



Reentry Resource Guide for Dare County



2024




PLEASE READ THIS FIRST!

Nothing is more frustrating these days than trying to get an actual human being to answer the phone when you call organizations for assistance. This can especially be true for government agencies. If this happens to you when contacting any of the service providers listed in this Reentry Resource Guide, remember the following:

- Try to find all the information you need on the service provider's website, which OurJourney gives for every service provider that has one. That way you won't even need to call. If the website gives an email address, you might try emailing the service provider with your non-emergency questions.
- Sometimes by pressing the zero button on your phone you can skip past the recorded message and be sent straight to a human operator.
- Know ahead of time exactly what you want to ask; have any materials you need on hand before you call (such as ID, application, etc.).
- Be patient. If you simply can't wait on hold any longer, choose the option that lets you leave a voicemail (if available).
- If you leave a voicemail, remember to state your name and phone number clearly, along with the reason for your call.
- Make sure you're available for call-back during normal business hours. If you can't be, when you leave your voicemail provide a time range for call-back.

Also remember, many people in your community need help too. So you may be placed on a waiting list for some services. OurJourney always recommends that you begin your search for assistance by contacting the One-Stop Resource Centers listed at the front of this guide. Why? Because these service providers usually have the resources and connections in the community to provide more immediate and specific help.

Agencies, organizations, ministries or businesses with a  beside their listing are close partners of OurJourney. We have verified not just their basic information but that they are dedicated to helping you rebuild your life. Make sure you mention that OurJourney sent you!

Finally, remember that your success ultimately depends on **YOU!** OurJourney encourages you not to give up if you can't find help when and how you need it. We know firsthand how frustrating it can be when things don't go the way you hope, but we also know that **the worst day in freedom is better than the best day in prison**, and that patience and perseverance are just as important to your success as the assistance you need.

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Picture on the front cover courtesy of www.travellens.com



Resource Guide - Dare County

The service providers listed below are for Dare County and surrounding areas. Agencies, organizations or businesses may be listed multiple times if they offer services in multiple categories. Agencies, organizations or businesses listed under the category “One-Stop Resource Centers” offer assistance in all or nearly all other categories. OurJourney does not endorse any of the agencies, organizations or businesses listed below, unless otherwise noted by a check mark beside the listing.

OurJourney has verified the accuracy of the information in this Resource Guide as of the date printed on the bottom of each page. There may be other service providers in Dare County not listed. Please call 252-220-9516 or email contact@ourjourney2gether.com to report any discrepancies or to suggest other service providers in Dare County.

NOTE: Because Dare County is limited in reentry support resources, many of the resource providers listed in this guide are from neighboring counties. Your parole officer will most likely allow you to travel outside of Dare County for reentry assistance. However, you should always contact your parole officer before leaving Dare County for any reason, even to visit the reentry resource providers listed in this guide. Failure to obtain permission from your parole officer to travel outside of Dare County may result in a violation of the conditions of your post-release.

One-Stop Resource Centers

Albemarle Area United Way

1413 Parkview Dr.
Elizabeth City, NC 27909

252-333-1510

<https://www.aaunitedway.org/>

Monday through Friday: 9:00 AM to
5:00 PM

Provides direct support and connects those in need with partner organizations. The information provided is for the United Way located in Boone. In addition to calling the number provided, you can get assistance by calling the United Way hotline by dialing 211. This United Way’s main office is located in Pasquotank County, but they also service Dare County. **Always contact your parole officer before leaving Dare County.**

Assistance is free; some services provided by partner organizations may charge fees

One-Stop Resource Centers

Interfaith Community Outreach

115 Mustian St.
Kill Devil Hills, NC 27948

252-480-0070

<https://www.interfaithoutreach.com/>

Monday, Wednesday and Friday:
10:00 AM to 2:00 PM

Provides referrals for individuals or families facing a temporary crisis to other private and public agencies within the community, such as DSS, Food Banks, Community Care Clinic, Relief Foundation, Hot Line, CDC, Red Cross, Counseling Services, and more.

Assistance is free; some services provided by partner organizations may charge fees

The Salvation Army of the Albemarle Region

602 N. Hughes Blvd.
Elizabeth City, NC 27909

252-338-4120

<https://southernusa.salvationarmy.org/albemarle/>

Monday through Thursday: 9:00 AM to 4:00 PM
Friday: 9:00 AM to 12:00 PM
(Closed for lunch each day)

Provides a wide variety of services, including Disaster Relief, Shelter, Food, Rent and Utility Assistance, and Clothing. **Always contact your parole officer before leaving Dare County.**

Assistance is free; some services provided by partner organizations may charge fees

North Carolina ePASS

<https://epass.nc.gov/>

North Carolina ePASS is a new online way to apply for Benefits and services as a resident of the state. It is made available by the NC Department of Health and Human Services.

