



# Reentry Resource Guide for Pender County



**2023**



*now with partner info!*

## PLEASE READ THIS FIRST!

Nothing is more frustrating these days than trying to get an actual human being to answer the phone when you call organizations for assistance. This can especially be true for government agencies. If this happens to you when contacting any of the service providers listed in this Reentry Resource Guide, remember the following:

- Try to find all the information you need on the service provider's website, which OurJourney gives for every service provider that has one. That way you won't even need to call. If the website gives an email address, you might try emailing the service provider with your non-emergency questions.
- Sometimes by pressing the zero button on your phone you can skip past the recorded message and be sent straight to a human operator.
- Know ahead of time exactly what you want to ask; have any materials you need on hand before you call (such as ID, application, etc.).
- Be patient. If you simply can't wait on hold any longer, choose the option that lets you leave a voicemail (if available).
- If you leave a voicemail, remember to state your name and phone number clearly, along with the reason for your call.
- Make sure you're available for call-back during normal business hours. If you can't be, when you leave your voicemail provide a time range for call-back.

Also remember, many people in your community need help too. So you may be placed on a waiting list for some services. OurJourney always recommends that you begin your search for assistance by contacting the One-Stop Resource Centers listed at the front of this guide. Why? Because these service providers usually have the resources and connections in the community to provide more immediate and specific help.

Agencies, organizations, ministries or businesses with a  beside their listing are close partners of OurJourney. We have verified not just their basic information but that they are dedicated to helping you rebuild your life. Make sure you mention that OurJourney sent you!

Finally, remember that your success ultimately depends on **YOU!** OurJourney encourages you not to give up if you can't find help when and how you need it. We know firsthand how frustrating it can be when things don't go the way you hope, but we also know that **the worst day in freedom is better than the best day in prison**, and that patience and perseverance are just as important to your success as the assistance you need.

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Picture on the front cover is courtesy of [www.wect.com](http://www.wect.com)



## Resource Guide - Pender County

The service providers listed below are for Pender County and surrounding areas. Agencies, organizations or businesses may be listed multiple times if they offer services in multiple categories. Agencies, organizations or businesses listed under the category “One-Stop Resource Centers” offer assistance in all or nearly all other categories. OurJourney does not endorse any of the agencies, organizations or businesses listed below, unless otherwise noted by a green check mark.

OurJourney has verified the accuracy of the information in this Resource Guide as of the date printed on the bottom of each page. There may be other service providers in Pender County not listed. Please call 252-220-9516 or email [contact@ourjourney2gether.com](mailto:contact@ourjourney2gether.com) to report any discrepancies or to suggest other service providers in Pender County.

**NOTE: Because Pender County is limited in reentry support resources, some of the resource providers listed in this guide are from neighboring counties. Your parole officer will most likely allow you to travel outside of Pender County for reentry assistance. However, you should always contact your parole officer before leaving Pender County for any reason, even to visit the reentry resource providers listed in this guide. Failure to obtain permission from your parole officer to travel outside of Pender County may result in a violation of the conditions of your post-release.**

### One-Stop Resource Centers



#### You Empower You

2291 Onslow Dr.  
Jacksonville, NC 28540

252-764-5679

Find them on Facebook at You Empower You

Monday through Friday: 9:00 AM to 5:00 PM

Provides assistance to individuals returning after incarceration in several ways, including housing referrals and mentorship. Their founder, Mike Noreski, is formerly incarcerated.

Their office is in Jacksonville but they may be able to provide assistance to individuals in Pender County.

Call for more information or to speak with Mike.

**Always contact your parole officer before leaving Pender County.**

Assistance is free; some services provided by partner organizations may charge fees

## One-Stop Resource Centers

### United Way - Cape Fear

127 Grace St.  
Wilmington, NC 28403

910-798-3900

<https://uwcfa.org/>

Monday through Friday: 9:00 AM to  
3:00 PM

Provides support to dozens of member agency programs in Pender County. In addition to calling the number provided for the Pender office, you can get assistance by calling the United Way hotline by dialing 211.

**Always contact your parole officer before leaving Pender County.**

Assistance is free; some services provided by partner organizations may charge fees

### Pender County Christian Services

210 West Freemont St.  
Burgaw, NC 28425

910-259-5840

<https://pendercountychristianservices.com/>

Monday through Friday: 8:00 AM to  
3:00 PM

Provides food, clothing, work force training, personal care assistance (hygiene), some emergency financial aid and wellness healthcare financial aid. They can also make referrals to other providers in Pender County. See **Clothing Resources** for information about their thrift store.

