



Reentry Resource Guide for Catawba County



2023




now with partner info!

PLEASE READ THIS FIRST!

Nothing is more frustrating these days than trying to get an actual human being to answer the phone when you call organizations for assistance. This can especially be true for government agencies. If this happens to you when contacting any of the service providers listed in this Reentry Resource Guide, remember the following:

- Try to find all the information you need on the service provider's website, which OurJourney gives for every service provider that has one. That way you won't even need to call. If the website gives an email address, you might try emailing the service provider with your non-emergency questions.
- Sometimes by pressing the zero button on your phone you can skip past the recorded message and be sent straight to a human operator.
- Know ahead of time exactly what you want to ask; have any materials you need on hand before you call (such as ID, application, etc.).
- Be patient. If you simply can't wait on hold any longer, choose the option that lets you leave a voicemail (if available).
- If you leave a voicemail, remember to state your name and phone number clearly, along with the reason for your call.
- Make sure you're available for call-back during normal business hours. If you can't be, when you leave your voicemail provide a time range for call-back.

Also remember, many people in your community need help too. So you may be placed on a waiting list for some services. OurJourney always recommends that you begin your search for assistance by contacting the One-Stop Resource Centers listed at the front of this guide. Why? Because these service providers usually have the resources and connections in the community to provide more immediate and specific help.

Agencies, organizations, ministries or businesses with a  beside their listing are close partners of OurJourney. We have verified not just their basic information but that they are dedicated to helping you rebuild your life. Make sure you mention that OurJourney sent you!

Finally, remember that your success ultimately depends on **YOU!** OurJourney encourages you not to give up if you can't find help when and how you need it. We know firsthand how frustrating it can be when things don't go the way you hope, but we also know that **the worst day in freedom is better than the best day in prison**, and that patience and perseverance are just as important to your success as the assistance you need.

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Picture on the front cover: Downtown Hickory, NC, from "Busy Tourist" website



Reentry Resource Guide – Catawba County

The service providers listed below are for Catawba County and surrounding areas. Agencies, organizations or businesses may be listed multiple times if they offer services in multiple categories. Agencies, organizations or businesses listed under the category “One-Stop Resource Centers” offer assistance in all or nearly all other categories. OurJourney does not endorse any of the agencies, organizations or businesses listed below, unless otherwise noted by a check mark beside the listing and/or on the Our Partners page of our website.

OurJourney has verified the accuracy of the information in this Resource Guide as of the date printed on the bottom of each page. There may be other service providers in Catawba County not listed. Please call 252-220-9516 or email info@ourjourney2gether.org to report any discrepancies or to suggest other service providers in Catawba County.

One-Stop Resource Centers



Piedmont Triad Regional Council - Project Reentry

837 Conover Blvd.
Conover, NC 28613

828-466-2346

www.ptrc.org/services/criminal-justice/project-re-entry

Monday through Friday: 9:00 AM to 5:00 PM

This organization is specifically designed to address the needs of men returning from prison. It provides individual case management/transition planning, deinstitutionalization counseling, employment and vocational training, mental health and substance abuse treatment referrals, housing referrals, basic needs and transportation assistance, family reunification support.

Ask for Kevin Little. Call to schedule appointment.
Located inside the Goodwill Career Center.

Assistance is free; some services provided by partner organizations may charge fees

One-Stop Resource Centers

United Way - Catawba County

2760 Tate Blvd. SE
Hickory, NC 28601

828-327-6851

<https://www.ccunitedway.com/>

Monday through Thursday: 8:00 AM
to 5:30 PM

Friday: 8:00 AM to 4:30 PM

Provides support to dozens of member agency programs in Catawba County. In addition to calling the number provided for the Catawba office, you can get 24-hour assistance by calling the United Way hotline by dialing 211.

Assistance is free; some services provided by partner organizations may charge fees

Greater Hickory Cooperative Christian Ministry (GHCCM)

31 1st Avenue SE
Hickory, NC 28602

828-327-0979

<https://ccmhickory.org/>

Monday through Thursday: 8:00 AM
to 4:00 PM

By appointment only.

