



Reentry Resource Guide for Rowan County



2022



PLEASE READ THIS FIRST!

Nothing is more frustrating these days than trying to get an actual human being to answer the phone when you call organizations for assistance. This can especially be true for government agencies. If this happens to you when contacting any of the service providers listed in this Reentry Resource Guide, remember the following:

- Try to find all the information you need on the service provider's website, which OurJourney gives for every service provider that has one. That way you won't even need to call. If the website gives an email address, you might try emailing the service provider with your non-emergency questions.
- Sometimes by pressing the zero button on your phone you can skip past the recorded message and be sent straight to a human operator.
- Know ahead of time exactly what you want to ask; have any materials you need on hand before you call (such as ID, application, etc.).
- Be patient. If you simply can't wait on hold any longer, choose the option that lets you leave a voicemail (if available).
- If you leave a voicemail, remember to state your name and phone number clearly, along with the reason for your call.
- Make sure you're available for call-back during normal business hours. If you can't be, when you leave your voicemail provide a time range for call-back.

Also remember, many people in your community need help too. So you may be placed on a waiting list for some services. OurJourney always recommends that you begin your search for assistance by contacting the One-Stop Resource Centers listed at the front of this guide. Why? Because these service providers usually have the resources and connections in the community to provide more immediate and specific help.

Finally, remember that your success ultimately depends on **YOU!** OurJourney encourages you not to give up if you can't find help when and how you need it. We know firsthand how frustrating it can be when things don't go the way you hope, but we also know that **the worst day in freedom is better than the best day in prison**, and that patience and perseverance are just as important to your success as the assistance you need.

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Resource Guide – Rowan County

The service providers listed below are for Rowan County and surrounding areas. Agencies, organizations or businesses may be listed multiple times if they offer services in multiple categories. Agencies, organizations or businesses listed under the category “One-Stop Resource Centers” offer assistance in all or nearly all other categories. OurJourney does not endorse any of the agencies, organizations or businesses listed below, unless otherwise noted on the Our Partners page of our website.

OurJourney has verified the accuracy of the information in this Resource Guide as of the date printed on the bottom of each page. There may be other service providers in Rowan County not listed. Please call 252-220-9516 or email info@ourjourney2gether.org to report any discrepancies or to suggest other service providers in Rowan County.

One-Stop Resource Centers

Rowan County Recidivism Reduction Services (RRS)

1923 S. Main St.
Salisbury, NC 28144

980-313-4127 or
336-396-3846 or
704-638-6235

www.ptrc.org/services/criminal-justice/recidivism-reduction-services-rrs/rowan-county-rrs

Monday through Friday: 9:00 AM to 5:00 PM

RRS services include cognitive behavioral instruction (CBI), substance abuse treatment, case management and support services/community linkages to address employment, education, health/nutrition, parenting, family counseling, and transportation needs.

Ask for Lorenzo Debose, RRS Coordinator.

Assistance is free; some services provided by partner organizations may charge fees

One-Stop Resource Centers

Piedmont Triage Regional Council - Project Reentry

1923 S. Main St.
Salisbury, NC 28144

704-638-6433

www.ptrc.org/services/criminal-justice/project-re-entry

Monday through Friday: 9:00 AM to 5:00 PM

Provides individual case management/transition planning, deinstitutionalization counseling, employment and vocational training, mental health and substance abuse treatment referrals, housing referrals, basic needs and transportation assistance, family reunification support.

Ask for Trina Whitley. Call to schedule appointment. Partners with the Goodwill Career Center program.

Assistance is free; some services provided by partner organizations may charge fees

United Way of Rowan County

131 W Innes St, Suite 201
Salisbury, NC 28144

704-633-1802

www.rowanunitedway.org

Monday through Friday: 9:00 AM to 5:00 PM

Provides support to dozens of member agency programs in Rowan County. In addition to calling the number provided for the Rowan office, you can get assistance by calling the United Way hotline by dialing 211.

Assistance is free; some services provided by partner organizations may charge fees

Rowan Helping Ministries

226 N Long St.
Salisbury, NC 28144

704-637-6838 (Option 1)

rowanhelpingministries.org

Monday through Friday: 9:00 AM to 3:30 PM

Provides assistance to clients with emergency needs such as food, utilities, medications, housing, and clothing. Volunteers work with staff to interview clients, assess their needs and eligibility, and determine available resources.

Call to set up an appointment. Address and Hours of Operation are for the main crisis center; visit their website for the addresses and hours of operation for their food and clothing assistance locations.