Assistance is free; some services provided by partner organizations may charge fees

### Four County Community Services

112 S. Dickerson St.  
Burgaw, NC 28425

910-259-3274

<https://capefearcog.org/resourceguide/four-county-community-services-pender-county/>

Monday through Friday: 8:30 AM to  
5:00 PM

Offers emergency food, emergency housing assistance, free/low cost fuel, employment assistance and help enrolling in benefit programs.

Assistance is free to those who qualify; some services provided by partner organizations may charge fees

## Food Resources

### **The 4C's Food Pantry**

15200 US Hwy 17  
Hampstead, NC 28443

910-270-0930

<http://www.4csfoodpantry.com/>

Monday, Wednesday, Thursday: 9:00  
AM to Noon

Saturday: 11:00 AM to 1:00 PM

The mission of the 4C's Food Pantry is to serve Christ by providing healthy, nutritious food to their neighbors in need in Eastern Pender County and beyond. They do this in a cheerful, welcoming, nonjudgmental environment without regard to age, race, creed, color, national origin, physical or developmental disability and with the potential of restoring dignity, health, opportunity and hope to food-insecure families and individuals. Located inside Jones Plaza.

Free

### **Gateway Community Church Food Pantry**

416 W Bridger St.  
Burgaw, NC 28425

910-200-8093

[http://gatewayccburgaw.com/  
community-outreach-ministries/](http://gatewayccburgaw.com/community-outreach-ministries/)

Monday, Wednesday, Friday: 11:00  
AM to Noon. (No arrivals before  
10:30, please.)

Provides food to those in need in  
Pender County.

Free

## Food Resources

### Share the Table

12395 NC Hwy 50  
Hampstead, NC 28443

910-616-8897

<https://sharethetablenc.com/food-programs/>

*Community Meal Hours:*  
Sunday: 4:30 PM to 6:00 PM

*Food Pantry Hours:*  
Sunday: 4:30 PM to 6:00 PM  
Tuesday, Wednesday: 10:00 AM to 2:30 PM (closed for lunch from 11:30 AM to 1:00 PM)  
Thursday: 10:00 AM to 3:30 PM (closed for lunch from 11:30 AM to 2:00 PM)

Provides food to those who are struggling with food instability, a lack of community feel, or other issues to get a good meal in a safe, comfortable environment. Some of their food programs include: Community Meals (hot meals served weekly) and a Food Panty, where families and individuals can choose their own food once a week in a grocery store setting.

Free. There are no eligibility requirements.

## Medical / Dental Resources

### Pender County Health Department

803 S. Walker St.  
Burgaw, NC 28425

15060 US Hwy 17  
Hampstead, NC 28443

910-259-1230

<https://pendercountync.gov/hhs/health-human-services/health-department/>

*Burgaw Office:*  
Monday through Friday: 7:00 AM to 5:30 PM

*Hampstead Annex:*  
Tuesday and Wednesday: 9:00 AM to 4:00 PM

This center provides treatment of acute and chronic illnesses, information on women's health issues, children's health care and immunizations, adolescent health care, school, employment and sports physical health screenings, drug testing, diagnostic laboratory, health education and counseling. The Hampstead address is an annex that offers limited services and hours of operation.

Services provided on a sliding fee scale based on income for anyone regardless of ability to pay. Also accept Medicaid, Medicare and will file private insurance

## Medical / Dental Resources

### Goshen Medical Center

5 Whiteville Town Center  
Whiteville, NC 28472

910-212-6613

<https://goshenmedical.org/locations/whiteville/>

Monday through Thursday: 7:00 AM to 6:00 PM (closed for lunch from 1:00 PM to 2:00 PM)

Provides access to healthcare regardless of your ability to pay. Sliding fee scale based on income. If patient's total household size and income results in 100% discount, there is however a nominal fee. If the patient is verifiably homeless and truly living on the street, they are only required to pay \$1.00 for services.

Call for an appointment. You will need a photo ID, proof of residency and income.

**Always contact your parole officer before leaving Pender County.**

Fee based on a sliding scale (what you can afford). They accept private insurance, Medicaid and Medicare. No one is turned away due to inability to pay for services.

### Tabor Center Dental Clinic

270 U.S. 701  
Tabor City, NC 28463

910-377-1700

<https://goshenmedical.org/locations/tabor-city-dental/>

Thursdays only: 7:00 AM to 6:00 PM (closed for lunch from 1:00 PM to 2:00 PM)

Provides access to dental care regardless of your ability to pay. Sliding fee scale based on income. If patient's total household size and income results in 100% discount, there is however a nominal fee. If the patient is verifiably homeless and truly living on the street, they are only required to pay \$1.00 for services.

