

Reentry Resource Guide for Washington County









PLEASE READ THIS FIRST!

Nothing is more frustrating these days than trying to get an actual human being to answer the phone when you call organizations for assistance. This can especially be true for government agencies. If this happens to you when contacting any of the service providers listed in this Reentry Resource Guide, remember the following:

- Try to find all the information you need on the service provider's website, which OurJourney gives for every service provider that has one. That way you won't even need to call. If the website gives an email address, you might try emailing the service provider with your non-emergency questions.
- Sometimes by pressing the zero button on your phone you can skip past the recorded message and be sent straight to a human operator.
- Know ahead of time exactly what you want to ask; have any materials you need on hand before you call (such as ID, application, etc.).
- Be patient. If you simply can't wait on hold any longer, choose the option that lets you leave a voicemail (if available).
- If you leave a voicemail, remember to state your name and phone number clearly, along with the reason for your call.
- Make sure you're available for call-back during normal business hours. If you can't be, when you leave your voicemail provide a time range for call-back.

Also remember, many people in your community need help too. So you may be placed on a waiting list for some services. OurJourney always recommends that you begin your search for assistance by contacting the One-Stop Resource Centers listed at the front of this guide. Why? Because these service providers usually have the resources and connections in the community to provide more immediate and specific help.

Agencies, organizations, ministries or businesses with a Selection beside their listing are close partners of OurJourney. We have verified not just their basic information but that they are dedicated to helping you rebuild your life. Make sure you mention that OurJourney sent you!

Finally, remember that your success ultimately depends on **YOU**! OurJourney encourages you not to give up if you can't find help when and how you need it. We know firsthand how frustrating it can be when things don't go the way you hope, but we also know that **the worst day in freedom is better than the best day in prison**, and that patience and perseverance are just as important to your success as the assistance you need.

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Resource Guide - Washington County

The service providers listed below are for Washington County and surrounding areas. Agencies, organizations or businesses may be listed multiple times if they offer services in multiple categories. Agencies, organizations or businesses listed under the category "One-Stop Resource Centers" offer assistance in all or nearly all other categories. Our Journey does not endorse any of the agencies, organizations or businesses listed below, unless otherwise noted by a check mark beside the listing.

OurJourney has verified the accuracy of the information in this Resource Guide as of the date printed on the bottom of each page. There may be other service providers in Washington County not listed. Please call 252-220-9516 or email <u>contact@ourjourney2gether.com</u> to report any discrepancies or to suggest other service providers in Washington County.

NOTE: Washington County is limited in reentry support resources, which is why some of the resource providers listed in this guide are from neighboring counties. Your parole officer will most likely allow you to travel outside of Washington County for reentry assistance. However, you should always contact your parole officer before leaving Washington County for any reason, even to visit the reentry resource providers listed in this guide. Failure to obtain permission from your parole officer to travel outside of Washington County may result in a violation of the conditions of your post-release.

One-Stop Resource Centers

North Carolina ePASS

https://epass.nc.gov/

North Carolina ePASS is a new online way to apply for Benefits and services as a resident of the state. It is made available by the NC Department of Health and Human Services. You can apply for Food & Nutrition Services, apply for Energy Assistance, register to vote (if eligible) and apply for other state services. You will need to set up an account first and you must have an active email account. You will also need a photo ID and your birth certificate to set up an account.

Setting up an account is free. To qualify for benefits, you must meet certain guidelines.

One-Stop Resource Centers

The Salvation Army of Washington

112 E. 7th St. Washington, NC 27889

252-946-2523

https:// southernusa.salvationarmy.org/ washington/

Tuesday through Saturday: 10:00 AM to 4:00 PM

Beaufort County United Way

113 East 15th St. Washington, NC 27889

252-975-6209

https://www.unitedwaybc.net/

Monday through Friday: 9:00 AM to 5:00 PM

Provides a wide variety of services, including Disaster Relief, Shelter, Food, Rent and Utility Assistance, and Clothing.