Offers crisis services, such as food, clothing, financial assistance with utilities, rent, and mortgage; also medical and behavioral healthcare and pharmacy to Catawba residents without insurance that meet the income limits. Please call to schedule an appointment.

Assistance is free; some services provided by partner organizations may charge fees

Food Resources

The Corner Table

122 N. Main St.
Newton, NC 28658

828-464-0355

<http://www.thecornertable.org>

Office Hours:

Monday through Thursday: 7:30 AM
to 2:30 PM

Friday: 7:30 AM to 1:00 PM

Hot Meal Hours:

Monday through Friday: 11:30 AM to
12:30 PM

The Corner Table is a soup kitchen outreach ministry, providing nutritious meals for anyone in need. Hot meals are served every week day. You can arrive a little early and enjoy free coffee.

Free

Food Resources

Good Samaritan Food Pantry

9379 NC Highway 127 N
Hickory, NC 28601

828-495-8251

<https://mtpisgahelca.org/ministries/good-samaritan-food-pantry>

Mondays: 3:00 to 5:00 PM
Fridays: 1:00 to 3:00 PM

Provides emergency food boxes and health care items to those in need. Free

Salvation Army of Greater Hickory & the High Country

750 3rd Ave.
Hickory, NC 28602.

828-322-2535

<https://southernusa.salvationarmy.org/hickory/>

Call for Food Pantry Locations and Hours of Operation
Soup Kitchen Hours of Operation:
Every day from 3:30 to 4:30 PM

Provides food assistance in two ways: Free

1. Food Pantry. They provide families and individuals in need with up to 10 meals.
2. Soup Kitchens. They serve dinner every day to those in need.

Medical / Dental Resources

Catawba County Health Department

3070 11th Ave Dr SE
Hickory, NC 28602

828-695-5800

<https://www.catawbacountync.gov/county-services/public-health/>

Monday through Friday: 8:00 AM to 5:00 PM

Offers assistance with a variety of basic health needs, including disease prevention and others. Free
Also offers free HIV and other STD testing and free COVID testing and vaccinations.

Medical / Dental Resources



NC MedAssist

866-331-1348

medassist.org

NC MedAssist is a statewide program for those who do not have the means to buy life-saving medications to treat chronic diseases such as heart disease, diabetes, and asthma. To qualify you must live in NC, not have any insurance (not even Medicaid) and have income that is at or below 300% of the national poverty average. (To give you an example, if you live with one other person, the combined yearly income for both of you can't be more than \$54,930, or \$4,577 per month.) Visit their website to enroll or call for more information. They also have a Mobile Free Pharmacy that travels the state handing out free Over The Counter medications to anyone, no ID required.

Free for those who qualify and aren't insured

OurJourney can help you enroll in NC MedAssist's free pharmacy program! Call us 252-220-1956 to learn more.

Kintegra Family Medicine – Hickory

133 1st Avenue SE
Hickory, NC 28602

828-994-4544 (Office)
704-874-3316 (Appointments)

<https://www.kintegra.org/kintegra-family-medicine-hickory/>

Monday through Friday: 8:00 AM to 5:00 PM (closed daily from 12:30 to 1:30 PM for lunch)

Services include primary care, medication assistance, behavioral health counseling, diabetes management, and behavioral health medication management for adults and children. They have other locations in Catawba County; call for the location closest to you.

Fee based on a sliding scale (what you can afford). They accept all forms of insurance and also offer state funding for the uninsured

Mental Health & Substance Abuse Resources

Partners Behavioral Health Management

1985 Tate Blvd SE
Hickory, NC 28602

828-695-5900 or
877-864-1454

<https://www.partnersbhm.org>

Monday through Friday: 8:00 AM to
5:00 PM

Provides assistance with behavioral/mental health needs and addiction services for individuals who are not insured or are covered by Medicaid or state and local insurance plans. They also have crisis services for anyone, regardless of their insurance status. Call for the location nearest you.

Also, call in advance of coming to any office as hours could vary due to COVID concerns.

Fee based on a sliding scale (what you can afford). They accept all forms of insurance and also offer state funding assistance for the uninsured

Family Guidance Center

17 US Highway 70 SE
Hickory, NC 28602

828-322-1400

<https://www.fgcservices.com>

Monday through Thursday: 8:00 AM
to 5:00 PM
Friday: 8:00 AM to 12:00 PM

Provides a range of specialized services for individuals and families experiencing the negative effects of anxiety, depression, divorce, stress, financial problems, and other problems. Call to set up initial appointment.