Call for an appointment. You will need a photo ID, proof of residency and income.

This is a Goshen Medical Center.

**Always contact your parole officer before leaving Pender County.**

Fee based on a sliding scale (what you can afford). They accept private insurance, Medicaid and Medicare. No one is turned away due to inability to pay for services.

## Medical / Dental Resources

### CommWell Health of Penderlea

5531 Eleanor Roosevelt Lane  
Willard, NC 28478

910-567-6194  
877-935-5355 (Appointments)

<https://commwellhealth.org/locations/commwell-health-of-penderlea/>

*Medical and Dental Hours:*  
Monday, Tuesday, Thursday: 8:00 AM to 5:30 PM  
Wednesday: 8:00 AM to 5:00 PM

Provides culturally sensitive, linguistically appropriate, full life cycle primary, preventative, behavioral, and dental health care and enabling and care coordination/health coach services, regardless of one's ability to pay.

Fee based on a sliding scale (what you can afford). They accept private insurance, Medicaid and Medicare. No one is turned away due to inability to pay for services.

### Cape Fear HealthNet

1601 Doctors Circle  
Wilmington, NC 28401

910-399-2751

<https://www.capefearhealthnet.org/>

Monday through Friday: 8:30 AM to 5:30 PM

Provides a broad range of effective, evidence-based substance use, mental health, crisis intervention, justice, and wellness services to persons in need, including prescription medication refill. Specializes in helping those who are uninsured. **Always contact your parole officer before leaving Pender County.**

Fee based on a sliding scale (what you can afford)



## Medical / Dental Resources



### NC MedAssist

866-331-1348

<https://medassist.org/>

NC MedAssist is a statewide program for those who do not have the means to buy life-saving medications to treat chronic diseases such as heart disease, diabetes, and asthma. To qualify you must live in NC, not have any insurance (not even Medicaid) and have income that is at or below 300% of the national poverty average. (To give you an example, if you live with one other person, the combined yearly income for both of you can't be more than \$54,930, or \$4,577 per month.) Visit their website to enroll or call for more information. They also have a Mobile Free Pharmacy that travels the state handing out free Over The Counter medications to anyone, no ID required.

Free for those who qualify and aren't insured

**OurJourney can help you enroll in NC MedAssist's free pharmacy program! Call us 252-220-1956 to learn more.**



### Parks Insurance

153 S. Oakland Ave.  
Rock Hill SC 29730

866-932-7200

<https://parksinsured.com/>

Monday through Friday: 8:00 AM to 7:00 PM

Parks Insurance is licensed in all 50 states to offer healthcare insurance to individuals returning from prison. Through a special program called G.I.F.T. (Giving Insurance Freely for Transition), you are eligible to receive healthcare insurance with ZERO monthly payments and little, if any, deductibles. This plan covers doctor visits, medication, behavioral health, surgery, hospital stays and more. Everyone qualifies, even those with preexisting conditions.

Free (or low-cost, depending on job situation)

**OurJourney can help you enroll in Parks Insurance's G.I.F.T. program! Call us 252-220-1956 to learn more or call Parks Insurance and speak to a representative.**

## Mental Health & Substance Abuse Resources



### Coastal Horizons

309 Progress Dr.  
Burgaw, NC 28425

910-259-0668  
800-672-2903 (24-Hr. Crisis Hotline)

<https://coastalhorizons.org/>

Monday through Friday: 8:00 AM to 5:00 PM

Provides a broad range of effective, evidence-based substance use, mental health, crisis intervention, justice, and wellness services to persons in need, including prescription medication refill. Call to set up an appointment and to register for assistance.

Fee based on a sliding scale (what you can afford). No one is turned away due to inability to pay for services.

### A Helping Hand of Wilmington

5013 Wrightsville Ave.  
Wilmington, NC 28403

910-796-6868

<https://www.ahelpinghandofwilmington.com>

Monday through Friday: 8:00 AM to 5:00 PM

*Telehealth Services*

Monday, Wednesday, Friday from 9:00 AM to Noon

Offers comprehensive mental health services, including mental health screening, mental health medication refills and counseling. **Always contact your parole officer before leaving Pender County.**

Fees are on a sliding scale (based on what you can afford). No one is turned away due to inability to pay for services.