Assistance is free; some services provided by partner organizations may charge fees

Provides support to dozens of member agency programs in Pitt County. In addition to calling the number provided for the Pitt County office, you can get 24hour assistance by calling the United Way hotline by dialing 211. The address provided is for the main office in Beaufort County, which also services Washington County. Always contact your parole officer before leaving Washington County. Assistance is free; some services provided by partner organizations may charge fees

Catholic Charities - Tar River Region

Holy Family Catholic Church 1453 North Road St. Elizabeth City, NC 27909

252-426-7717

https:// www.catholiccharitiesraleigh.org/ albemarle-about/

Monday, Wednesday, Friday: 8:30 AM to 3:00 PM Provides healthy food and rent/ utility assistance to Individuals and families in Washington County. They provide clients with electronic monthly food cards. These can be used to purchase sanitary, hygiene, and food products. To determine eligibility, please call. No walk-ins. People seeking assistance with food will also be screened for other needs which Catholic Charities can either address, or make a referral to a community partner. Always contact your parole officer before leaving Washington County.

Assistance is free; some services provided by partner organizations may charge fees

One-Stop Resource Centers



Recidivism Reduction Educational Programs Services, Inc. (RREPS)

https://rreps.net/

Founded by formerly incarcerated activist Kerwin Williams, RREPS provides support to individuals returning after incarceration. RREPS can help you obtain proper identification from various state and federal agencies. Through their Transitional Partners (TP) program, they may be able to connect you with a formerly incarcerated person in your area who can help you navigate reentry. To request assistance, visit the

Io request assistance, visit the RREPS website, click on the "About" tab, then click on "Contact" and fill out the form with your information. For the field labeled "Focus Area," select "Recidivism Reduction" from the dropdown menu. For the field labeled "Subject", enter "Need Help" and for the field labeled "Message" enter whatever you'd like to say about your current situation. Then click on "Submit". Kerwin and his team will respond to your message within 24 hours. Assistance is free; some services provided by partner organizations may charge fees

Food Resources

Good Shepherd Food Pantry of Bertie County

819 Governors Rd. Windsor, North Carolina 27983

252-794-1095

https://goodshepherdfoodpantry.org/

Second and third Saturdays of each month: 10:00 AM to 1:00 PM Every fourth Thursday: 10:00 AM to Noon Provides free food to residents of Free Bertie County over the age of 18. You must bring a utility bill as proof of residence. They offer a variety of food items and most are local farm fresh fruits & vegetables, meats, nonperishable canned goods, juices, and pastries and bread items. Always contact your parole officer before leaving Washington County.

Food Resources

Faith Community Outreach

301 South Front St. Hamilton, NC 27840

Wednesday: 7:00 AM to 8:00 AM

302 N. Grimes St. Robersonville, NC 27871

Tuesday and Thursday: 5:00 PM to 6:00 PM Saturday: Noon to 1:00 PM

252-377-3122 252-717-9600

https:// www.robersonvillehousing.com/onsite-food-pantry/ Provides food assistance through Free their hunger relief program. They also provide community resources and educational programs to those in need. Bring ID (prison ID accepted). Call ahead to be sure they are open. Located Inside the Morris Lynch Community Center. Always contact your parole officer before leaving Washington County.

Bertie Mobile Food Pantry

221 Wynns Grove Church Rd. Colerain, NC 27924

252-335-4035

https://afoodbank.org/get-help/ mobile-food-pantries/

Third Thursday of each month: 4:30 PM to 6:00 PM

Provides food to Bertie County residents. Located in the parking lot of the Greater Wynns Grove Church. Always contact your parole officer before leaving Washington County. Assistance is free

Medical / Dental Resources

Martin-Tyrell-Washington District Health

210 West Liberty St. Williamston, NC 27892

252-793-3023 888-388-9208 (After Hours - Clinic/ Dental)

https://mtwdistricthealth.org/

Monday through Friday: 8:00 AM to 5:00 PM

Offers assistance with a variety of basic health needs, including disease prevention and others. Also offers free HIV and other STD testing and free COVID testing and vaccinations. Will also help with referrals to other health care providers in Washington County.

Always contact your parole officer before leaving Washington County. Offers Clinical Services on a sliding fee scale based on income for anyone regardless of ability to pay. They also accept Medicaid, Medicare and private insurances.

Medical / Dental Resources

Agape Health Services

1130 Godwin Dr. Williamston, NC 27892

Medical: 252-789-0401 Dental: 252-802-3013 Pharmacy: 252-802-3066

https://www.agapechc.org/

Medical: Mondays through Friday: 8:00 AM to 5:00 PM Dental: Wednesday: 8:00 AM to 5:00 PM Pharmacy: Mondays through Friday: 8:30 AM to 5:30 PM

(The location is closed for lunch from Noon to 1:00 PM daily.)



NC MedAssist

866-331-1348

medassist.org

Agape Health Services offers the following services:

- Primary healthcare
- Dental
- On-site pharmacy
- Medication Assistance Treatment (MAT)
- Drug treatment

• Alcohol and smoking cessation Bring ID, Social Security Card, proof of income and proof of insurance or Medicaid (if available).