You can apply for Food & Nutrition Services, apply for Energy Assistance, register to vote (if eligible) and apply for other state services.

You will need to set up an account first and you must have an active email account. You will also need a photo ID and your birth certificate to set up an account.

Setting up an account is free. To qualify for benefits, you must meet certain guidelines.

Food Resources

Beach Food Pantry

4007 North Croatan Highway
Kitty Hawk, NC 27949

252-261-2756

<https://beachfoodpantry.org/>

Monday through Friday: 2:00 PM to
4:00 PM (except major holidays)

If you live or work in Dare County and are experiencing a temporary crisis or emergency and you need food assistance, you are eligible to come to the Beach Food Pantry. To get an appointment to come in and shop, you will need to fill out an application on their website. If you don't have access to the internet, you may use the computers available at any of the Dare County Library branches or call their office in the mornings. Food is provided every 30 days by appointment only. Must have a photo ID.

Free

Ruthie's Community Kitchen

1311 Goldie St.
Kill Devil Hills, NC 27948

252-207-8820

[http://
www.ruthiescommunitykitchen.com/](http://www.ruthiescommunitykitchen.com/)

Every Tuesday from 4:30 PM to 5:15
PM

Serves free hot dinners every
Tuesday evening.
Located inside the Son Rise
Church of Christ.

Free

Medical / Dental Resources

Dare County Health Department

50347 NC Hwy 12
Frisco, NC 27936

252-475-5003

[https://www.darenc.gov/
departments/health-human-services](https://www.darenc.gov/departments/health-human-services)

Monday through Friday: 9:00 AM to
5:00 PM

Offers assistance with a variety of basic health needs, including disease prevention and others. Also offers free HIV and other STD testing and free COVID testing and vaccinations. Will also help with referrals to other health care providers in Dare County. They have offices in other areas of Dare County, so call to find the one closest to you.

Offers Clinical Services on a sliding fee scale based on income for anyone regardless of ability to pay. They also accept Medicaid, Medicare, and private insurances.

Medical / Dental Resources

Community Care Clinic of Dare

425 Health Center Dr.
Nags Head, NC 27959

Monday through Thursday: 9:00 AM
to 2:00 PM

50347 NC Hwy 12
Frisco, NC 27936
(Inside the Dare County Health Dept.)

2nd Thursday of Each Month

252-261-3041

<https://www.dareclinic.org/>

Provides medical care, chronic disease management, dental care and medication assistance to those who meet the following qualifications:

- Live or work in Dare County
- 18 years or older
- Uninsured or underinsured
- Have limited income

To find out if you qualify, call to arrange an initial consultation. You'll need to bring a photo ID, proof of residency and proof of income. If you don't have proof of income, ask your Parole Officer to provide you with a note.

Free to those who qualify



NC MedAssist

866-331-1348

medassist.org

NC MedAssist is a statewide program for those who do not have the means to buy life-saving medications to treat chronic diseases such as heart disease, diabetes, and asthma. To qualify you must live in NC, not have any insurance (not even Medicaid) and have income that is at or below 300% of the national poverty average. (To give you an example, if you live with one other person, the combined yearly income for both of you can't be more than \$54,930, or \$4,577 per month.) Visit their website to enroll or call for more information. They also have a Mobile Free Pharmacy that travels the state handing out free Over The Counter medications to anyone, no ID required.

Free for those who qualify and aren't insured

OurJourney can help you enroll in NC MedAssist's free pharmacy program! Call us 252-220-1956 to learn more.

Medical / Dental Resources



Parks Insurance

153 S. Oakland Ave.
Rock Hill SC 29730

866-932-7200

<https://parksinsured.com/>

Monday through Friday: 8:00 AM to 7:00 PM

Parks Insurance is licensed in all 50 states to offer healthcare insurance to individuals returning from prison. Through a special program called G.I.F.T. (Giving Insurance Freely for Transition), you are eligible to receive healthcare insurance with ZERO monthly payments and little, if any, deductibles. This plan covers doctor visits, medication, behavioral health, surgery, hospital stays and more. Everyone qualifies, even those with preexisting conditions.

Free

OurJourney can help you enroll in Parks Insurance's G.I.F.T. program! Call us 252-220-1956 to learn more or call Parks Insurance and speak to a representative.

Mental Health & Substance Abuse Resources

Port Health

2808 South Croatan Hwy, Suite B
Nags Head, NC 27959

252-441-2324

<https://www.porthhealth.org/>

Monday through Friday: 8:00 AM to 5:00 PM

They offer outpatient treatment services that include, but are not limited to, individual and group therapy, family counseling, psycho-educational and psychotherapy, and are defined services that may vary in level of intensity.