## Mental Health & Substance Abuse Resources

### Christian Recovery Center

520 Mulberry St.  
Shallotte, NC 28470

910-287-4357

<https://crcirecovery.org/>

Monday through Friday: 8:00 AM to  
5:00 PM

Christian Recovery Centers, located in neighboring Brunswick County, is a nonprofit drug and alcohol recovery center serving those suffering from and voluntarily seeking assistance for a substance abuse issue. They are not a detox center and there are some medications they won't accommodate. They cannot provide assistance to men on the NC Sex Offender Registry. Their program includes one to two months living there and getting used to rules. After that the residents work on campus or in community service. Celebration Recovery is provided. Fill out an application online or call and they will take your information.  
**Always contact your parole officer before leaving Pender County.**

Free to those who qualify

## Job Training / Job Placement Resources



### NCWorks Career Center

904 S Walker St., Suite A  
Burgaw, NC 28425

910-945-6900

<https://www.ncworks.gov>

Monday through Friday: 8:00 AM to  
5:00 PM

Offers support for everything from creating a resume and finding the right job opportunities to preparing clients for job interviews. Website has links for Finding a Job.

Free

## Job Training / Job Placement Resources

### Vocational Rehabilitation

3340 Jaeckle Dr., Suite 210  
Wilmington, NC 28403

910-251-5710

<https://capefearcog.org/resourceguide/vocational-rehabilitation/>

Monday through Friday: 8:00 AM to 5:00 PM

Provides a variety of services, depending on your specific needs. They are customized to help you find a job and offer career counseling, education and training, job placement assistance and on-going support, medical treatments and assistive technology. Works specifically with those who have physical, mental or emotional disabilities. Their main office is in Wilmington, but they provide support and services for residents of Pender County.

Free

**Always contact your parole officer before leaving Pender County.**



### StepUp Wilmington

20 North 4th Street, Suite 430  
Wilmington, NC 28401

910-343-8469

<https://www.stepupwilmington.org/>

Monday through Friday: 8:30 AM to 4:30 PM

Offers personalized services to those returning from prison, including resume-writing assistance, advice on how to explain your criminal record, career coaching, access to computers, help with interviewing skills and job placement services. Those who complete the initial 6-day training program receive \$250. Those who work a job for 30 days receive a \$500 bonus. Will work with those who prefer not to go through their program.

Free

**Always contact your parole officer before leaving Pender County.**

## Job Training / Job Placement Resources

### Carolina Staffing Solutions

1727 S. Madison St., Whiteville, NC 28742

910-641-0031

<https://carostaff.com/>

*Office Hours:*

Monday through Friday: 8:00 AM to 5:00 PM

*Walk-in Hours:*

Monday through Friday: 8:00 AM to 11:00 AM and 1:00 PM to 4:00 PM

Temporary agency offering job placement in local businesses for clients who can pass a drug test and have reliable transportation. They do conduct a background check, and some business they work with will not hire ex-felons, but others will. Also offer day-labor jobs.

**Always contact your parole officer before leaving Pender County.**

Free

## Financial Resources



### Operation HOPE

704-680-3163

<https://operationhope.org>

Monday through Friday: 8:00 AM to 5:00 PM

Helps individuals of all ages and backgrounds, including the formerly incarcerated, by offering financial education, one-on-one coaching, courses on credit score improvement, as well as pathways toward homeownership and starting a business.

They have eight locations across the state of North Carolina, but since they can also provide their services over the phone, they can help you even if you don't live near one of their locations.

This is a great (and totally free) program for those who want to understand how to rebuild their credit and financial life after incarceration.

Call Alisha Kenny at the number provided to set up an initial appointment.

Free

## Financial Resources



### Stretch Financial

877-275-4115

<https://www.stretch.money/>

Monday through Friday: 10:00 AM to 6:00 PM

Offers a free financial account for people returning from prison with features and functionality similar to traditional banks. A Stretch account comes with a MasterCard Debit Card, free direct deposit and customer service to answer any questions you might have. You can even open an account without having any money, so that as soon as you find a job you'll have a financial account already in place. Best of all, you can use your prison ID to open the account. All you'll need is your Social Security number, a physical address so they can mail your debit card and an active email address. They will also ask for your legal name, date of birth and phone number (if you have one). To apply, visit their website, scroll down and click on the "Learn More" button under **Justice-Involved**. Please note: This account does not come with a credit card but with a debit card. A debit card allows you to pay for services and withdraw money using funds already in your account.

There are no fees to open or maintain an account

## Transportation Resources

### **PAS-TRAN**

*Main Office:*  
901 S Walker St.  
Burgaw, NC 28425  
910-259-9119

<https://www.penderpas.com/transportation.html>

*Transportation Hours*  
Monday through Friday: 6:00 AM to 6:00 PM

Provides van transportation to Pender County residents. They pick you up and drop you off. You must make a reservation for pickup at least 48 hours before you want to be picked up. They cannot provide pickup services to every location, so call to find out if they come to your location.

