



Reentry Resource Guide for Cumberland County



2023




now with partner info!

PLEASE READ THIS FIRST!

Nothing is more frustrating these days than trying to get an actual human being to answer the phone when you call organizations for assistance. This can especially be true for government agencies. If this happens to you when contacting any of the service providers listed in this Reentry Resource Guide, remember the following:

- Try to find all the information you need on the service provider's website, which OurJourney gives for every service provider that has one. That way you won't even need to call. If the website gives an email address, you might try emailing the service provider with your non-emergency questions.
- Sometimes by pressing the zero button on your phone you can skip past the recorded message and be sent straight to a human operator.
- Know ahead of time exactly what you want to ask; have any materials you need on hand before you call (such as ID, application, etc.).
- Be patient. If you simply can't wait on hold any longer, choose the option that lets you leave a voicemail (if available).
- If you leave a voicemail, remember to state your name and phone number clearly, along with the reason for your call.
- Make sure you're available for call-back during normal business hours. If you can't be, when you leave your voicemail provide a time range for call-back.

Also remember, many people in your community need help too. So you may be placed on a waiting list for some services. OurJourney always recommends that you begin your search for assistance by contacting the One-Stop Resource Centers listed at the front of this guide. Why? Because these service providers usually have the resources and connections in the community to provide more immediate and specific help.

Agencies, organizations, ministries or businesses with a  beside their listing are close partners of OurJourney. We have verified not just their basic information but that they are dedicated to helping you rebuild your life. Make sure you mention that OurJourney sent you!

Finally, remember that your success ultimately depends on **YOU!** OurJourney encourages you not to give up if you can't find help when and how you need it. We know firsthand how frustrating it can be when things don't go the way you hope, but we also know that **the worst day in freedom is better than the best day in prison**, and that patience and perseverance are just as important to your success as the assistance you need.

© 2023 by OurJourney Media

All rights reserved. No part of this publication may be reproduced, distributed, or transmitted in any form or by any means, including photocopying, recording, or other electronic or mechanical methods, without the prior written permission of the publisher, except in the case of brief quotations embodied in critical reviews and certain other noncommercial uses permitted by copyright law. For permission requests, contact info@ourjourney2gether.org.

Picture on the front cover: "Through Observation & Experimentation" artwork (courtesy of coloroffayetteville.com)



Resource Guide - Cumberland County

The service providers listed below are for Cumberland County and surrounding areas. Agencies, organizations or businesses may be listed multiple times if they offer services in multiple categories. Agencies, organizations or businesses listed under the category “One-Stop Resource Centers” offer assistance in all or nearly all other categories. OurJourney does not endorse any of the agencies, organizations or businesses listed below, unless otherwise noted by a check mark beside the listing and/or on the Our Partners page of our website.

OurJourney has verified the accuracy of the information in this Resource Guide as of the date printed on the bottom of each page. There may be other service providers in Cumberland County not listed. Please call 252-220-9516 or email info@ourjourney2gether.org to report any discrepancies or to suggest other service providers in Cumberland County.

One-Stop Resource Centers



Fayetteville Cumberland County Reentry Council

490 N. McPherson Church Rd.
Fayetteville, NC 28303

910-912-2400
910-912-2436 (Jesse Garner)

<https://cumberlandlrc.org/>

Monday through Friday: 8:00 AM to 5:00 PM

The Fayetteville Cumberland County Reentry Council seeks to empower, support and encourage individuals with past criminal records and those reentering the community from incarceration by strengthening and utilizing resources. They want to help reduce the barriers, stigma and challenges that individuals face when transitioning home. Some of the services they provide are:

- Workforce development
- Employment assistance
- Case management
- Family support
- Health and Wellness assistance
- Transportation
- Food & Clothing
- And more!

Jessie Garner is the Director.

Assistance is free; some services provided by partner organizations may charge fees

One-Stop Resource Centers

Fayetteville Urban Ministry

701 Whitfield St.
Fayetteville, NC 28306

910-483-5944

<https://www.fayurbmin.org/>

Monday through Thursday: 9:00 AM
to 5:00 PM

Friday: 9:00 AM to 4:00 PM

Provides support for those
returning after incarceration in
several ways:

- Adult Literacy & Education
- Emergency Food Assistance
- Emergency Clothing Assistance
- Limited Financial Assistance

Assistance is free

Operation Inasmuch

531 Hillsboro St.
Fayetteville, NC 28301

910-433-2161

<https://www.faoiam.org/>

Monday through Thursday: 7:30 AM
to 4:00 PM

Friday: 7:30 AM to Noon

Operation Inasmuch is a Christian
nonprofit organization that serves
homeless and struggling people.