Your Parole Office may be able to help you with these documents. Must fill out an application and be approved for services. Always contact your parole officer before leaving Washington County.

NC MedAssist is a statewide program for those who do not have the means to buy life-saving medications to treat chronic diseases such as heart disease. diabetes, and asthma. To qualify you must live in NC, not have any insurance (not even Medicaid) and have income that is at or below 300% of the national poverty average. (To give you an example, if you live with one other person, the combined yearly income for both of you can't be more than \$54,930, or \$4,577 per month.) Visit their website to enroll or call for more information. They also have a Mobile Free Pharmacy that travels the state handing out free Over The Counter medications to anyone, no ID required.

They offer reduced fees for the uninsured based on income, family size and federally determined percentage of "Poverty Levels." Accepts Medicare, Medicaid and most insurance.

Free for those who qualify and aren't insured

OurJourney can help you enroll in NC MedAssist's free pharmacy program! Call us 252-220-1956 to learn more.

Medical / Dental Resources



Parks Insurance

153 S. Oakland Ave. Rock Hill SC 29730

866-932-7200

https://parksinsured.com/

Monday through Friday: 8:00 AM to 7:00 PM

Parks Insurance is licensed in all 50 states to offer healthcare insurance to individuals returning from prison. Through a special program called G.I.F.T. (Giving Insurance Freely for Transition), you are eligible to receive healthcare insurance with ZERO monthly payments and little, if any, deductibles. This plan covers doctor visits, medication, behavioral health, surgery, hospital stays and more. Everyone qualifies, even those with preexisting conditions.

Free

OurJourney can help you enroll in Parks Insurance's G.I.F.T. program! Call us 252-220-1956 to learn more or call Parks Insurance and speak to a representative.

Mental Health & Substance Abuse Resources

Port Health - Greenville Methadone Program

501 Paladin Dr. Greenville, NC 27834

252-353-5346 866-488-7678 (Crisis Line)

https://www.porthealth.org/ treatment/adult-services/alcoholsubstance-usetreatment/medicationassisted-therapy

Everyday: 6:00 AM to 5:00 PM

The Greenville Methadone Clinic believes that Medication Assisted Therapy (MAT) is most effective when it is administered in conjunction with comprehensive therapeutic services. The combination of these two treatments creates better outcomes for the patient, such as increased independence and greater integration back into their family and the community. **Always contact your parole officer before leaving Washington County.** Fees are on a sliding scale, or based on what you can afford to pay. Nobody is turned away because of an inability to pay.

Mental Health & Substance Abuse Resources

Agape Health Services

1130 Godwin Dr. Williamston, NC 27892

252-789-0401

https://www.agapechc.org/

Mondays through Friday: 8:00 AM to 5:00 PM (Closed for lunch from Noon to 1:00 PM daily.)

Agape Health Services offers the following services:

- Medication Assistance
 Treatment (MAT)
- Opioid Use Disorder treatment
- Alcohol and smoking cessation
- Individual counseling

Bring ID, Social Security Card, proof of income and proof of insurance or Medicaid (if available).

Your Parole Office may be able to help you with these documents. Must fill out an application and be approved for services. Always contact your parole officer before leaving Washington County. They offer reduced fees for the uninsured based on income, family size and federally determined percentage of "Poverty Levels." Accepts Medicare, Medicaid and most insurance.

The HOPE Exchange

Fixed Site: 817 East Blvd. Suite 1B Williamston, NC 27892

Mobile Delivery Site: 200 Greene St. Williamston, NC 27892

252-310-0017 or 252-793-1607

Find them on Facebook at The HOPE Exchange



Mental Health America

800-969-6642

https://www.mhanational.org/

https://screening.mhanational.org/ screening-tools/ They properly dispose of used needles, provide sterile syringes, naloxone, fentanyl test strips, HIV and HepC testing, personal hygiene supplies, information about treatment options, all in a safe, judgement-free place. Call for details about their hours and mobile delivery schedule. Ask for Yerlin Villegas. The HOPE Exchange is part of the Martin-Tyrell-Washington District Health Center. Always contact your parole officer before leaving Washington County.

Provides free mental health screening, which is the quickest and easiest way to determine whether you are experiencing symptoms of a mental health condition.