\$6 roundtrip within the country; \$18 each way out of country for those under age 63, \$6 roundtrip for those 63 and over

## Clothing Resources

### **Have to Have it Thrift Shoppe**

16525 US 17 North  
Hampstead, NC 28443  
910-270-1413

Find them on Facebook at Have to Have it Thrift Shoppe

Monday through Friday: 10:00 AM to 5:00 PM  
Saturday: 10:00 AM to 4:00 PM

Offers previously-owned clothing, decor, kitchenware, linens, toys, small furniture, electronics, books, and more, all at reduced prices.

Prices vary by item.

### **Hampstead Women's Club Thrift Shop**

14435 US 17  
Hampstead, NC 28443  
910-270-9510

<https://www.hampsteadwomensclub.com/>

Monday, Tuesday, Thursday, Friday,  
Saturday: 9:00 AM to 3:00 PM

Offers new and gently used clothing, furniture, baby items, housewares, home décor that has been donated from the local community. Proceeds from the store are donated back to local schools, food banks, senior centers, and in the form of sponsorships and scholarships.

Prices vary by item.

## Clothing Resources

### **Pender County Christian Services Second Blessings Thriftique**

210 West Freemont St.  
Burgaw, NC 28425

910-259-5840

[https://  
pendercountychristianservices.com/](https://pendercountychristianservices.com/)

Monday, Tuesday, Thursday, Friday,  
Saturday: 9:00 AM to 3:00 PM

Offers clothing, books, knick-knacks, glassware, dinnerware, jewelry, toys, wall decor, home goods, and more at very minimal prices.

Prices vary by item.



### **Directory for Pender County Agencies:**

Pender County Probation Department	310 W. Williams St. Burgaw, NC 28425	910-259-2873
Pender County DMV	781 US 117 Burgaw, NC 28425	910-259-2799
Pender County Dpt. of Social Services	810 S Walker St. Burgaw, NC 28425	910-259-1240

### **Directory for State and Federal Government Programs that Offer Temporary Assistance:**

SNAP (Supplemental Nutrition Assistance Program): [www.fns.usda.gov/snap/supplemental-nutrition-assistance-program](http://www.fns.usda.gov/snap/supplemental-nutrition-assistance-program)

LIEAP (Low Income Energy Assistance): [www.ncdhhs.gov/divisions/social-services/energy-assistance/low-income-energy-assistance-lieap](http://www.ncdhhs.gov/divisions/social-services/energy-assistance/low-income-energy-assistance-lieap)

TANF (Temporary Assistance for Needy Families): [www.ncdhhs.gov/divisions/social-services/work-first-family-assistance](http://www.ncdhhs.gov/divisions/social-services/work-first-family-assistance)

### **Other Organizations that Offer Assistance:**

The National Reentry Network for Returning Citizens is a national network comprised of individuals returning from incarceration who support each other's successful reintegration. To learn more, visit their website at <https://thenationalreentrynetwork.org/>.

National Suicide Prevention Hotline: Dial 988 or online at [www.988lifeline.org](http://www.988lifeline.org).

Felony Record Hub (an online resource with jobs, housing and reentry advice for people with criminal records): [www.felonyrecordhub.com](http://www.felonyrecordhub.com)

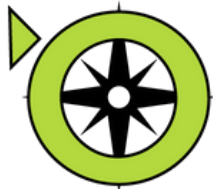
Honest Jobs (the nation's leading job marketplace for people affected by the criminal justice system. Honest Jobs has over 300,000 job openings from 1,000+ fair-chance employers): [www.honestjobs.com](http://www.honestjobs.com)

Veterans Resources in Pender County (for all military veterans): 910-259-1203 or online at <https://pendercountync.gov/va/>

[NC211.org](http://NC211.org) (an online information and referral service provided by United Way of North Carolina. It offers a searchable database with information about resources for all 100 counties in North Carolina)

### **Other Assistance Available through OurJourney:**

Anyone returning to any county in North Carolina from any state prison is automatically eligible to participate in the OurJourney **Essential Services** program. The Essential Service programs provides one-on-one, professional assistance, including help with writing a resume, preparing for a job interview, handling stress and rejection, registering to vote, and six other essential services for those rebuilding their lives after incarceration. This program is free of charge. To learn more or to enroll, call 704-220-9516 or visit [www.ourjourney2gether.com/essential-services](http://www.ourjourney2gether.com/essential-services).



**OurJourney**  
**PO Box 2862**  
**Rocky Mount, NC 27802**