Assistance is free; some services provided by partner organizations may charge fees

Food Resources

Main Street Marketplace and Meeting Place

306 S. Main St.
China Grove NC 28023

704-859-1898

www.marketandmeeting.org

Tuesday through Friday: 10:00 AM to 4:00 PM

Saturday: 10:00 AM to 1:00 PM

Provides groceries on a sliding scale to allow everyone in the community access to healthy and local food.

Also offers one-time \$30 food gift card for the store to those in need who live in Rowan County.

They also offer what they call The Hub, a resource center with printers, computers and people to help for those who don't have a computer. Call 704-855-2909 for more information about The Hub. They also offer a 15-week class called "Getting Ahead" for those returning from prison (the class costs \$300).

Fees are on a sliding scale, meaning you pay for what you can afford.

Grateful Heart Community Services

706 Dunns Mountain Rd.
Salisbury, NC 28146

704-209-2257

gheartcs.org

Helps those with emergency food needs. Also provides help with clothing and limited help with shelter. Call for Hours of Operation.

Free

Rufty Holmes Senior Center

1120 South Martin Luther King Jr Ave.
Salisbury, North Carolina 28144

704-216-7702

www.ruftyholmes.org

Monday through Friday: 10:00 AM to 1:00 PM

Provides free hot lunches every weekday for those in Rowan County who are age 60 and over. Some limited transportation to the lunch centers is available.

Must call first and speak to the Nutrition Manager who will sign you up for your first lunch.

Also provides assistance with Medicare enrollment, IRS tax preparation, legal guidance, recreational programs and in-home care for those age 55 and over.

The address is for the main office; there are multiple locations that offer the daily lunches.

Free. They do ask for donations to cover the cost of the meals, but everyone is fed regardless of whether or not they make a donation

Medical / Dental Resources

Rowan County Health Department

1811 E Innes St.
Salisbury, NC 28146

704-216-8777

www.rowancountync.gov/256/Health-Department

Monday through Friday: 8:00 AM to 5:00 PM

Offers assistance with a variety of basic health needs, including disease prevention and others. Also offers free HIV and other STD testing and free COVID testing and vaccinations. Free

China Grove Family Medicine & Dental Clinic

307 E. Thom St.
China Grove, NC 28023

704-855-5200

www.crchc.org/china-grove-family-medicine

Monday, Wednesday, Friday: 8:00 AM to 5:00 PM
Tuesdays and Thursdays: 8:00 AM to 7:00 PM

Services include behavioral health and psychiatry services, medication assistance, chronic disease management, dental services, and health coaching. We also provide COVID-19 vaccines and testing within the community. At CRCHC, we offer medical care for the whole family, regardless of a patient's ability to pay. Part of the Cabarrus-Rowan Community Health Center network.

Fees are on a sliding scale, meaning you pay for what you can afford. No one is turned away because they can't pay. They also accept Medicaid and Medicare.

Salisbury Health Center

330 Jake Alexander Blvd. W, Suite 103
Salisbury, NC 28147

704-519-2366

www.crchc.org/salisbury-health-center

Monday through Friday: 8:00 AM to 5:00 PM

Services include behavioral health and psychiatry services, medication assistance, chronic disease management, dental services, and health coaching. We also provide COVID-19 vaccines and testing within the community. At CRCHC, we offer medical care for the whole family, regardless of a patient's ability to pay. Part of the Cabarrus-Rowan Community Health Center network.

Fees are on a sliding scale, meaning you pay for what you can afford. No one is turned away because they can't pay. They also accept Medicaid and Medicare.

Medical / Dental Resources

Community Care Clinic of Rowan County, Inc.

315G Mocksville Ave.
Salisbury, NC 28144

704-636-4523

communitycareofrowan.org

Monday through Thursday: 8:00 AM to 4:30 PM
(Closed for lunch each day and all day Friday)

Provides primary care to adults with chronic conditions such as diabetes management, high blood pressure, COPD and asthma. Also provides dental examinations, x-rays, extractions, fillings, cleanings and gum disease treatments. They have a full-service pharmacy to provide non-narcotic medication and supplies. You can just walk in, but they recommend for you to download the enrollment forms online and bring them with you on your first visit.

If approved for enrollment, you will need to pay a one-time enrollment fee of \$10. Must provide proof that you live in Rowan County and have an ID (your prison ID will work).

Free for those who qualify and aren't insured

NC MedAssist

866-331-1348

medassist.org

NC MedAssist is a statewide program for those who do not have the means to buy life-saving medications to treat chronic diseases such as heart disease, diabetes, and asthma. To qualify you must live in NC, not have any insurance (not even Medicaid) and have income that is at or below 300% of the national poverty average. (To give you an example, if you live with one other person, the combined yearly income for both of you can't be more than \$54,930, or \$4,577 per month.) Visit their website to enroll or call for more information. They also have a Mobile Free Pharmacy that travels the state handing out free Over The Counter medications to anyone, no ID required.

