returning from prison. Through a special program called G.I.F.T. (Giving Insurance Freely for Transition), you are eligible to receive healthcare insurance with ZERO monthly payments and little, if any, deductibles. This plan covers doctor visits, medication, behavioral health, surgery, hospital stays and more. Everyone qualifies, even those with preexisting conditions.

Free

OurJourney can help you enroll in Parks Insurance's G.I.F.T. program! Call us (888) 50-REENTRY to learn more or call Parks Insurance and speak to a representative.

Medical / Dental Resources



NC MedAssist

866-331-1348

medassist.org

NC MedAssist is a statewide program for those who do not have the means to buy life-saving medications to treat chronic diseases such as heart disease, diabetes, and asthma. To qualify you must live in NC, not have any insurance (not even Medicaid) and have income that is at or below 300% of the national poverty average. (To give you an example, if you live with one other person, the combined yearly income for both of you can't be more than \$54,930, or \$4,577 per month.) Visit their website to enroll or call for more information. They also have a Mobile Free Pharmacy that travels the state handing out free Over The Counter medications to anyone, no ID required.

Free for those who qualify and aren't insured

OurJourney can help you enroll in NC MedAssist's free pharmacy program! Call us (888) 50-REENTRY to learn more.

Mental Health & Substance Abuse Resources

Daymark Recovery Services - Watauga Center

1650 Highway 18 South
Sparta, NC 28675

336.372.4095
866-275-9552 (24 Hr. Crisis Hotline)

<https://www.daymarkrecovery.org/locations/allegany-center>

Monday through Friday: 8:00 AM to 5:00 PM

Daymark Recovery Services is a non-profit organization established to provide comprehensive behavioral healthcare services to those in need of mental health or substance abuse treatment options. Please contact the center for schedules or further information as programs and meetings vary and often change depending upon attendance and counselor availability.

Fees are based on a sliding scale based on income

Alcoholics Anonymous - Sparta

<https://aanorthcarolina.org/meetings/?search=sparta>

Check website for AA group meeting places in Sparta

Free

Mental Health & Substance Abuse Resources



Mental Health America

800-969-6642

<https://www.mhanational.org/>

<https://screening.mhanational.org/screening-tools/>

Provides free mental health screening, which is the quickest and easiest way to determine whether you are experiencing symptoms of a mental health condition.

To take the free and confidential mental health screening, visit their website or scan the QR code to the right with your smartphone.



mhascreening.org

Hope 4 NC

1-855-587-3463

www.ncdhhs.gov/divisions/mental-health-developmental-disabilities-and-substance-abuse/hope4nc

Offers free and confidential emotional support, counseling referrals and community resources for those in crisis.

Available 24 hours a day, seven days a week.

A real person will always answer.

Assistance is free; some services provided by partner organizations may charge fees

Statewide Peer Warm-line

855-733-7762

Available 24/7

The statewide Peer Warm-line is a Free phone line staffed by Peer Support Specialists who offer non-clinical support and resources to those in crisis. Peer Support Specialists (or "peers") are people living in recovery with mental illness and/or substance use disorder who provide support to others who can benefit from their lived experience. Their unique expertise helps reduce stigma while strengthening overall engagement in care. Like 988, North Carolina's Peer Warm-line is available 24 hours a day, 7 days a week.

Heels Care Network

<https://care.unc.edu/resource/mental-health-gps/>

This is an online network of North Carolina and national mental health resources and support groups.

Access is free; some providers listed may charge fees for their services

Mental Health & Substance Abuse Resources

Darkness Rising - Rebuild Program

919-589-7808

<https://findmeatherapist.org/>

Monday to Friday:
9:00 Am to 8:00 Pm

The Rebuild program provides therapist connection for the formerly incarcerated while also paying for the first 10 sessions. Rebuild serves the BIPOC community. Black, indigenous, people of color. Call for more information.

Free



Better Life Partners

866-679-0831

<https://betterlifepartners.com/north-carolina>

Monday-Sunday:
8:00 AM to 6:00 PM

Better Life Partners, an outpatient treatment provider dedicated to supporting individuals aged 18 and above with Substance Use Disorder (SUD) and Alcohol Use Disorder (AUD). Our comprehensive approach includes medication-assisted treatment (MAT) and substance use-related responsive care. These services are paired with counseling sessions facilitated by licensed counselors in virtual group settings. Our Telehealth model streamlines an innovative approach to care and support for our members.

Accepts most major insurances. Flex pay is available if uninsured and payment is based on income.

Job Training / Job Placement Resources



NCWorks Career Center

115 Atwood St.
Sparta, NC 28675

336-372-9675

<https://www.ncworks.gov/>

Monday through Wednesday: 8:30
AM to 5:00 PM (closed one hour for
lunch)

Offers support for everything from creating a resume and finding the right job opportunities to preparing clients for job interviews. Website has links for Finding a Job.

