

Reentry Resource Guide for Lincoln County









PLEASE READ THIS FIRST!

Nothing is more frustrating these days than trying to get an actual human being to answer the phone when you call organizations for assistance. This can especially be true for government agencies. If this happens to you when contacting any of the service providers listed in this Reentry Resource Guide, remember the following:

- Try to find all the information you need on the service provider's website, which OurJourney gives for every service provider that has one. That way you won't even need to call. If the website gives an email address, you might try emailing the service provider with your non-emergency questions.
- Sometimes by pressing the zero button on your phone you can skip past the recorded message and be sent straight to a human operator.
- Know ahead of time exactly what you want to ask; have any materials you need on hand before you call (such as ID, application, etc.).
- Be patient. If you simply can't wait on hold any longer, choose the option that lets you leave a voicemail (if available).
- If you leave a voicemail, remember to state your name and phone number clearly, along with the reason for your call.
- Make sure you're available for call-back during normal business hours. If you can't be, when you leave your voicemail provide a time range for call-back.

Also remember, many people in your community need help too. So you may be placed on a waiting list for some services. OurJourney always recommends that you begin your search for assistance by contacting the One-Stop Resource Centers listed at the front of this guide. Why? Because these service providers usually have the resources and connections in the community to provide more immediate and specific help.

Agencies, organizations, ministries or businesses with a Selection beside their listing are close partners of OurJourney. We have verified not just their basic information but that they are dedicated to helping you rebuild your life. Make sure you mention that OurJourney sent you!

Finally, remember that your success ultimately depends on **YOU**! OurJourney encourages you not to give up if you can't find help when and how you need it. We know firsthand how frustrating it can be when things don't go the way you hope, but we also know that **the worst day in freedom is better than the best day in prison**, and that patience and perseverance are just as important to your success as the assistance you need.

© 2023 by OurJourney Media

All rights reserved. No part of this publication may be reproduced, distributed, or transmitted in any form or by any means, including photocopying, recording, or other electronic or mechanical methods, without the prior written permission of the publisher, except in the case of brief quotations embodied in critical reviews and certain other noncommercial uses permitted by copyright law. For permission requests, contact info@ourjourney2gether.org.



Resource Guide - Lincoln County

The service providers listed below are for Lincoln County and surrounding areas. Agencies, organizations or businesses may be listed multiple times if they offer services in multiple categories. Agencies, organizations or businesses listed under the category "One-Stop Resource Centers" offer assistance in all or nearly all other categories. Our Journey does not endorse any of the agencies, organizations or businesses listed below, unless otherwise noted by a green check mark beside the listing.

OurJourney has verified the accuracy of the information in this Resource Guide as of the date printed on the bottom of each page. There may be other service providers in Lincoln County not listed. Please call 252-220-9516 or email <u>contact@ourjourney2gether.com</u> to report any discrepancies or to suggest other service providers in Lincoln County.

NOTE: Because Lincoln County is limited in reentry support resources, some of the resource providers listed in this guide are from neighboring counties. Your parole officer will most likely allow you to travel outside of Lincoln County for reentry assistance. However, you should always contact your parole officer before leaving Lincoln County for any reason, even to visit the reentry resource providers listed in this guide. Failure to obtain permission from your parole officer to travel outside of Lincoln County may result in a violation of the conditions of your post-release.

One-Stop Resource Centers

Christian Ministries of Lincolnton

207 S. Poplar St. Lincolnton, NC 28092

704-732-0383

https:// christianministryoflincolncounty.org/

Monday through Friday: 9:00 AM to 1:00 PM Soup Kitchen open everyday 11:30 AM to 12:30 PM Provides food, clothing, rent assistance and other emergency assistance, and help with medical needs. For food and clothes assistance,

you don't have to fill out any paperwork and it's available once every 30 days.