Free for those who qualify and aren't insured

Mental Health & Substance Abuse Resources

Daymark Recovery Service

2129 Statesville Blvd.
Salisbury, NC 28147

704-633-3616
866-275-9552 (24-Hour Crisis
Hotline)

[www.daymarkrecovery.org/locations/
rowan-center](http://www.daymarkrecovery.org/locations/rowan-center)

Monday through Friday: 8:00 AM to
5:00 PM

Provides comprehensive
outpatient behavioral healthcare
services. Call to set up an initial
consultation appointment.

Fees are on a sliding
scale, meaning you pay
for what you can afford.
They also accept
Medicaid.

Hope 4 NC

1-855-587-3463

[www.ncdhhs.gov/divisions/mental-
health-developmental-disabilities-
and-substance-abuse/hope4nc](http://www.ncdhhs.gov/divisions/mental-health-developmental-disabilities-and-substance-abuse/hope4nc)

Offers free and confidential
emotional support, counseling
referrals and community
resources for those in crisis.
Available 24 hours a day, seven
days a week.
A real person will always answer.

Assistance is free;
some services provided
by partner
organizations may
charge fees

Treatment Accountability for Safer Communities (TASC)

125 N Main St.
Salisbury, NC 28144

704-638-6318

[www.ncdhhs.gov/providers/provider-
info/mental-health-development-
disabilities-and-substance-abuse-
services/treatment-accountability-
safer-communities-tasc](http://www.ncdhhs.gov/providers/provider-info/mental-health-development-disabilities-and-substance-abuse-services/treatment-accountability-safer-communities-tasc)

Monday through Friday: 8:00 AM to
5:00 PM

Provides care management
services to people with substance
abuse or mental illness who are
involved in the justice system.
TASC combines the influence of
legal sanctions with treatment and
support services to permanently
interrupt the cycle of addiction
and crime.
Must be referred by your parole
officer.

There is a one-time fee
of \$50 that you will pay
after you have
completed their
program

Job Training / Job Placement Resources

Vocational Rehabilitation

205 Guffy St.
Salisbury, NC 28147

704-706-6900

www.ncdhhs.gov/divisions/vocational-rehabilitation-services

Monday through Friday: 8:00 AM to 4:00 PM

Provides a variety of services, depending on your specific needs. They are customized to help you find a job and offer career counseling, education and training, job placement assistance and on-going support, medical treatments and assistive technology. Works specifically with those who have physical, mental or emotional disabilities.

Free

NCWorks Career Center - Rowan County

1904 S Main St.
Salisbury, NC 28144

704-639-7529

www.ncworks.gov

Monday through Friday: 8:00 AM to 4:30 PM

Offers support for everything from creating a resume and finding the right job opportunities to preparing clients for job interviews. Website has links for finding a Job.

Free

Hire Dynamics

1717 W Innes St.
Salisbury, NC 28144

704-633-1911

www.hiredynamics.com/locations/salisbury-nc/

Monday through Friday: 8:00 AM to 5:00 PM

Temporary agency offering job placement in local businesses for clients who can pass a drug test and have reliable transportation. They do conduct a background check, and some business they work with will not hire ex-felons, but others will. Has a referral bonus program where you can earn up to \$100. If you can, they recommend that you apply online and then schedule a follow-up appointment. If you can, call to schedule an appointment or walk in on Tuesdays and Thursdays only. Must have ID (prison ID is accepted)

Free

Job Training / Job Placement Resources

Goodwill Career Center

1923 S Main St.
Salisbury, NC 28144

704-638-6434

www.ncdhhs.gov/divisions/vocational-rehabilitation-services

Monday through Friday: 8:00 AM to 5:00 PM

Offers free, personalized services for job seekers including skills assessment, career coaching, access to computers, help with interviewing skills and resume-writing, and job placement services. Free

Transportation Resources

Rowan Transit System (RTS)

2726 Old Concord Rd.
Salisbury, NC 28146

704-216-8899

www.rowancountync.gov/231/Rowan-Transit-System

Tuesdays through Friday: 7:00 AM to 5:00 PM

Provides non-emergency van transportation for any Rowan County resident. You must call and schedule your trip ahead of time (they recommend three days before). They'll pick you up, take you to your destination and bring you back.

They service different areas of Rowan County on different days of the week.