They provide the following:

- Free breakfast every weekday
morning
- Emergency shelter at The
Lodge, which also offers life skill
classes, group and individual
counseling.
- Able-Life on Frink Street, which
is a permanent housing program
that's offered to those who've
successfully completed the
programs offered through The
Lodge

They also offer assistance with
dental care, eye glasses, ID cards,
laundry, showers, resume
preparation and hygiene products

Assistance is free

United Way - Cumberland County

222 Maiden Lane
Fayetteville, NC 28301

910-483-1179

<https://www.unitedway-cc.org/>

Monday through Friday: 8:30 AM to
5:00 PM

Provides support to dozens of
member agency programs in
Cumberland County. In addition
to calling the number provided for
the Cumberland County office,
you can get 24-hour assistance
by calling the United Way hotline
by dialing 211.

Assistance is free;
some services provided
by partner
organizations may
charge fees

Food Resources

Salvation Army of the Sandhills

220 E Russell St.
Fayetteville, NC 28301

910-323-9769

<https://southernusa.salvationarmy.org/sandhills/>

Monday through Friday: 8:30 AM to 4:30 PM

Provides food to those in need, along with other services, such as temporary shelter (do not offer housing assistance for those convicted of sex offenses). Bring your prison ID with you to receive service. Clients will be given enough food to last several weeks which would include items like rice, beans, bread, meat, milk, eggs, cereal, fresh produce, and many non-perishable options.

Free

Operation Blessing

1337 Ramsey St.
Fayetteville, NC 28301

910-483-1119

<https://operationblessingfayetteville.com/what-we-do/>

Monday through Thursday: 9:00 AM to 3:00 PM

Provides food to those in need in Cumberland County, such as canned fruits and vegetables, rice and pasta, canned meats, breakfast foods, frozen foods. They also provide limited clothing assistance and limited financial assistance.

Free

Catholic Charities Food Pantry

726 Ramsey St., Suites 10 & 11
Fayetteville, NC 28301

910-424-2020 Ext. 2601

<https://www.catholiccharitiesraleigh.org/fayetteville-programs/>

Monday, Tuesday and Wednesday:
9:00 AM to Noon

Provides food to those in need in Cumberland County. Before your first visit, please call contact Vicky Jiménez. Food is provided curbside, meaning you won't need to leave your car.

Free

Medical / Dental Resources

Cumberland County Health Department

1235 Ramsey St.
Fayetteville, NC 28301

910-433-3600

<http://www.co.cumberland.nc.us/departments/public-health-group/public-health>

Monday through Friday: 8:00 AM to 5:00 PM

Offers assistance with a variety of basic health needs, including disease prevention and others. Also offers free HIV and other STD testing and free COVID testing and vaccinations. Will also help with referrals to other health care providers in Cumberland County.

Free



NC MedAssist

866-331-1348

medassist.org

NC MedAssist is a statewide program for those who do not have the means to buy life-saving medications to treat chronic diseases such as heart disease, diabetes, and asthma. To qualify you must live in NC, not have any insurance (not even Medicaid) and have income that is at or below 300% of the national poverty average. (To give you an example, if you live with one other person, the combined yearly income for both of you can't be more than \$54,930, or \$4,577 per month.) Visit their website to enroll or call for more information. They also have a Mobile Free Pharmacy that travels the state handing out free Over The Counter medications to anyone, no ID required.

Free for those who qualify and aren't insured

OurJourney can help you enroll in NC MedAssist's free pharmacy program! Call us 910-220-1956 to learn more.

Medical / Dental Resources



Parks Insurance

153 S. Oakland Ave.
Rock Hill SC 29730

866-932-7200

<https://parksinsured.com/>

Monday through Friday: 8:00 AM to 7:00 PM

Parks Insurance is licensed in all 50 states to offer healthcare insurance to individuals returning from prison. Through a special program called G.I.F.T. (Giving Insurance Freely for Transition), you are eligible to receive healthcare insurance with ZERO monthly payments and little, if any, deductibles. This plan covers doctor visits, medication, behavioral health, surgery, hospital stays and more. Everyone qualifies, even those with preexisting conditions.

Free

OurJourney can help you enroll in Parks Insurance's G.I.F.T. program! Call us 910-220-1956 to learn more or call Parks Insurance and speak to a representative.

Goshen Medical Center

1248 Fort Bragg Rd, Suite 200,
Fayetteville, NC 28305

910-486-6818

<https://goshenmedical.org/>

Monday through Thursday: 7:30 AM to 6:30 PM (closed for lunch from Noon to 1:00 PM)

The mission of Goshen Medical Center, Inc. is to provide access to affordable health care for all people in Cumberland County, regardless of their ability to pay. The provide medical care, dental care, prescription medication assistance, and can help you enroll in healthcare insurance through the Affordable Care Act.

Fees are on a sliding scale, or based on what you can afford to pay. Nobody is turned away because of an inability to pay.