Fee based on a sliding scale (what you can afford). They accept all forms of insurance

The Cognitive Connection

929 15th Street NE
Hickory, NC 28601
828-327-6026

4330 Viola Sipe Dr.
Conover, NC 28613
828-256-3436

<https://www.thecogcon.com>

Monday through Friday: 8:00 AM to
8:00 PM

Services include assessments, dual disorder treatment for mental illness and substance use disorders, employment training/resources, peer support, outpatient services, group therapy, counseling, suboxone treatment, DWI services, and referrals for inpatient services. Call to set up initial appointment.

Many of their substance use services are paid for by grants. For services not covered by grants, the Cognitive Connection offers a sliding scale fee and will set up a payment schedule. They also accept Medicaid

Job Training / Job Placement Resources

Vocational Rehabilitation

1261 10th Avenue Lane SE
Hickory, NC 28602

828-639-6410

[www.ncdhhs.gov/divisions/
vocational-rehabilitation-services](http://www.ncdhhs.gov/divisions/vocational-rehabilitation-services)

Monday through Friday: 8:00 AM to
5:00 PM

Provides a variety of services, depending on your specific needs. They are customized to help you find a job and offer career counseling, education and training, job placement assistance and on-going support, medical treatments and assistive technology. Works specifically with those who have physical, mental or emotional disabilities.

Free



NCWorks Career Center - Catawba County

403 Conover Station SE
Suite C, Conover, NC 28613

828-466-5535

www.ncworks.gov

Monday through Thursday: 8:00 AM
to 4:30 PM
Friday: 8:00 AM to 12:00 PM

Offers support for everything from creating a resume and finding the right job opportunities to preparing clients for job interviews. Website has links for finding a Job.
Note for those convicted of sex offenses: This office is next to a public library; call and they will need you somewhere else.

Free

Goodwill Workforce Development Center

413 Thornburg Drive SE
Conover, NC 28613

828-465-0371

[https://www.goodwillnwno.org/
services/](https://www.goodwillnwno.org/services/)

Monday through Friday: 8:00 AM to
5:00 PM

Provides work skill assessment, vocational training, sheltered employment, independent living skills, and subcontract employment to area industries for those who qualify.

Free

Job Training / Job Placement Resources

Hire Dynamics

336 Lenoir Rhyne Blvd SE
Hickory, NC 28602

828-469-7740

<https://hiredynamics.com/locations/hickory-nc/>

Monday through Friday: 8:00 AM to 5:00 PM

Temporary agency offering job placement in local businesses for clients who can pass a drug test and have reliable transportation. They do conduct a background check, and some business they work with will not hire ex-felons, but others will. If you can, they recommend that you apply online and then schedule a follow-up appointment.

Free

Financial Resources



Operation HOPE

704-680-3163 or
888-388-4673

<https://operationhope.org>

Monday through Friday: 8:00 AM to 5:00 PM

Helps individuals of all ages and backgrounds, including the formerly incarcerated, by offering financial education, one-on-one coaching, courses on credit score improvement, as well as pathways toward homeownership and starting a business. They have eight locations across the state of North Carolina, but since they can also provide their services over the phone, they can help you even if you don't live near one of their locations. This is a great (and totally free) program for those who want to understand how to rebuild their credit and financial life after incarceration. Call Alisha Kenny at the number provided to set up an initial appointment.

Free

Transportation Resources

Greenway Public Transportation

Main Office:
1515 4th Street SW
Conover, NC 28613

There are several designated pick-up and drop-off spots in Catawba County.

828-464-9444 (Customer Service)
828-465-7634 (Bus Info Direct)

<https://www.mygreenway.org>

Pick-up and Drop-off times vary

Provides public transportation throughout Catawba County and neighboring counties across seven separate routes. Call or visit their website for more information about each route, including schedule of stops.