Financial assistance is provided on a first-come-first-serve basis and as they have the funds and you must be able to prove that you have a need. Free

One-Stop Resource Centers

United Way of Lincoln County

101 E Main St. Lincolnton, NC 28092

704-240-8621

https:// www.unitedwayoflincolncounty.org/

Monday through Thursday: 9:00 AM to 5:00 PM

Provides support to dozens of member agency programs in Lincoln County. In addition to calling the number provided for the Lincoln office, you can get assistance by calling the United Way hotline by dialing 211. Assistance is free; some services provided by partner organizations may charge fees

Free

Salvation Army of Gaston & Lincoln Counties

107 S. Broad Street Gastonia, NC 28052

704-867-6145

https:// southernusa.salvationarmy.org/ gaston-lincoln-counties/

Monday through Friday: 9:00 AM to 4:30 PM

Offers crisis support in several ways, such as by providing food, shelter, rent and utilities assistance, clothes, etc. They also hold weekly church services. The address, phone number and hours listed are for the Social Services location. **Always contact your parole officer before leaving Lincoln County.**

Crossroads Reentry

PO Box 861 Huntersville, NC 28070

704-499-1332

https://www.crossroadsreentry.org/

Call for Hours of Operation

Offers a wide variety of services to those returning from prison: any need, anywhere. They specialize in helping you locate transitional housing. Call and leave a message for Jeff Cloud and he will call you back promptly.

Assistance is free; some services provided by partner organizations may charge fees

One-Stop Resource Centers

East Lincoln Christian Ministries

4278 Catawba Burris Rd. Denver, NC 28037

704-483-4415

http://elcmdenver.com/

Tuesday, Thursday and Saturday: 9:00 AM to 11:30 AM

Food Resources

Gastonia Street Ministry

416 W. Main Ave. Gastonia, NC 28052

704-605-3173

https:// www.gastoniastreetministry.com

Every 4th Monday: 3:00 to 6:00 PM

East Lincoln Christian Ministry Food Pantry Provides Second Harvest Food Free Bank services to those in need of food.

265 Manor Ave. Concord, NC 28025

704-788-4726

https://concordchristiancenter.com/ events_items/second-harvest-foodbank-seeds-of-blessings

Thursdays from 10:00 AM to Noon Saturdays from 11:00 am to 1:00 PM

Provides food, clothing and financial assistance to people who are in need. You may receive food assistance once every 6 weeks.

Provides food to anyone who

shows up in need on the 4th

and any items donated.

County.

Monday of every month. They

Always contact your parole officer before leaving Lincoln

give out can goods, meat, bread,

Free

Free

Food Resources

Lake Norman Food Mission

2381 N. Highway Business 16 Denver, NC 28037

704-483-0469

https://www.denverwesleyan.com/ lake-norman-food-ministry/

Monday. Friday and Saturday: 8:30 AM to Noon Wednesday: 2:30 PM to 5:30 PM Provides food to those in need. This is a ministry of Denver Wesleyan Church and the food pantry is located at the church. Free

Medical / Dental Resources

Lincoln Health Department

200 Gamble Dr. Lincolnton, NC 28092

704-479-5030

https://www.lincolncountync.gov/ 117/Health

Monday through Friday: 8:00 AM to 5:00 PM

Kintegra Family Medicine – Lincolnton

212 Gamble Dr. Lincolnton, NC 28092

704-735-7145 (Office) 704-874-3316 (Appointments)

https://www.kintegra.org/locations/ kintegra-family-medicine-lincolnton/

Monday through Friday: 8:00 AM to 5:00 PM

Pharmacy Hours: Monday through Friday: 8:30 AM to 2:00 PM Offers assistance with a variety of basic health needs, including disease prevention and others. Also offers free HIV and other STD testing and free COVID testing and vaccinations. Also will help with referrals to other health care providers in Lincoln County.

Offers Clinical Services on a sliding fee scale based on income for anyone regardless of ability to pay. They also accept Medicaid, Medicare, and private insurances.

Services include primary care, medication assistance, behavioral health counseling, diabetes management, and behavioral health medication management for adults and children. They also have a dentist office (see below).

