

# **Reentry Resource Guide for Lenoir County**









## PLEASE READ THIS FIRST!

Nothing is more frustrating these days than trying to get an actual human being to answer the phone when you call organizations for assistance. This can especially be true for government agencies. If this happens to you when contacting any of the service providers listed in this Reentry Resource Guide, remember the following:

- Try to find all the information you need on the service provider's website, which OurJourney gives for every service provider that has one. That way you won't even need to call. If the website gives an email address, you might try emailing the service provider with your non-emergency questions.
- Sometimes by pressing the zero button on your phone you can skip past the recorded message and be sent straight to a human operator.
- Know ahead of time exactly what you want to ask; have any materials you need on hand before you call (such as ID, application, etc.).
- Be patient. If you simply can't wait on hold any longer, choose the option that lets you leave a voicemail (if available).
- If you leave a voicemail, remember to state your name and phone number clearly, along with the reason for your call.
- Make sure you're available for call-back during normal business hours. If you can't be, when you leave your voicemail provide a time range for call-back.

Also remember, many people in your community need help too. So you may be placed on a waiting list for some services. OurJourney always recommends that you begin your search for assistance by contacting the One-Stop Resource Centers listed at the front of this guide. Why? Because these service providers usually have the resources and connections in the community to provide more immediate and specific help.

Agencies, organizations, ministries or businesses with a Selection beside their listing are close partners of OurJourney. We have verified not just their basic information but that they are dedicated to helping you rebuild your life. Make sure you mention that OurJourney sent you!

Finally, remember that your success ultimately depends on **YOU**! OurJourney encourages you not to give up if you can't find help when and how you need it. We know firsthand how frustrating it can be when things don't go the way you hope, but we also know that **the worst day in freedom is better than the best day in prison**, and that patience and perseverance are just as important to your success as the assistance you need.

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Picture on the front cover: Queens Street UMC and the Hotel Kinston, from Wikipedia website



## **Resource Guide - Lenoir County**

The service providers listed below are for Lenoir County and surrounding areas. Agencies, organizations or businesses may be listed multiple times if they offer services in multiple categories. Agencies, organizations or businesses listed under the category "One-Stop Resource Centers" offer assistance in all or nearly all other categories. Our Journey does not endorse any of the agencies, organizations or businesses listed below, unless otherwise noted by a check mark beside the listing and/or on the Our Partners page of our website.

OurJourney has verified the accuracy of the information in this Resource Guide as of the date printed on the bottom of each page. There may be other service providers in Lenoir County not listed. Please call 252-220-9516 or email info@ourjourney2gether.org to report any discrepancies or to suggest other service providers in Lenoir County.

## **One-Stop Resource Centers**

#### **Hope Restorations**

611 Mitchell Street Kinston, NC 28501

252-560-7507

https://hoperestorationsnc.org

Monday through Thursday: 8:30 AM to 2:30 PM Friday: 8:30 AM to Noon

The purpose of Hope Restorations, Inc. is to provide paid employment, training, and other support to adults recovering from addictions and/or incarceration. They also operate a thrift store and offer assistance in other ways, such as with clothing, transportation, etc. If they can't help you directly, they can refer you to other organizations in Lenoir County who can.

Assistance is free; some services provided by partner organizations may charge fees

**Vocational Rehabilitation** 

1003 Hardee Rd. Kinston, NC 28504

252-522-5482

www.ncdhhs.gov/divisions/ vocational-rehabilitation-services

Monday through Friday: 8:00 AM to 5:00 PM

Provides a variety of services, depending on your specific needs. This Vocational Rehabilitation location has case workers trained to help individuals charge fees returning from prison by providing direct care or through referrals.

Assistance is free; some services provided by partner organizations may

## **One-Stop Resource Centers**

#### United Way of the Lenoir-Greene

301 N Queen St. Kinston, NC 28501

252-527-0734

https:// www.lenoirgreeneunitedway.org

Monday: 8:30 AM to 5:00 PM Tuesday through Thursday: 9:00 AM to 5:00 PM Friday: 9:00 AM to Noon Provides support to dozens of member agency programs in Lenoir County. In addition to calling the number provided for the Lenoir office, you can get assistance by calling the United Way hotline by dialing 211.

Assistance is free; some services provided by partner organizations may charge fees

#### InterChurch OutReach (ICOR)

107 E Peyton Ave. Kinston, NC 28501

252-522-4357

Find them on Facebook at Lenoir County Association of Congregations

Monday through Thursday: 1:00 to 3:00 PM

This is a community of local churches that work together to provide assistance to those in need, including financial help to cover utility payments and prescription medication. Assistance is free; some services provided by partner organizations may charge fees

### **Food Resources**

#### Salvation Army of Kinston

2110 N Queen St. Kinston, NC 28501

252-523-5175

https:// southernusa.salvationarmy.org/ kinston/

Monday through Thursday: 9:00 AM to 4:00 PM (closed for lunch)

Provides food to those in need, along with other services, such as temporary shelter. Bring your prison ID with you to receive service. They provide 1 to 3 bags of groceries. You may receive food assistance once every three months.