Tuesdays: West Rowan
Wednesdays: North Rowan
Thursdays: South Rowan
Fridays: East Rowan

Fare is \$2.00 per trip; reduced rates are available for those who qualify. Must have exact change

Salisbury Public Transportation

Pickup and Drop Off spots at dozens of fixed locations throughout Salisbury

704-638-5252

salisburync.gov/Government/Transit

Monday through Friday: 6:00 AM to 7:00 PM

Saturday: 9:30 AM to 3:20 PM

Does not operate on major holidays

Provides public bus transportation throughout the city of Salisbury, Spencer and East Spencer.

Go online for a map of all pick and drop off locations and times.

All rides are \$1.00 (exact change required when boarding). You can also purchase pass books good for 40 rides at \$35 (or \$17 for seniors, the disabled or students)

Clothing Resources

Goodwill Industries - Salisbury

475 Faith Rd.
Salisbury, NC 28146
980-305-5017

836 Jake Alexander Blvd W
Salisbury, NC 28147
704-637-6673

www.goodwillnwc.org

Monday through Saturday: 10:00 AM
to 8:00 PM
Sunday: 1:00 PM to 6:00 PM

Offers previously-owned clothing and other items at extremely low prices. You can often find name-brand clothes in good to great condition.

Men's pants are as low as \$4.50 each, shirts as low as \$2.99 each. Other items are priced low also.

Nazareth Outlet Store

1800 E Innes St.
Salisbury, NC 28146
704-633-6091

nazcfc.org/about-us/our-outlet-store/

Tuesday through Friday: 9:00 AM to
6:00 PM
Saturday: 9:00 AM to 5:00 PM
(Closed Mondays and Sundays)

Offers previously-owned clothing, furniture and other items at extremely low prices. You can often find name-brand clothes in good to great condition. Also offers help with mental health, substance abuse and developmental disability needs. Call for more information about those programs.

Prices vary depending on item

Salvation Army Thrift Store

521 Jake Alexander Blvd W
Salisbury, NC 28147
704-636-7587

Find them on Facebook at The
Salvation Army of Rowan County,
NC

Monday, Wednesday through
Saturday:
10:00 AM to 4:00 PM
(Closed Tuesdays and Sundays)

Offers previously-owned clothing, furniture and other items at extremely low prices. You can often find name-brand clothes in good to great condition.

Prices vary depending on item

Directory for Rowan County Agencies:

Rowan County Probation Department	310 N Main St. Salisbury, NC 28144	704-639-7518
Rowan County DMV	5780 S Main St. Salisbury, NC 28147	704-633-5873
Rowan County Dpt. of Social Services	1813 E Innes St. Salisbury, NC 28146	704-216-8330

Directory for State and Federal Government Programs that Offer Temporary Assistance:

SNAP (Supplemental Nutrition Assistance Program): www.fns.usda.gov/snap/supplemental-nutrition-assistance-program

LIEAP (Low Income Energy Assistance): www.ncdhhs.gov/divisions/social-services/energy-assistance/low-income-energy-assistance-lieap

TANF (Temporary Assistance for Needy Families): www.ncdhhs.gov/divisions/social-services/work-first-family-assistance

Other Organizations that Offer Assistance:

NC Justice Center (provides information about getting a State ID, reclaiming your voting rights and overcoming other barriers to reentry) **Important Message: You can now have your voting rights restored immediately!**: 919-856-2570 or online at www.ncjustice.org/projects/fair-chance-criminal-justice-project/

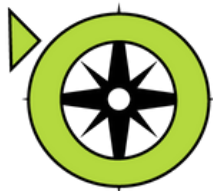
National Suicide Prevention Hotline: Dial 988 or online at www.suicidepreventionlifeline.org

Veterans Resources in Rowan County (for all military veterans): 704-216-8138 or online at www.rowancountync.gov/335/Veterans-Services

Felony Record Hub (an online resource with jobs, housing and reentry advice for people with criminal records): www.felonyrecordhub.com

NC211.org (an online information and referral service provided by United Way of North Carolina. It offers a searchable database with information about resources for all 100 counties in North Carolina)

Other Assistance Available through OurJourney: Anyone returning to any county in North Carolina from any state prison is automatically eligible to participate in the OurJourney **Essential Services** program. The Essential Service programs provides one-on-one, professional assistance, including help with writing a resume, preparing for a job interview, handling stress and rejection, registering to vote, and six other essential services for those rebuilding their lives after incarceration. This program is free of charge. To learn more or to enroll, call 252-220-9516 or visit www.ourjourney2gether.com/essential-services.



OurJourney
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