Free

Job Training / Job Placement Resources

Vocational Rehabilitation Center

318 Wilkesboro Ave.
North Wilkesboro, NC 28659
336-667-1205

<https://www.ncdhhs.gov/divisions/vocational-rehabilitation-services>

Monday through Friday: 8:00 AM to 5:00 PM

Provides a variety of services, depending on your specific needs. They are customized to help you find a job and offer career counseling, education and training, job placement assistance and on-going support, medical treatments and assistive technology. Works specifically with those who have physical, mental or emotional disabilities.

NOTE: Alleghany County is serviced by the Wilkes County Vocational Rehabilitation Center. Remember, if you're on post-release, always check with your parole officer before leaving Alleghany County.

Free



Find A Job - OurJourney's Employment Assistance Program

888-507-3368

<https://www.ourjourney2gether.com/find-a-job>

Monday - Friday:
9:00 AM to 5:30 PM

Finding a good job is a top priority for most people after their release from prison, yet it's often one of the most difficult challenges to overcome. OurJourney is partnering with Honest Jobs to help you meet that challenge head on through our Find A Job program. Honest Jobs was created by people with criminal records or people with criminal records, and now OurJourney can help you take full advantage of their services through their innovative Reentry Navigator system, which allows us to work with you to access Second Chance jobs in your area. To learn more or to enroll, visit the website.

Free to residents of NC with criminal records

Financial Resources



Operation HOPE

704-680-3163

<https://operationhope.org>

Monday through Friday: 8:00 AM to 5:00 PM

Helps individuals of all ages and backgrounds, including the formerly incarcerated, by offering financial education, one-on-one coaching, courses on credit score improvement, as well as pathways toward homeownership and starting a business. They have eight locations across the state of North Carolina, but since they can also provide their services over the phone, they can help you even if you don't live near one of their locations. This is a great (and totally free) program for those who want to understand how to rebuild their credit and financial life after incarceration. Call Alisha Kenny at the number provided to set up an initial appointment.

Free

Transportation Resources

Alleghany In Motion (AIM)

Main Office:

90 South Main St.
Sparta, NC 28675

336-372-8747

<https://alleghanycounty-nc.gov/index.php/alleghany-in-motion/>

General Services Hours:

Monday through Friday: 7:00 AM to 5:00 PM

AIM provides transportation within and to destinations beyond Alleghany County including elderly and disabled transportation, general public transportation, and medical transportation including approved Medicaid appointments. Employment transportation is provided in Alleghany County only. All requests for transportation other than Medicaid must be received at least one business day prior to your appointment for scheduling purposes. All Medicaid in county transportation requests must be received three business days in advance and out of county Medicaid requests must be received at least five business days in advance.

Fares will vary

Clothing Resources

Alleghany Cares Thrift Store

25 Womble Street
Sparta, NC 28675

336-372-5959

<https://alleghanycares.com/>

Tuesday through Friday: 10:00 AM to 5:00 PM
Saturday: 10:00 AM to 3:00 PM

Offers previously-owned clothing and other items at extremely low prices.

Price varies by item

The Humble Hare

38 East Cheek Street
Sparta, NC 28675

336-372-4545

Find them on Facebook at The Humble Hare of Sparta

Tuesday through Saturday: 10:00 AM to 5:00 PM

The Humble Hare provides a curated, vibrant shopping experience for those who appreciate nice things at a fair price. When you shop at The Humble Hare, not only are you purchasing a high-quality item at an affordable price, but you are also making a difference in the lives of hospice patients and their families.

100% of the proceeds from The Humble Hare help to pay for end-of-life care and related services for uninsured and underinsured patients who lack the financial resources to pay for their care.

Price varies by item

Education Resources



In The Beginning Incubator

919 E Main St
Richmond, Va 23219

804-468-8141

<https://inthebeginningco.com/>

Monday - Friday:
10:00 AM to 5:00 PM

In The Beginning Incubator and Fund (ITB) was founded in 2021 with a simple but powerful mission: To empower entrepreneurs who have been historically overlooked — and help them build legacies, not just businesses. What started as a single-location incubator in Richmond, Virginia has grown into a multi-state platform. Our model is research-backed through our partnership with Langston University, focusing on entrepreneurs from underserved, rural, minority, disabled, and returning citizen communities. ITB offers Culturally centered entrepreneur training, Mental health and business development integrated in all programs, Real capital access through KIVA partnerships and the ITB Fund Federal research partnership to design better entrepreneur support models and Specialized niche services (grant readiness, virtual business services, procurement certification support)

Programs and packages vary in cost. See website or call for information. Also has grant programs to help cover cost for those that qualify.

Alleghany County Center

90 S Main St,
Sparta, NC 28675

336-372-5597

<https://alleghany.ces.ncsu.edu/>

Monday - Friday:
8:00 AM to 5:00 PM

The Alleghany County Center has partnered with NC State to offer classes and events for residents of Alleghany County. The classes include topic such as Lawn & Garden classes, Agriculture & Food, Home & Family and more. See the website for more information and dates.

Cost varies per course. See website for details.