The CARE Clinic

239 Robeson St.
Fayetteville, NC 28301

910-485-0555

<http://www.thecareclinic.org/>

Hours for making an appointment:
Monday through Thursday: 9:00 AM to 2:00 PM (Medical)
Fridays: 9:00 AM to 2:00 PM (Dental)

Provides free, quality healthcare to the low-income, uninsured adults of Cumberland. The offer:

- Basic medical care
- Dental extractions
- Laboratory tests
- Pharmacy services
- Health education
- Social services
- And more

You MUST make an appointment; they DO NOT take walk-ins.

Free to those who qualify

Mental Health & Substance Abuse Resources

Carolina Outreach

324 Person St.
Fayetteville, NC 28301

910-438-0939

<https://www.carolinaoutreach.com/fayetteville>

Monday through Friday: 8:00 AM to 5:00 PM

Offers the following services:

- Comprehensive Clinical Assessment
- Outpatient Therapy (Spanish Available)
- Group Therapy
- Psychiatric Evaluation and Medication Management
- Community Support Team
- Assertive Community Treatment team
- Substance Use Disorder Treatment (SAIOP and Basic)

Call to learn more about how to become a client.

Fees are on a sliding scale, or based on what you can afford to pay. Nobody is turned away because of an inability to pay.

Carolina Treatment Center

3427 Melrose Rd.
Fayetteville, NC 28304

910-378-3470

<https://www.ctcprograms.com/location/fayetteville-comprehensive-treatment-center/>

Office Hours:

Monday through Friday: 5:00 AM to Noon

Medicating Hours:

Monday through Friday: 5:00 AM to 11:00 AM

Saturday: 5:00 AM to 8:00 AM

Provides outpatient opioid addiction treatment to adults in the Fayetteville, North Carolina, area. They serve adults age 18 and older of all genders who are struggling with an addiction to heroin, fentanyl, prescription painkillers, or other opioids. Also has a needle exchange program.

Fees are on a sliding scale, or based on what you can afford to pay. Nobody is turned away because of an inability to pay.

Job Training / Job Placement Resources



NCWorks Career Center

490 N. McPherson Church Rd.
Fayetteville, NC 28303

910-912-2400

<https://www.ncworks.gov/>

Monday through Thursday: 8:30 AM
to 4:30 PM

Offers support for everything from Free
creating a resume and finding the
right job opportunities to
preparing clients for job
interviews. Website has links for
Finding a Job.

Vocational Rehabilitation Center

155 Eastwood Ave.
Fayetteville, NC 28301

910-486-1101

[https://www.ncdhhs.gov/divisions/
vocational-rehabilitation-services](https://www.ncdhhs.gov/divisions/vocational-rehabilitation-services)

Monday through Friday: 8:00 AM to
5:00 PM

Provides a variety of services, Free
depending on your specific
needs. They are customized to
help you find a job and offer
career counseling, education and
training, job placement assistance
and on-going support, medical
treatments and assistive
technology. Works specifically
with those who have physical,
mental or emotional disabilities.

Labor Finders

330 North Eastern Blvd., Suite 10
Fayetteville, NC 28301

910-321-7552

<https://www.laborfinders.com/>

Monday through Friday: 6:00 AM to
6:00 PM
Saturday: 6:00 AM to 10:00 AM

Temporary agency offering job Free
placement in local businesses for
clients who can pass a drug test
and have reliable transportation.
They do conduct a background
check, and some business they
work with will not hire ex-felons,
but others will.

Financial Resources



Operation HOPE

704-680-3163

<https://operationhope.org>

Monday through Friday: 8:00 AM to 5:00 PM

Helps individuals of all ages and backgrounds, including the formerly incarcerated, by offering financial education, one-on-one coaching, courses on credit score improvement, as well as pathways toward homeownership and starting a business. They have eight locations across the state of North Carolina, but since they can also provide their services over the phone, they can help you even if you don't live near one of their locations. This is a great (and totally free) program for those who want to understand how to rebuild their credit and financial life after incarceration. Call Alisha Kenny at the number provided to set up an initial appointment.

Free

Transportation Resources

Fayetteville Area System of Transit (FAST)

Main Office:
505 Franklin St.
Fayetteville, NC 28301

910-433-1747

<https://www.fayettevillenc.gov/city-services/transit>

General Services Hours:
Monday through Friday: 5:00 AM to 7:00 PM
Saturday: 6:30 AM to 7:00 PM
Sunday: 8:30 AM to 7:00
Office Hours:
Monday through Friday: 8:00 AM to 5:00 PM

Provides public bus transportation throughout Fayetteville. Visit website for information about routes and schedules.

\$1.50 per one-way trip.
A one-day pass is \$3.00.
A five-day pass is \$11.00.
A 30-day pass is \$40.00.
You can also purchase bulk passes for a discount.