## **Food Resources**

#### Mary's Kitchen

110 N. Independence St. Kinston, NC 28501

252-523-1013

http://www.stmaryskinston.com/ articles/marys-kitchen/

Everyday from 10:00 to 11:30 AM

The mission of Mary's Kitchen is to serve a warm, nutritious meal to the hungry who visit the kitchen, no questions asked, every single day, including holidays.

Free

#### St. Mark Hands for Humanity

306 South Adkin St. Kinston, NC 28501

252-523-0871

https:// plantingseedsofpromise.weebly.com/ st-mark-church-ministries.html

Monday, Wednesday, Friday and Saturday: 9:00 AM to 2:00 PM Tuesday and Thursday: 9:00 AM to Noon Provides assistance to help meet Free basic daily food needs. They also offer clothing assistance.

## **Medical / Dental Resources**

#### Lenoir County Health Department

201 N McLewean St. Kinston, NC 28501

252-526-4200

https://lenoircountync.gov/healthdepartment/

Monday through Friday: 7:30 AM to 4:30 PM

Offers assistance with a variety of Free basic health needs, including disease prevention and others. Also offers free HIV and other STD testing and free COVID testing and vaccinations. Will also help with referrals to other health care providers in Lenoir County.

## **Medical / Dental Resources**

## Kinston Community Health Care

324 N. Queen St. Kinston, NC 28501

252-522-9800

#### https://kinstonhealth.org

Monday through Friday: 8:00 AM to 6:00 PM



#### **NC MedAssist**

866-331-1348

medassist.org

NC MedAssist is a statewide program for those who do not have the means to buy life-saving medications to treat chronic diseases such as heart disease. diabetes, and asthma. To qualify you must live in NC, not have any insurance (not even Medicaid) and have income that is at or below 300% of the national poverty average. (To give you an example, if you live with one other person, the combined yearly income for both of you can't be more than \$54,930, or \$4,577 per month.) Visit their website to enroll or call for more information. They also have a Mobile Free Pharmacy that travels the state handing out free Over The Counter medications to anyone, no ID required.

Provides health care in several

categories, including family

medicine, behavioral health,

prescription medication and

dental.

Fee based on a sliding scale (what you can afford). You'll need to complete their Sliding Scale Discount application first (available on their website)

Free for those who qualify and aren't insured

OurJourney can help you enroll in NC MedAssist's free pharmacy program! Call us 252-220-1956 to learn more.

## Mental Health & Substance Abuse Resources

#### **Port Health - Kinston Clinic**

2901 N Herritage St. Kinston, NC 28501

252-233-2383

https://www.porthealth.org

Monday through Friday: 8:00 AM to 5:00 PM

Provides a comprehensive range of services that treat those with mental or behavioral issues, substance abuse issues or mental health medication needs. They provide MAT (Medication Assisted Therapy). Fee based on a sliding scale (what you can afford)

#### Life-Touch

2111 North Queen St., Suite 2 Kinston, NC 28501

252-527-3300

https://life-touchllc.org

Sunday through Saturday: 9:00 AM to 5:00 PM

Offers outpatient services to help with mental and behavioral health issues and substance abuse. Call to schedule an appointment. Fees are on a sliding scale (based on what you can afford). No one is turned away because of lack of money

## **Job Training / Job Placement Resources**



#### **NCWorks Career Center**

231 North Carolina Hwy 58 Kinston, NC 28504

252-775-6021

5:00 PM

Find them on Facebook at NCWorks Career Center - Lenoir County

Monday through Friday: 8:00 AM to

Offers support for everything from Free creating a resume and finding the right job opportunities to preparing clients for job interviews. Website has links for Finding a Job. Located on the campus of Lenoir Community College.

## Job Training / Job Placement Resources

#### **Vocational Rehabilitation**

1003 Hardee Rd. Kinston, NC 28504

252-522-5482

www.ncdhhs.gov/divisions/ vocational-rehabilitation-services

Monday through Friday: 8:00 AM to 5:00 PM

Provides a variety of services, depending on your specific needs. They are customized to help you find a job and offer career counseling, education and training, job placement assistance and on-going support, medical treatments and assistive technology. Works specifically with those who have physical, mental or emotional disabilities. **Also see One-Stop Resource Centers.** 

#### Manpower

327 N Queen St., Suite 327 Kinston, NC 28501

252-522-8006

https:// www.manpowergroupusa.com/ manpower

Monday through Friday: 9:00 AM to 5:00 PM

Temporary agency offering job placement in local businesses for clients who can pass a drug test and have reliable transportation. They do conduct a background check, and some business they work with will not hire ex-felons, but others will.

Free

Free

## **Financial Resources**



#### **Operation HOPE**

704-680-3163

https://operationhope.org

Monday through Friday: 8:00 AM to 5:00 PM

Helps individuals of all ages and backgrounds, including the formerly incarcerated, by offering financial education, one-on-one coaching, courses on credit score improvement, as well as pathways toward homeownership and starting a business. They have eight locations across the state of North Carolina, but since they can also provide their services over the phone, they can help you even if you don't live near one of their locations. This is a great (and totally free) program for those who want to understand how to rebuild their credit and financial life after incarceration. Call Alisha Kenny at the number provided to set up an initial appointment.