Education Resources

House Of Resilience LLC

910-249-9426

<https://www.gobuildresilience.com/>

Monday - Friday:

8:30 AM - 5:30 PM

Available on some Saturdays

House of Resilience Empowerment Coaching (HOR) provides trauma-informed, strengths-based coaching for justice-involved Men seeking personal growth, emotional healing, and successful reentry. We specialize in mindset development, identity rebuilding, and purpose-driven goal setting through structured coaching frameworks. Services include one-on-one virtual or in-person sessions, personalized reentry planning, and empowerment programs that promote self-worth, accountability, and long-term transformation. We welcome individuals with criminal backgrounds but currently do not serve registered sex offenders. Clients may apply through our website or be referred by a facility or partner agency. The first step is a free 15-minute discovery session to determine program fit. Contact: Crystal Jackson, Founder & Lead Coach, at info@gobuildresilience.com or 910-249-9426.

Free for incarcerated individual and affordable for those released. Call or email for more information.

NC DIT Tech Resource Finder

<https://www.ncbroadband.gov/resource-finder>

Provides more than 1,100 resources that help North Carolinians use the internet, find public computers and Wi-Fi and access technical support and digital skills classes across the state. Tech Resource Finder users can search for local offerings by county, zip code or type of resource and can select a map view or table view. Each resource includes a description, address, website, contact information and directions.

Free

Education Resources

NC Work From Anywhere

<https://communitydevelopment.ces.ncsu.edu/local-economic-development-programs/nc-work-from-anywhere/>

NC Work From Anywhere is your gateway to remote work success — whether you want to stay in your rural community while working for top employers or develop the skills needed to thrive in a remote job. Live Here. Work Anywhere. If you love your rural community and want a remote job that allows you to stay, we offer training and resources to help you succeed in a virtual environment.

Course Fee is \$200 dollars.

Housing Resources

Transitional Housing

855-860-3119

<https://www.transitionalhousing.org/>

Transitional housing is supportive housing that helps fight the homeless problem in today's society. Transitional housing is generally for a limited time period. Stays can be from two weeks to twenty-four months. Transitional housing provides people with help after a crisis such as homelessness or domestic violence. Currently we have over 7,035 transitional housing locations in our database. We also provide as much information on each housing location along with pictures.

Assistance is free; some services provided by partner organizations may charge fees

Oxford House, Inc.

1010 Wayne Avenue,
Silver Spring, MD 20910

800-689-6411

<https://www.oxfordhouse.org/>

Oxford House is a shared residence where people in recovery from drug and alcohol addiction can live together and support each other in a drug and alcohol-free environment. It provides housing in 47 states. Use <https://oxfordvacancies.com/> to search for a house in your local area.

See website for housing cost as it varies from house to house

Directory for Alleghany County Agencies:

Alleghany County Probation Department	12 South Main St. Sparta, NC 28675	336-372-8696
Alleghany County DMV (Main Location)	115 Atwood St. Sparta, NC 28675	336-372-6442
Alleghany County Dpt. of Social Services	182 Doctors St. Sparta, NC 28675	336-372-2411

Directory for State and Federal Government Programs that Offer Temporary Assistance:

SNAP (Supplemental Nutrition Assistance Program): www.fns.usda.gov/snap/supplemental-nutrition-assistance-program

LIEAP (Low Income Energy Assistance): www.ncdhhs.gov/divisions/social-services/energy-assistance/low-income-energy-assistance-lieap

TANF (Temporary Assistance for Needy Families): www.ncdhhs.gov/divisions/social-services/work-first-family-assistance

Other Organizations that Offer Assistance:

The National Reentry Network for Returning Citizens is a national network comprised of individuals returning from incarceration who support each other's successful reintegration. To learn more, visit their website at <https://thenationalreentrynetwork.org/>.

National Suicide Prevention Hotline: Dial 988 or online at <https://988lifeline.org/>.

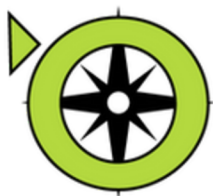
Felony Record Hub (an online resource with jobs, housing and reentry advice for people with criminal records): www.felonyrecordhub.com

Honest Jobs (the nation's leading job marketplace for people affected by the criminal justice system. Honest Jobs has over 300,000 job openings from 1,000+ fair-chance employers): www.honestjobs.com

Veterans Resources in Alleghany County (for all military veterans): 336-372-4850 or online at <https://alleghanycounty-nc.gov/index.php/veterans-service/>

NC211.org (an online information and referral service provided by United Way of North Carolina. It offers a searchable database with information about resources for all 100 counties in North Carolina)

Other Assistance Available through OurJourney: Anyone returning to any county in North Carolina from any state prison is automatically eligible to participate in the OurJourney **Essential Services** program. The Essential Service programs provides one-on-one, professional assistance, including help with writing a resume, preparing for a job interview, handling stress and rejection, smartphone training, and six other essential services for those rebuilding their lives after incarceration. This program is free of charge. To learn more or to enroll, call (888) 50-REENTRY or visit www.ourjourney2gether.com/essential-services.



OurJourney
PO Box 2862
Rocky Mount, NC 27802
(888) 50-REENTRY