Transportation Resources

Community Transportation Program (CTP)

130 Gillespie St.
Fayetteville, NC 28301

910-678-7619 (Office)

910-678-7675 (Reservations)

[https://
www.cumberlandcountync.gov/
departments/planning-group/
planning-and-inspections/fampo-
\(fayetteville-area-metropolitan-
planning-organization\)/ctp](https://www.cumberlandcountync.gov/departments/planning-group/planning-and-inspections/fampo-(fayetteville-area-metropolitan-planning-organization)/ctp)

Monday through Friday: 5:00 AM to
8:00 PM

Provides van transportation by appointment for residents of Cumberland County who live outside of Fayetteville. They will pick you up, take you to your destination in Cumberland County and return you.

You must schedule your trip no later than 24 hours before you want to be picked up.

Free to those who qualify or \$2.50 one-way

Clothing Resources

Goodwill Industries Thrift Store - Fayetteville Locations

9550 Cliffdale Rd.
Fayetteville, NC 28304
910-568-3095

3801 Raeford Rd.
Fayetteville, NC 28304
910-486-8716

<https://www.gienc.org/>

Monday through Friday: 9:00 AM to
8:00 PM

Saturday: 9:00 AM to 6:00 PM

Sunday: Noon to 6:00 PM

Offers previously-owned clothing and other items at extremely low prices. You can often find name-brand clothes in good to great condition.

Men's pants are as low as \$4.50 each, shirts as low as \$2.99 each. Other items are priced low also.

Clothing Resources

Salvation Army Family Store

433 Robeson St.
Fayetteville, NC 28301

919-764-1041

[https://
southernusa.salvationarmy.org/
sandhills/](https://southernusa.salvationarmy.org/sandhills/)

Monday through Friday: 10:00 AM to
5:00 PM

Saturday: 9:00 AM to 6:00 PM

Offers previously-owned clothing and other items at extremely low prices. You can often find name-brand clothes in good to great condition. They often provide clothing vouchers for those returning from prison, but you must ask at the front desk and be prepared to show your prison ID.

Prices vary depending on item

Nifty Thrifty

3333 N. Main St., Suite 110
Hope Mills, NC 28348

910-374-7690

Find the on Facebook at Nifty Thrifty

Monday through Saturday: 10:00 AM
to 5:00 PM

The store provides extremely affordable men's, women's and children's clothing and accessories, as well as household items, furniture, appliances and toys

Prices vary by item

Directory for Cumberland County Agencies:

Cumberland County Probation Department	412 W Russell St. Fayetteville, NC 28301	910-486-1705
Cumberland County DMV	2439 Gillespie St. Fayetteville, NC 28303	910-486-1353
	815 Elm Street Fayetteville, NC 28303	910-485-1590
Cumberland County Dpt. of Social Services	1225 Ramsey St. Fayetteville, NC 28301	910-323-1540

Directory for State and Federal Government Programs that Offer Temporary Assistance:

SNAP (Supplemental Nutrition Assistance Program): www.fns.usda.gov/snap/supplemental-nutrition-assistance-program

LIEAP (Low Income Energy Assistance): www.ncdhhs.gov/divisions/social-services/energy-assistance/low-income-energy-assistance-lieap

TANF (Temporary Assistance for Needy Families): www.ncdhhs.gov/divisions/social-services/work-first-family-assistance

Other Organizations that Offer Assistance:

The National Reentry Network for Returning Citizens is a national network comprised of individuals returning from incarceration who support each other's successful reintegration. To learn more, visit their website at <https://thenationalreentrynetwork.org/>.

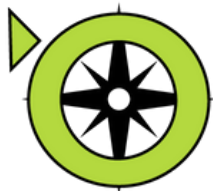
National Suicide Prevention Hotline: Dial 988 or online at www.988lifeline.org.

Felony Record Hub (an online resource with jobs, housing and reentry advice for people with criminal records): www.felonyrecordhub.com

Honest Jobs (the nation's leading job marketplace for people affected by the criminal justice system. Honest Jobs has over 300,000 job openings from 1,000+ fair-chance employers): www.honestjobs.com

NC211.org (an online information and referral service provided by United Way of North Carolina. It offers a searchable database with information about resources for all 100 counties in North Carolina)

Other Assistance Available through OurJourney: Anyone returning to any county in North Carolina from any state prison is automatically eligible to participate in the OurJourney **Essential Services** program. The Essential Service programs provides one-on-one, professional assistance, including help with writing a resume, preparing for a job interview, handling stress and rejection, smartphone training, and six other essential services for those rebuilding their lives after incarceration. This program is free of charge. To learn more or to enroll, call 704-220-9516 or visit www.ourjourney2gether.com/essential-services.



OurJourney
PO Box 2862
Rocky Mount, NC 27802