To take the free and confidential mental health screening, visit their website or scan the QR code to the right with your smartphone.



mhascreening.org

Free

Mental Health & Substance Abuse Resources

DREAM Provider Care Services, Inc.

216 Stewart Parkway Washington, NC 27889

252-946-0585

https:// www.dreamprovidercare.com/

Monday, Wednesday and Friday: 8:00 AM to 8:00 PM Tuesday and Thursday: 8:00 AM to 7:00 PM Saturday: 9:00 AM to 5:00 PM Offers treatment for individuals with alcohol and/or substance addiction. The program includes life skills education, group therapy, individual counseling, family support and more. Always contact your parole officer before leaving Washington County.

Fee based on a sliding scale (what you can afford).

Prevention Point Program

1436 Highland Dr. Washington, NC 27889

252-940-5093

https://co.beaufort.nc.us/403/ Prevention-Point-Program

Monday through Friday: 8:00 AM to 5:00 PM

Discreetly provides syringes, safe Free injection equipment, Narcan/ Naloxone, and educational materials. They also collect used syringes, diabetic needles and hormone needles and provide treatment or care referrals. Always contact your parole officer before leaving Washington County.

Job Training / Job Placement Resources

NCWorks Career Center

1502 N. Market St. Washington, NC 27889

252-940-0900

https://www.ncworks.gov/

Monday through Friday: 8:30 AM to 4:30 PM

Offers support for everything from Free creating a resume and finding the right job opportunities to preparing clients for job interviews. Website has links for Finding a Job. **Always contact your parole officer before leaving Washington County.**

Job Training / Job Placement Resources

Vocational Rehabilitation

953 Washington Square Mall Washington, NC 27889

252-623-5430

https://www.ncdhhs.gov/divisions/ vocational-rehabilitation-services

Monday through Friday: 8:00 AM to 5:00 PM

Provides a variety of services, depending on your specific needs. They are customized to help you find a job and offer career counseling, education and training, job placement assistance and on-going support, medical treatments and assistive technology. Works specifically with those who have physical, mental or emotional disabilities. Always contact your parole officer before leaving Washington County.

Professional Staffing Solutions

2289 W 5th St., Suite 200 Washington, NC 27889

252-940-0700

https://prostaffingsolution.com/

Monday through Friday: 8:00 AM to 5:00 PM

Offers temporary to permanent job placement from clerical to construction jobs. Must consent to a background check. Drug screening may be required. Call for an appointment or apply online. No walk ins. Always contact your parole officer before leaving Washington County. Free

Free

Financial Resources

Operation HOPE

704-680-3163

https://operationhope.org

Monday through Friday: 8:00 AM to 5:00 PM

Helps individuals of all ages and backgrounds, including the formerly incarcerated, by offering financial education, one-on-one coaching, courses on credit score improvement, as well as pathways toward homeownership and starting a business. They have eight locations across the state of North Carolina, but since they can also provide their services over the phone, they can help you even if you don't live near one of their locations. This is a great (and totally free) program for those who want to understand how to rebuild their credit and financial life after incarceration. Call Alisha Kenny at the number provided to set up an initial appointment.



877-275-4115

https://www.stretch.money/

Monday through Friday: 10:00 AM to 6:00 PM

Offers a free financial account for people returning from prison with features and functionality similar to traditional banks. A Stretch account comes with a MasterCard Debit Card, free direct deposit and customer service to answer any questions you might have. Best of all, you can use your prison ID to open the account. All you'll need is your Social Security number, a physical address so they can mail your debit card and an active email address. They will also ask for your legal name, date of birth and phone number (if you have one). To apply, visit their website, scroll down and click on the "Learn More" button under Justice-Involved.

There are no fees to open or maintain an account

Free

ourjourney2gether.com

Transportation Resources

Riverlight Transportation

Office: 209 East Main St. Plymouth, NC 27962

252-793-4041 (Extension 255 to schedule ride)

https://washconc.org/riverlight-transit/

Office and Service Hours: Monday through Friday: 8:00 AM to 4:30 PM

Riverlight Transit has eight vehicles in its fleet. The system has five light-transit vehicles which are lift-equipped, two 12passenger lift-equipped vehicles, and one minivan. **Riverlight Transit operates five** vehicles, Monday through Friday, between the hours of 8:00 AM and 4:30 PM. The system provides medical, nutrition, recreation, shopping, educational, human service, and general public transportation services. Both in-county and out-of-county transportation services are available. Some in-county and out-of-county destinations include:

Plymouth

- Roper
- Creswell
- Williamston
- Edenton
- · Elizabeth City
- Greenville
- Washington

See website for more information on routes, fares, and schedules, or call to schedule a trip.

