

# Reentry Resource Guide for Alleghany County





2023





### PLEASE READ THIS FIRST!

Nothing is more frustrating these days than trying to get an actual human being to answer the phone when you call organizations for assistance. This can especially be true for government agencies. If this happens to you when contacting any of the service providers listed in this Reentry Resource Guide, remember the following:

- Try to find all the information you need on the service provider's website, which OurJourney gives for every service provider that has one. That way you won't even need to call. If the website gives an email address, you might try emailing the service provider with your non-emergency questions.
- Sometimes by pressing the zero button on your phone you can skip past the recorded message and be sent straight to a human operator.
- Know ahead of time exactly what you want to ask; have any materials you need on hand before you call (such as ID, application, etc.).
- Be patient. If you simply can't wait on hold any longer, choose the option that lets you leave a voicemail (if available).
- If you leave a voicemail, remember to state your name and phone number clearly, along with the reason for your call.
- Make sure you're available for call-back during normal business hours. If you can't be, when you leave your voicemail provide a time range for call-back.

Also remember, many people in your community need help too. So you may be placed on a waiting list for some services. Our Journey always recommends that you begin your search for assistance by contacting the One-Stop Resource Centers listed at the front of this guide. Why? Because these service providers usually have the resources and connections in the community to provide more immediate and specific help.

Agencies, organizations, ministries or businesses with a beside their listing are close partners of OurJourney. We have verified not just their basic information but that they are dedicated to helping you rebuild your life. Make sure you mention that OurJourney sent you!

Finally, remember that your success ultimately depends on **YOU**! OurJourney encourages you not to give up if you can't find help when and how you need it. We know firsthand how frustrating it can be when things don't go the way you hope, but we also know that **the worst day in freedom is better than the best day in prison**, and that patience and perseverance are just as important to your success as the assistance you need.

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## Resource Guide - Alleghany County

The service providers listed below are for Alleghany County and surrounding areas. Agencies, organizations or businesses may be listed multiple times if they offer services in multiple categories. Agencies, organizations or businesses listed under the category "One-Stop Resource Centers" offer assistance in all or nearly all other categories. Our Journey does not endorse any of the agencies, organizations or businesses listed below, unless otherwise noted by a check mark beside the listing and/or on the Our Partners page of our website.

Our Journey has verified the accuracy of the information in this Resource Guide as of the date printed on the bottom of each page. There may be other service providers in Alleghany County not listed. Please call 336-220-9516 or email <a href="mailto:info@ourjourney2gether.org">info@ourjourney2gether.org</a> to report any discrepancies or to suggest other service providers in Alleghany County.

### **One-Stop Resource Centers**

### **Alleghany Cares**

25 Womble Street Sparta, NC 28675

336-372-5959

https://alleghanycares.com/

Tuesday through Friday: 10:00 AM to

5:00 PM

Saturday: 10:00 AM to 3:00 PM

Provides assistance to qualified residents of Alleghany County in several ways:

- Clothes Closet
- Food pantry
- Educational Scholarships
- Adult Dental Program
- Adult Hearing Program
- Adult Vision Program
- Medication Assistance Program
- Emergency Relief (one-time assistance with utilities, etc.)

You may need to fill out an online application depending on the help that you need. Call to see if you qualify.

They also operate a thrift store (see Clothing Resources for more information).

Assistance is free to those who qualify

### **One-Stop Resource Centers**

### **United Way of Wilkes County**

910 C St North Wilkesboro, NC 28659

336-651-7800

https://uwwilkes.org/

Monday through Thursday: 8:00 AM to 5:00 PM

Provides support to dozens of member agency programs in Alleghany County. In addition to calling the number provided for this office, you can get assistance by calling the United Way hotline by dialing 211.

**NOTE: Alleghany County is** serviced by the Wilkes County United Way. Remember, if you're on post-release, always check with your parole officer before leaving Alleghany County.

Assistance is free; some services provided by partner organizations may charge fees

### The Salvation Army of Wilkes County

910 C St., Suite 5 North Wilkesboro, NC 28659

336-838-1145

https://www.salvationarmyusa.org/ usn/

Monday through Friday: 9:00 AM to 5:00 PM

Provides a wide variety of services, including Disaster Relief, Shelter, Food, Rent and Utility Assistance, and Clothing. **NOTE: Alleghany County is** serviced by the Wilkes County Salvation Army. Remember, if you're on post-release, always check with your parole officer before leaving Alleghany County.

Assistance is free; some services provided by partner organizations may charge fees

### **Food Resources**

### **Solid Rock Food Closet**

71 Womble Street Sparta, NC 28675

336-372-6560

https://solidrockfoodcloset.com/

Tuesday, Wednesday and Thursday: 10:00 AM to 2:00 PM

Provides food assistance to those Free in need in all of Alleghany County. Must be a resident of Alleghany County.