They also offer alcohol and substance use treatment, including MAT.

They also have a pharmacy that can dispense mental health medications.

Offers services on a sliding fee scale based on income. They also accept Medicaid, Medicare, and private insurances.



Community Care Clinic of Dare Syringe Services Program

425 Health Center Dr.
Nags Head, NC 27959

252-261-3041

<https://www.dareclinic.org/>

Monday through Thursday: 9:00 AM to 2:00 PM

This is a needle exchange program. They also offer Narcan. Ask for Lyn Jenkins or Cindy Bonney.

Free

Mental Health & Substance Abuse Resources



Mental Health America

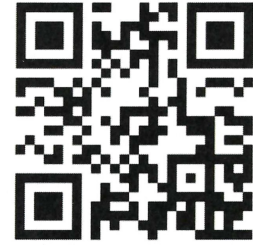
800-969-6642

<https://www.mhanational.org/>

<https://screening.mhanational.org/screening-tools/>

Provides free mental health screening, which is the quickest and easiest way to determine whether you are experiencing symptoms of a mental health condition.

To take the free and confidential mental health screening, visit their website or scan the QR code to the right with your smartphone.



mhascreening.org

Job Training / Job Placement Resources



NCWorks Career Center

954 Marshall Collins Dr., Room 142
Manteo, NC 27954

252-621-6356

<https://www.ncworks.gov/>

Monday through Friday: 8:30 AM to
4:00 PM

Offers support for everything from creating a resume and finding the right job opportunities to preparing clients for job interviews. Website has links for Finding a Job. Free

Vocational Rehabilitation

401 South Griffin St. Suite 100
Elizabeth City, NC 27909

252-621-6160

www.ncdhhs.gov/divisions/vocational-rehabilitation-services

Monday through Friday: 8:00 AM to
5:00 PM

Provides a variety of services, depending on your specific needs. They are customized to help you find a job and offer career counseling, education and training, job placement assistance and on-going support, medical treatments and assistive technology. Works specifically with those who have physical, mental or emotional disabilities. Free
Always contact your parole officer before leaving Dare County.

Job Training / Job Placement Resources

Coastal Staffing

1601 North Road Street, Suite C
Elizabeth City, NC 27909

252-338-9133

<http://www.promanstaffing.com>

Monday through Friday: 8:00 AM to
5:00 PM

Temporary agency offering job placement in local businesses for clients who can pass a drug test and have reliable transportation. They do conduct a background check, and some business they work with will not hire ex-felons, but others will.

Free

Financial Resources



Operation HOPE

252-680-3163

<https://operationhope.org>

Monday through Friday: 8:00 AM to
5:00 PM

Helps individuals of all ages and backgrounds, including the formerly incarcerated, by offering financial education, one-on-one coaching, courses on credit score improvement, as well as pathways toward homeownership and starting a business. They have eight locations across the state of North Carolina, but since they can also provide their services over the phone, they can help you even if you don't live near one of their locations. This is a great (and totally free) program for those who want to understand how to rebuild their credit and financial life after incarceration. Call Alisha Kenny at the number provided to set up an initial appointment.

Free

Financial Resources



Stretch Financial

877-275-4115

<https://www.stretch.money/>

Monday through Friday: 10:00 AM to 6:00 PM

Offers a free financial account for people returning from prison with features and functionality similar to traditional banks. A Stretch account comes with a MasterCard Debit Card, free direct deposit and customer service to answer any questions you might have. You can even open an account without having any money, so that as soon as you find a job you'll have a financial account already in place. Best of all, you can use your prison ID to open the account. All you'll need is your Social Security number, a physical address so they can mail your debit card and an active email address. They will also ask for your legal name, date of birth and phone number (if you have one). To apply, visit their website, scroll down and click on the "Learn More" button under **Justice-Involved**. Please note: This account does not come with a credit card but with a debit card. A debit card allows you to pay for services and withdraw money using funds already in your account.

There are no fees to open or maintain an account

Transportation Resources

Dare County Transportation

Main Office:

954 Marshall Collins Dr, Room 181
Manteo, NC 27954

252-475-5640

<https://www.darenc.gov/departments/public-services/transportation>

Monday through Friday: 7:30 AM to 5:00 PM

Provides van transportation services to Dare County residents and visitors. They will pick you up and drop you off. You must make a reservation for pickup at least 48 hours before you need a ride. Visit website or call for route and fare information.

Trips within Dare County are \$3 one way or \$6 roundtrip.

Trips outside of Dare County are \$7 one way and \$14 roundtrip, but are only available for medical appointments.