Fee based on a sliding scale (what you can afford). They accept all forms of insurance and also offer state funding for the uninsured

Medical / Dental Resources

Kintegra Family Dentistry – Lincolnton

111 Doctors Park Lincolnton, NC 28092

704-735-2230 (Office) 704-735-2230 (Appointments)

https://www.kintegra.org/locations/ kintegra-family-dentistry-lincolnton/

Monday through Friday: 8:00 AM to 5:00 PM (Closed one hour for lunch from Noon until 1:00 PM) Dental services for adults and children include exams, extractions, first time infant exams, fillings, fluoride varnish, primary crowns, routine cleaning and sealants. Fee based on a sliding scale (what you can afford). They accept all forms of insurance and also offer state funding for the uninsured



NC MedAssist

866-331-1348

medassist.org

NC MedAssist is a statewide program for those who do not have the means to buy life-saving medications to treat chronic diseases such as heart disease. diabetes, and asthma. To qualify you must live in NC, not have any insurance (not even Medicaid) and have income that is at or below 300% of the national poverty average. (To give you an example, if you live with one other person, the combined yearly income for both of you can't be more than \$54,930, or \$4,577 per month.) Visit their website to enroll or call for more information. They also have a Mobile Free Pharmacy that travels the state handing out free Over The Counter medications to anyone, no ID required.

Free for those who qualify and aren't insured

OurJourney can help you enroll in NC MedAssist's free pharmacy program! Call us 704-220-1956 to learn more.

Medical / Dental Resources



Parks Insurance

153 S. Oakland Ave. Rock Hill SC 29730

866-932-7200

https://parksinsured.com/

Monday through Friday: 8:00 AM to 7:00 PM

Parks Insurance is licensed in all 50 states to offer healthcare insurance to individuals returning from prison. Through a special program called G.I.F.T. (Giving Insurance Freely for Transition), you are eligible to receive healthcare insurance with ZERO monthly payments and little, if any, deductibles. This plan covers doctor visits, medication, behavioral health, surgery, hospital stays and more. Everyone qualifies, even those with preexisting conditions. Free to those who qualify

OurJourney can help you enroll in Parks Insurance's G.I.F.T. program! Call us 252-220-1956 to learn more or call Parks Insurance and speak to a representative.

Mental Health & Substance Abuse Resources

Infinite Beginnings, LLC

526 E Main St. Lincolnton, NC 28092

704-748-4844 704-777-6017 (Crisis Line)

https://infinitebeginningsnc.com/

Monday through Friday: 7:30 AM to 8:00 PM Saturday: 7:30 AM to 3:00 PM Sunday by appointment only Provides mental health, substance abuse and intellectual/ developmental disability services, including medication management, peer support and outpatient therapy. They also offer other assistance through their Infinite Blessings organization, such as a food pantry. Fees are on a sliding scale (based on what you can afford). No one is turned away because of lack of money

Olive Branch Ministry - Points of Hope

Main Office: 3730 N. Center St. Hickory, NC 28601

828-291-7023

https://olivebranchministry.org/ syringe-access

By appointment only

Points of Hope is a program that offers many harm reduction services, including peer support, syringe services, overdose response/prevention/education, naloxone (Narcan) distribution, fentanyl test strip distribution, jailbased education, and linkage to care.

Their main office is in Hickory but they provide mobile service to Lincoln County. Call Michelle at the number provided.

Mental Health & Substance Abuse Resources

Phoenix Counseling Center

510 S. Aspen St. Lincolnton, NC 28092

704-735-7325

https://phoenixcc.us/

Monday through Friday: 8:00 AM to 5:00 PM

Phoenix Counseling Center's first goal is to relieve the immediate pain and trauma resulting from the crisis, whether it be substance use, domestic violence, sexual assault, or a mental health issue. The next step is to provide the ongoing support that's needed for long-term healing or recovery.