## **Transportation Resources**

#### Lenoir County Transit

*Main Office:* 201 E. King St. Kinston, NC 28501

252-559-6457 (Office) 252-523-4171 (To Schedule a Ride)

https://lenoircountync.gov/ transportation-department/schedulea-ride/

Office Hours: Monday through Friday: 8:00 AM to 5:00 PM

Vehicle Ride Hours: Monday through Friday: 4:00 AM to 6:00 PM Closed on all holidays. Provides public transportation throughout Lenoir County. They will pick you up, take you on your trip and return you. To schedule a ride, you must call the number provided, press 1, and leave a voicemail that includes your full name, phone number, pick-up dress, drop-off time, destination address, if anyone else will ride with you and if you'll need any special assistance. You must schedule your ride by one business day before the day you need the ride. Fares are \$5.00 each way anywhere in Lenoir County (\$3.00 each way for seniors)

Free

## **Clothing Resources**

#### Goodwill Industries - Lenoir County

4190 W Vernon Ave. Kinston, NC 28504

252-520-6624

https://www.gienc.org/store/kinston

Monday through Friday: 9:00 AM 8:00 PM Saturday: 9:00 AM to 6:00 PM Sunday: Noon to 6:00 PM Offers previously-owned clothing and other items at extremely low prices. You can often find namebrand clothes in good to great condition. There are numerous locations across Lenoir County. Go online to find the location closest to you. Men's pants are as low as \$4.50 each, shirts as low as \$2.99 each. Other items are priced low also.

#### **Second Chances Thrift Shop**

2900 W Vernon Ave. Kinston, NC 28504

252-522-0787

Find them on Facebook at Second Chances Thrift Shop of the Lenoir County SPCA

Monday through Friday: 10:00 AM to 5:00 PM Saturday: 10:00 AM to 3:00 PM

#### Offers a wide variety of merchandise including clothing for the whole family, shoes, coats, small appliances, vintage items, books, in-store floral arrangements, jewelry, audio books, toys/games, lamps, dishes, and more, all at affordable prices. Proceeds help support the Lenoir County Society for the Prevention of Cruelty to Animals.

Prices vary depending on item

#### **Salvation Army Family Store**

317 Boy Scout Blvd. Kinston, NC 28501

252-527-8772

Find them on Facebook at The Salvation Army Thrift Store (Kinston, NC)

Tuesday through Friday: 10:00 AM to 3:00 PM

Offers previously-owned clothing and other items at extremely low prices. You can often find namebrand clothes in good to great condition. They often provide clothing vouchers for those returning from prison, but you must ask at the front desk and be prepared to show your prison ID. Prices vary depending on item

#### **Directory for Lenoir County Agencies:**

Lenoir County Probation Department	301 E King St. Kinston, NC 28501	252-526-4520
Lenoir County DMV (Main Location)	2214 W Vernon Ave. Kinston, NC 28501	252-526-4432
Lenoir County Dpt. of Social Services	130 W King St. Kinston, NC 28501	252-559-6400

#### Directory for State and Federal Government Programs that Offer Temporary Assistance:

SNAP (Supplemental Nutrition Assistance Program): <u>www.fns.usda.gov/snap/supplemental-nutrition-assistance-program</u>

LIEAP (Low Income Energy Assistance): <u>www.ncdhhs.gov/divisions/social-services/energy-assistance/low-income-energy-assistance-lieap</u>

TANF (Temporary Assistance for Needy Families): <u>www.ncdhhs.gov/divisions/social-services/</u> work-first-family-assistance

#### Other Organizations that Offer Assistance:

NC Justice Center (provides information about getting a State ID, reclaiming your voting rights and overcoming other barriers to reentry) **Important Message: You can now have your voting rights restored immediately!**: 252-856-2570 or online at <u>https://www.ncjustice.org/projects/fair-chance-criminal-justice-project/</u>

National Suicide Prevention Hotline: Dial 988 or online at https://988lifeline.org/.

Veterans Resources in Lenoir County (for all military veterans): 252-522-5050 or online at <u>https://www.va.gov/</u>

Felony Record Hub (an online resource with jobs, housing and reentry advice for people with criminal records): <u>www.felonyrecordhub.com</u>

<u>NC211.org</u> (an online information and referral service provided by United Way of North Carolina. It offers a searchable database with information about resources for all 100 counties in North Carolina)

**Other Assistance Available through OurJourney:** Anyone returning to any county in North Carolina from any state prison is automatically eligible to participate in the OurJourney **Essential Services** program. The Essential Service programs provides one-on-one, professional assistance, including help with writing a resume, preparing for a job interview, handling stress and rejection, registering to vote, and six other essential services for those rebuilding their lives after incarceration. This program is free of charge. To learn more or to enroll, call 252-220-9516 or visit <u>www.ourjourney2gether.com/essential-services</u>.



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