## **Food Resources**

### **Grace Kitchen**

190 N. Main St. Sparta, NC 28675

336-372-4441

Find them on Facebook at Grace Kitchen

Every Wednesday from 4:30 PM to 5:30 PM

Provides a free and delicious meal Free once a week to anyone in the community.

## **Medical / Dental Resources**

## Alleghany County Health Department

157 Health Services Rd. Sparta, NC 28675

336-372-5641

https://www.apphealthcare.com/

Monday through Friday: 8:00 AM to 4:45 PM

Offers assistance with a variety of basic health needs, including disease prevention and others. Also offers free HIV and other STD testing and free COVID testing and vaccinations. Will also help with referrals to other health care providers in Alleghany County.

## **Medical / Dental Resources**



### **NC MedAssist**

866-331-1348

medassist.org

NC MedAssist is a statewide program for those who do not have the means to buy life-saving medications to treat chronic diseases such as heart disease. diabetes, and asthma. To qualify you must live in NC, not have any insurance (not even Medicaid) and have income that is at or below 300% of the national poverty average. (To give you an example, if you live with one other person, the combined yearly income for both of you can't be more than \$54,930, or \$4,577 per month.) Visit their website to enroll or call for more information. They also have a Mobile Free Pharmacy that travels the state handing out free Over The Counter medications to anyone, no ID required.

Free for those who qualify and aren't insured

OurJourney can help you enroll in NC MedAssist's free pharmacy program! Call us 336-220-1956 to learn more.



### **Parks Insurance**

153 S. Oakland Ave. Rock Hill SC 29730

866-932-7200

https://parksinsured.com/

Monday through Friday: 8:00 AM to 7:00 PM

Parks Insurance is licensed in all 50 states to offer healthcare insurance to individuals returning from prison. Through a special program called G.I.F.T. (Giving Insurance Freely for Transition), you are eligible to receive healthcare insurance with ZERO monthly payments and little, if any, deductibles. This plan covers doctor visits, medication, behavioral health, surgery, hospital stays and more. Everyone qualifies, even those with preexisting conditions.

#### Free

OurJourney can help you enroll in Parks Insurance's G.I.F.T. program! Call us 336-220-1956 to learn more or call Parks Insurance and speak to a representative.

## Mental Health & Substance Abuse Resources

## Daymark Recovery Services - Watauga Center

1650 Highway 18 South Sparta, NC 28675

336.372.4095 866-275-9552 (24 Hr. Crisis Hotline)

https://www.daymarkrecovery.org/locations/alleghany-center

Monday through Friday: 8:00 AM to 5:00 PM

Daymark Recovery Services is a non-profit organization established to provide comprehensive behavioral healthcare services to those in need of mental health or substance abuse treatment options. Please contact the center for schedules or further information as programs and meetings vary and often change depending upon attendance and counselor availability.

Fees are based on a sliding scale based on income

### **Alcoholics Anonymous - Sparta**

https://alcoholicsanonymous.com/ aa-meetings/north-carolina/spartanorth-carolina/ Check website for AA group meeting places in Sparta

Free

## **Job Training / Job Placement Resources**



### **NCWorks Career Center**

115 Atwood St. Sparta, NC 28675

336-372-9675

https://www.ncworks.gov/

Monday through Wednesday: 8:30 AM to 5:00 PM (closed one hour for lunch)

Offers support for everything from Free creating a resume and finding the right job opportunities to preparing clients for job interviews. Website has links for Finding a Job.

## **Job Training / Job Placement Resources**

## Vocational Rehabilitation Center

318 Wilkesboro Ave. North Wilkesboro, NC 28659

336-667-1205

https://www.ncdhhs.gov/divisions/vocational-rehabilitation-services

Monday through Friday: 8:00 AM to 5:00 PM

Provides a variety of services, depending on your specific needs. They are customized to help you find a job and offer career counseling, education and training, job placement assistance and on-going support, medical treatments and assistive technology. Works specifically with those who have physical, mental or emotional disabilities.

NOTE: Alleghany County is serviced by the Wilkes County

serviced by the Wilkes County
Vocational Rehabilitation
Center. Remember, if you're on
post-release, always check with
your parole officer before
leaving Alleghany County.

Helps individuals of all ages and

### **Financial Resources**



### **Operation HOPE**

704-680-3163

https://operationhope.org

Monday through Friday: 8:00 AM to 5:00 PM

backgrounds, including the formerly incarcerated, by offering financial education, one-on-one coaching, courses on credit score improvement, as well as pathways toward homeownership and starting a business. They have eight locations across the state of North Carolina, but since they can also provide their services over the phone, they can help you even if you don't live near one of their locations. This is a great (and totally free) program for those who want to understand how to rebuild their credit and financial life after incarceration. Call Alisha Kenny at the number

Call Alisha Kenny at the number provided to set up an initial appointment.