Clothing Resources

Goodwill Industries -Washington

630 West 15th St. Washington, NC 27889

252-975-3162

https://www.gienc.org/store/ washington

Monday through Friday: 9:00 AM to 8:00 PM Saturday: 9:00 AM to 6:00 PM Sunday: Noon to 6:00 PM Offers previously-owned clothing and other items at extremely low prices. You can often find namebrand clothes in good to great condition. **Always contact your parole**

officer before leaving Washington County. Men's pants are as low as \$4.50 each, shirts as low as \$2.99 each. Other items are priced low also.

General Public Fare Fee is \$1 to \$15 depending on destination

Clothing Resources

This and That Thrift Store

1220 US Highway 64 W Plymouth, NC 27962

252-741-0178

Find them on Facebook at This and That Thrift Store

Monday through Friday: 10:00 AM to 4:00 PM Saturday: 9:00 AM to 5:00 PM

Salvation Army Thrift Store

112 E. 7th St. Washington, NC 27889

252-946-2523

https:// southernusa.salvationarmy.org/ washington/

Monday through Friday: 9:00 AM to 5:00 PM Saturday: 10:00 AM to 4:00 PM

Twice as Nice Consignment

Shop

105 W Main St. Washington, NC 27889

252-975-8133

Find them on Facebook at Twice As Nice Consignment Shop

Tuesday and Wednesday: Noon to 5:00 PM Thursday through Saturday: 10:30 AM to 5:00 PM

Offers previously-owned clothing and other items at extremely low prices.

Price varies by item

Price varies by item

and other items at extremely low prices. You can often find namebrand clothes in good to great condition. They often provide clothing vouchers for those returning from prison, but you must ask at the front desk and be prepared to show your prison ID. Always contact your parole officer before leaving Martin County.

Offers previously-owned clothing

and other items at extremely low

Always contact your parole officer before leaving Martin

prices.

County.

Offers previously-owned clothing

Price varies by item

ourjourney2gether.com

Directory for Washington County Agencies:

Washington County Probation Department	202 E Water St. Plymouth, NC 27962	252-793-3021
Bertie County DMV Always contact your parole officer before leaving Washington County.	1821 Carolina Ave. Washington, NC 27889	252-946-3995
Washington County Dpt. of Social Services	209 E Main St. Plymouth, NC 27962	252-793-4041

Directory for State and Federal Government Programs that Offer Temporary Assistance:

SNAP (Supplemental Nutrition Assistance Program): <u>www.fns.usda.gov/snap/supplemental-nutrition-assistance-program</u>

LIEAP (Low Income Energy Assistance): <u>www.ncdhhs.gov/divisions/social-services/energy-assistance/low-income-energy-assistance-lieap</u>

TANF (Temporary Assistance for Needy Families): <u>www.ncdhhs.gov/divisions/social-services/</u> work-first-family-assistance

Other Organizations that Offer Assistance:

The National Reentry Network for Returning Citizens is a national network comprised of individuals returning from incarceration who support each other's successful reintegration. To learn more, visit their website at <u>https://thenationalreentrynetwork.org/</u>.

National Suicide Prevention Hotline: Dial 988 or online at www.988lifeline.org.

Felony Record Hub (an online resource with jobs, housing and reentry advice for people with criminal records): <u>www.felonyrecordhub.com</u>

Honest Jobs is the nation's leading job marketplace for people affected by the criminal justice system. Honest Jobs has over 300,000 job openings from 1,000+ fair-chance employers: <u>www.honestjobs.com</u>

Veterans Resources in Washington County (for all military veterans): 919-664-1015 (Keith Kuhn) or online at <u>https://washconc.org/veterans-services/</u>

<u>NC211.org</u> (an online information and referral service provided by United Way of North Carolina. It offers a searchable database with information about resources for all 100 counties in North Carolina)

Other Assistance Available through OurJourney: Anyone returning to any county in North Carolina from any state prison is automatically eligible to participate in the OurJourney **Essential Services** program. The Essential Service programs provides one-on-one, professional assistance, including help with writing a resume, preparing for a job interview, handling stress and rejection, smartphone training, and six other essential services for those rebuilding their lives after incarceration. This program is free of charge. To learn more or to enroll, call 704-220-9516 or visit <u>www.ourjourney2gether.com/essential-services</u>.



OurJourney PO Box 2862 Rocky Mount, NC 27802