Clothing Resources

Outer Banks Hotline Thrift Store

PINK Hotline

4140 N Croatan Hwy.
Kitty Hawk, NC 27949
252-261-8164

Monday through Friday: 1:00 PM to 5:00 PM

Saturday: 9:00 AM to 4:00 PM

Hotline Too

2114 S Croatan Hwy.
Nags Head, NC 27959
252-441-1244

Monday through Friday: 10:00 AM to 5:00 PM

Saturday: 9:00 AM to 4:00 PM

Manteo Hotline

602 Amadas St, Manteo, NC 27954
252-473-3127

Tuesday through Friday: 10:00 AM to 5:00 PM

Saturday: 9:00 AM to 4:00 PM

Buxton Hotline

47170 NC-12
Buxton, NC 27920
252-986-1332

Tuesday, Wednesday, Thursday: 9:00 AM to 4:00 PM

Saturday: 10:00 AM to 5:00 PM

<https://obhotline.org/how-to-help/thrift-stores/>

Hotline operates four thrift stores to generate income to support their nonprofit organization that provides services for victims of domestic violence, sexual assault and gender and sex identity discrimination.

Shoppers can browse and shop everything from clothing, housewares, tools, and books to furniture, accessories, used cars, and more.

Merchandise constantly changes as newly donated items make their way to the sales floor. Call your preferred location before visiting because some may be closed for renovations.

Price varies by item

Clothing Resources

Goodwill Thrift Store

5381 Virginia Dare Trail N
Southern Shores, NC 27949

252-255-5111

<https://www.gienc.org/>

Monday through Friday: 9:00 AM to
8:30 PM

Saturday: 9:00 AM to 6:00 PM

Sunday: Noon to 6:00 PM

Offers previously-owned clothing and other items at extremely low prices. You can often find name-brand clothes in good to great condition.

Men's pants are as low as \$4.50 each, shirts as low as \$2.99 each. Other items are priced low also.

Salvation Army Family Store

600 N. Hughes Blvd.
Elizabeth City, NC 27909

252-338-8741

Find them on Facebook at The Salvation Army Family Store of Elizabeth City

Monday through Saturday: 10:00 AM
to 4:00 PM

Offers previously-owned clothing and other items at extremely low prices. You can often find name-brand clothes in good to great condition.

Always contact your parole officer before leaving Dare County.

Prices vary depending on item. They may give you a voucher for free clothes if you mention that you just got out of prison

Directory for Dare County Agencies:

Dare County Probation Department	962 Marshall Collins Dr. Manteo, NC 27954	252-475-9161
Dare County DMV	210 US-64 Manteo, NC 27954 2808 S Croatan Hwy. Nags Head, NC 27959	252-473-3926 252-480-6465
Dare County Dpt. of Social Services	107 Exeter St. Manteo, NC 27954	252-475-5500

Directory for State and Federal Government Programs that Offer Temporary Assistance:

SNAP (Supplemental Nutrition Assistance Program): www.fns.usda.gov/snap/supplemental-nutrition-assistance-program

LIEAP (Low Income Energy Assistance): www.ncdhhs.gov/divisions/social-services/energy-assistance/low-income-energy-assistance-lieap

TANF (Temporary Assistance for Needy Families): www.ncdhhs.gov/divisions/social-services/work-first-family-assistance

Other Organizations that Offer Assistance:

The National Reentry Network for Returning Citizens is a national network comprised of individuals returning from incarceration who support each other's successful reintegration. To learn more, visit their website at <https://thenationalreentrynetwork.org/>.

National Suicide Prevention Hotline: Dial 988 or online at www.988lifeline.org.

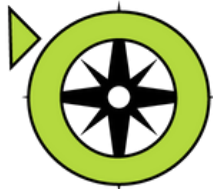
Felony Record Hub (an online resource with jobs, housing and reentry advice for people with criminal records): www.felonyrecordhub.com

Honest Jobs (the nation's leading job marketplace for people affected by the criminal justice system. Honest Jobs has over 300,000 job openings from 1,000+ fair-chance employers): www.honestjobs.com

Veterans Resources in Dare County (for all military veterans): 252-475-5604 or online at <https://www.darenc.gov/departments/health-human-services/veterans-services/>

NC211.org (an online information and referral service provided by United Way of NC. It offers a searchable database with information about resources for all 100 counties in North Carolina)

Other Assistance Available through OurJourney: Anyone returning to any county in North Carolina from any state prison is automatically eligible to participate in the OurJourney **Essential Services** program. The Essential Service programs provides one-on-one, professional assistance, including help with writing a resume, preparing for a job interview, handling stress and rejection, registering to vote, and six other essential services for those rebuilding their lives after incarceration. This program is free of charge. To learn more or to enroll, call 252-220-9516 or visit www.ourjourney2gether.com/essential-services.



OurJourney
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Rocky Mount, NC 27802