Free

Free

### **Transportation Resources**



### **Alleghany In Motion (AIM)**

Main Office: 90 South Main St. Sparta, NC 28675

336-372-8747

https://alleghanycounty-nc.gov/index.php/alleghany-in-motion/

General Services Hours: Monday through Friday: 7:00 AM to 5:00 PM and to destinations beyond Alleghany County including elderly and disabled transportation, general public transportation, and medical transportation including approved Medicaid appointments. Employment transportation is provided in Alleghany County only. All requests for transportation other than Medicaid must be received at least one business day prior to your appointment for scheduling purposes. All Medicaid in county transportation requests must be received three business days in advance and out of county Medicaid requests must be received at least five business days in advance.

AIM provides transportation within

Fares will vary

## Clothing Resources

### **Alleghany Cares Thrift Store**

25 Womble Street Sparta, NC 28675

336-372-5959

https://alleghanycares.com/

Tuesday through Friday: 10:00 AM to

5:00 PM

Saturday: 10:00 AM to 3:00 PM

Offers previously-owned clothing and other items at extremely low prices.

Price varies by item

## **Clothing Resources**

### The Humble Hare

38 East Cheek Street Sparta, NC 28675

336-372-4545

Find them on Facebook at The Humble Hare of Sparta

Tuesday through Saturday: 10:00 AM to 5:00 PM

The Humble Hare provides a curated, vibrant shopping experience for those who appreciate nice things at a fair price. When you shop at The Humble Hare, not only are you purchasing a high-quality item at an affordable price, but you are also making a difference in the lives of hospice patients and their families.

100% of the proceeds from The Humble Hare help to pay for endof-life care and related services for uninsured and underinsured patients who lack the financial resources to pay for their care. Price varies by item

### **Directory for Alleghany County Agencies:**

| Alleghany County<br>Probation Department | 12 South Main St.<br>Sparta, NC 28675 | 336-372-8696 |
|--|---------------------------------------|--------------|
| Alleghany County DMV (Main Location)     | 115 Atwood St.<br>Sparta, NC 28675    | 336-372-6442 |

Alleghany County Dpt. 182 Doctors St. 336-372-2411

of Social Services Sparta, NC 28675

### **Directory for State and Federal Government Programs that Offer Temporary Assistance:**

SNAP (Supplemental Nutrition Assistance Program): <a href="https://www.fns.usda.gov/snap/supplemental-nutrition-assistance-program">www.fns.usda.gov/snap/supplemental-nutrition-assistance-program</a>

LIEAP (Low Income Energy Assistance): <a href="https://www.ncdhhs.gov/divisions/social-services/energy-assistance-lieap">www.ncdhhs.gov/divisions/social-services/energy-assistance-lieap</a>

TANF (Temporary Assistance for Needy Families): <a href="https://www.ncdhhs.gov/divisions/social-services/work-first-family-assistance">www.ncdhhs.gov/divisions/social-services/work-first-family-assistance</a>

### Other Organizations that Offer Assistance:

The National Reentry Network for Returning Citizens is a national network comprised of individuals returning from incarceration who support each other's successful reintegration. To learn more, visit their website at <a href="https://thenationalreentrynetwork.org/">https://thenationalreentrynetwork.org/</a>.

National Suicide Prevention Hotline: Dial 988 or online at www.988lifeline.org.

Felony Record Hub (an online resource with jobs, housing and reentry advice for people with criminal records): <a href="https://www.felonyrecordhub.com">www.felonyrecordhub.com</a>

Honest Jobs (the nation's leading job marketplace for people affected by the criminal justice system. Honest Jobs has over 300,000 job openings from 1,000+ fair-chance employers): <a href="https://www.honestjobs.com">www.honestjobs.com</a>

NC211.org (an online information and referral service provided by United Way of North Carolina. It offers a searchable database with information about resources for all 100 counties in North Carolina)

Other Assistance Available through OurJourney: Anyone returning to any county in North Carolina from any state prison is automatically eligible to participate in the OurJourney Essential Services program. The Essential Service programs provides one-on-one, professional assistance, including help with writing a resume, preparing for a job interview, handling stress and rejection, smartphone training, and six other essential services for those rebuilding their lives after incarceration. This program is free of charge. To learn more or to enroll, call 704-220-9516 or visit <a href="https://www.ourjourney2gether.com/essential-services">www.ourjourney2gether.com/essential-services</a>.



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