Fees are on a sliding scale (based on what you can afford). No one is turned away because of lack of money

Free



Celebrate Recovery - Catawba Heights Baptist Church

311 Belmont Mounty Holly Rd. Belmont, NC 28012

704-827-8474

https://www.theheightsbelmont.org/ celebrate-recovery

Every Friday beginning at 7:00 PM

Celebrate Recovery is a community of strugglers that come together to explore honestly about their pain, and the negative ways that pain shapes their selfimage and how they see God and others. It uses 8 Recovery Principles and 12 Steps. Celebrate Recovery - Catawba Heights Baptist Church also offers free clothing to those in need and has three transitional homes for men in recovery. (They cannot accept men who are registered on the Sex Offender Registry due to the location.) They provide a free meal every third Friday that begins at 6:00 PM.

Rodney Alexander is the Celebrate Recovery Pastor. Always contact your parole officer before leaving Lincoln County.

Job Training / Job Placement Resources



NC Works Career Center -Lincolnton

529 N Aspen St. Lincolnton, NC 28092

704-735-8035

https://www.ncworks.gov/

Monday through Thursday: 8:00 AM to 4:30 PM

Offers support for everything from Free creating a resume and finding the right job opportunities to preparing clients for job interviews. Website has links for Finding a Job. They are also a terrific source for other reentry resource information and referrals.

Vocational Rehabilitation

529 N Aspen St. Lincolnton, NC 28092

704-735-8035

www.ncdhhs.gov/divisions/ vocational-rehabilitation-services

Monday through Friday: 8:00 AM to 5:00 PM

Goodwill Career Center -Gaston

116 Armstrong St. Gastonia, NC 28054

704-916-1610

https://goodwillsp.org/services/ career-centers

Monday through Friday: 8:30 AM to 4:30 PM

Provides a variety of services, Free depending on your specific needs. They are customized to help you find a job and offer career counseling, education and training, job placement assistance and on-going support, medical treatments and assistive technology. Works specifically with those who have physical, mental or emotional disabilities. Located inside the NCWorks Career Center building.

Offers personalized services to help job seekers including resume-writing assistance, skills assessment, career coaching, access to computers, help with interviewing skills and job placement services. You can walk in or, for online services, complete the intake form on their website. Always contact your parole officer before leaving Lincoln County.

Job Training / Job Placement Resources

PROMAN

1216 N Flint St. Lincolnton, NC 28092

704-732-4052

https://www.promanstaffing.com/

Monday through Friday: 8:00 AM to 5:00 PM

Temporary agency offering job placement in local businesses for clients who can pass a drug test and have reliable transportation. They do conduct a background check, and some business they work with will not hire ex-felons, but others will.

Free

Financial Resources

Operation HOPE

704-680-3163

https://operationhope.org

Monday through Friday: 8:00 AM to 5:00 PM

Helps individuals of all ages and backgrounds, including the formerly incarcerated, by offering financial education, one-on-one coaching, courses on credit score improvement, as well as pathways toward homeownership and starting a business. They have eight locations across the state of North Carolina, but since they can also provide their services over the phone, they can help you even if you don't live near one of their locations. This is a great (and totally free) program for those who want to understand how to rebuild their credit and financial life after incarceration. Call Alisha Kenny at the number provided to set up an initial

Free

appointment.

Transportation Resources

Transportation Lincoln County (TLC) - DASH

Main Office: 435 Salem Church Rd. Lincolnton, NC 28092

704-479-0020

https://www.lincolncountync.gov/ 139/Transportation

Office Hours: Monday through Friday: 6:00 to 5:00 PM

Transportation Hours: Monday through Friday: 8:00 AM to 5:00 PM TLC offers a reservation-based ride through its DASH program. Lincoln County residents simply call at least 24 hours in advance to schedule their trip and then can usually ride free of charge. It's available to all transit riders between 8 AM and 5 PM weekdays except county holidays. Each pick up and drop off point must be at a stop listed within the city limits of Lincolnton. TLC also partners with several service organizations in Lincoln County to provide transportation.