The fare is \$1.25 and a reduced fare of \$0.60 is available for qualifying individuals. Call to see if you qualify

Clothing Resources

Goodwill Industries Thrift Stores - Catawba County

1172 Lenoir-Rhyne Blvd.
Hickory, NC 28601
828-327-3273

835 Conover Blvd. W
Conover, NC 28613
828-464-9396

1877 N Center St.
Viewmont, NC 28601
828-322-6711

<https://www.goodwillnwc.org>

Monday through Saturday: 10:00 AM to 8:00 PM
Sunday: 1:00 to 6:00 PM

Offers previously-owned clothing and other items at extremely low prices. You can often find name-brand clothes in good to great condition.

Men's pants are as low as \$4.50 each, shirts as low as \$2.99 each. Other items are priced low also.

Clothing Resources

Salvation Army Family Thrift Store

248 Lenoir Rhyne Blvd. SE
Hickory, NC
828-324-2219

201 1st St. E
Conover, NC 28613
828-465-2776

1206 E. Main St
Maiden, NC 28650
828-428-8752

Find them on Facebook at The
Salvation Army Family Store of
Hickory

Monday through Saturday: 10:00 AM
to 5:00 PM

Offers previously-owned clothing
and other items at extremely low
prices. You can often find name-
brand clothes in good to great
condition.

Prices vary depending
on item. They may give
you a voucher for free
clothes if you mention
that you just got out of
prison

31 Thrift & More!

31 1st Avenue SE
Hickory, NC 28602
828-323-7907

<https://31thriftandmore.org>

Monday, Wednesday through
Saturday: 10:00 AM to 5:00 PM
Tuesday: 11:00 AM to 6:00 PM

31 Thrift and More! is a nonprofit
store specializing in thrift, vintage,
antique, and new items for sale.
The proceeds benefit the Greater
Hickory Cooperative Christian
Ministry (see One Stop Resource
Centers). They also sell their items
online at their Etsy and eBay
stores.

Prices vary depending
on item.

Directory for Catawba County Agencies:

Catawba County Probation Department	100 Government Dr. Newton, NC 28658	828-466-5653
Catawba County DMV	1033 Smyre Farm Rd. Newton, NC 28658	828-466-5516
	1158 Lenoir Rhyne Blvd SE Hickory, NC 28602	828-326-9126
Catawba County Dpt. of Social Services	3030 11th Ave Dr. SE Hickory, NC 28602	828-695-5600

Directory for State and Federal Government Programs that Offer Temporary Assistance:

SNAP (Supplemental Nutrition Assistance Program): www.fns.usda.gov/snap/supplemental-nutrition-assistance-program

LIEAP (Low Income Energy Assistance): www.ncdhhs.gov/divisions/social-services/energy-assistance/low-income-energy-assistance-lieap

TANF (Temporary Assistance for Needy Families): www.ncdhhs.gov/divisions/social-services/work-first-family-assistance

Other Organizations that Offer Assistance:

NC Justice Center (provides information about getting a State ID, reclaiming your voting rights and overcoming other barriers to reentry) **Important Message: You can now have your voting rights restored immediately!** 919-856-2570 or online at www.ncjustice.org/projects/fair-chance-criminal-justice-project/

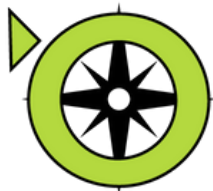
National Suicide Prevention Hotline: Dial 988 or online at www.988lifeline.com

Veterans Resources in Catawba County (for all military veterans): 828-465-8255 or online at <https://www.catawbacountync.gov/county-services/emergency-services/veterans-services/>

Felony Record Hub (an online resource with jobs, housing and reentry advice for people with criminal records): www.felonyrecordhub.com

NC211.org (an online information and referral service provided by United Way of North Carolina. It offers a searchable database with information about resources for all 100 counties in North Carolina)

Other Assistance Available through OurJourney: Anyone returning to any county in North Carolina is automatically eligible to participate in the OurJourney **Essential Services** program. The Essential Service programs provides one-on-one, professional assistance, including help with writing a resume, preparing for a job interview, handling stress and rejection, registering to vote, and six other essential services for those rebuilding their lives after incarceration. This program is free of charge. To learn more or to enroll, call 252-220-9516 or visit www.ourjourney2gether.com/essential-services.



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