Fares using the DASH program are usually free

Clothing Resources

Goodwill Thrift Store

510 Vaughn Way Lincolnton, NC 28092

704-732-2467

https://goodwillsp.org/shop/retailstores/lincolnton/

Monday, Wednesday through Saturday: 10:00 AM to 9:00 PM Tuesday: 9:00 AM to 9:00 PM Sunday: 10:00 AM to 7:00 PM Offers previously-owned clothing and other items at extremely low prices. You can often find namebrand clothes in good to great condition. Men's pants are as low as \$4.50 each, shirts as low as \$2.99 each. Other items are priced low also.

Clothing Resources

The Salvation Army Gaston County

1475 E Franklin Blvd. Gastonia, NC 28054

704-867-8034

https:// southernusa.salvationarmy.org/ gaston-lincoln-counties/

Monday through Saturday: 10:00 AM to 6:00 PM

Offers previously-owned clothing and other items at extremely low prices. You can often find namebrand clothes in good to great condition.

Always contact your parole officer before leaving Lincoln County.

Prices vary depending on item. They may give you a voucher for free clothes if you mention that you just got out of prison

Good Neighbor Shop

116 S. Academy St. Lincolnton, NC 28092

704-732-1835

Find them on Facebook at Good Neighbor Shop

Monday through Friday: 10:00 AM to 4:00 PM Saturday: 8:00 AM to 1:00 PM

Hidden Treasures

500 Church St N Concord, NC 28025

980-781-4647

Find them on Facebook at Hidden Treasures

Monday through Saturday: 10:00 AM to 5:00 PM

Provides previously-owned clothing free to those referred from local churches, fire departments, Christian ministries, DSS or the parole office. Free to those who are referred; nominal fees for everyone else

Offers previously-owned clothing, shoes, furniture, electronics and other items at extremely low prices. This is a nonprofit organization that seeks to help residents of Lincoln County.

Prices vary depending on item. They may give you a voucher for free clothes if you mention that you just got out of prison

Directory for Lincoln County Agencies:

Lincoln County Probation Department	208 S Government St. Lincolnton, NC 28092	704-782-2712
Lincoln County DMV	1450 N Aspen St. Lincolnton, NC 28092	704-735-6923
Lincoln County Dpt. of Social Services	1136 E Main St. Lincolnton, NC 28092	704-732-0738

Directory for State and Federal Government Programs that Offer Temporary Assistance:

SNAP (Supplemental Nutrition Assistance Program): <u>www.fns.usda.gov/snap/supplemental-nutrition-assistance-program</u>

LIEAP (Low Income Energy Assistance): <u>www.ncdhhs.gov/divisions/social-services/energy-assistance/low-income-energy-assistance-lieap</u>

TANF (Temporary Assistance for Needy Families): <u>www.ncdhhs.gov/divisions/social-services/</u> work-first-family-assistance

Other Organizations that Offer Assistance:

National Suicide Prevention Hotline: Dial 988 or online at www.988lifeline.org.

Felony Record Hub (an online resource with jobs, housing and reentry advice for people with criminal records): <u>www.felonyrecordhub.com</u>

Honest Jobs (the nation's leading job marketplace for people affected by the criminal justice system. Honest Jobs has over 300,000 job openings from 1,000+ fair-chance employers): www.honestjobs.com

Veterans Resources in Lincoln County (for all military veterans): 704-736-8506 or online at <u>https://www.lincolncountync.gov/140/Veterans-Services</u>

<u>NC211.org</u> (an online information and referral service provided by United Way of North Carolina. It offers a searchable database with information about resources for all 100 counties in North Carolina)

Other Assistance Available through OurJourney: Anyone returning to any county in North Carolina from any state prison is automatically eligible to participate in the OurJourney **Essential Services** program. The Essential Service programs provides one-on-one, professional assistance, including help with writing a resume, preparing for a job interview, handling stress and rejection, registering to vote, and six other essential services for those rebuilding their lives after incarceration. This program is free of charge. To learn more or to enroll, call 704-220-9516 or visit <u>www.ourjourney2gether.com/essential-services</u>.



OurJourney PO Box 2862 Rocky Mount, NC 27802