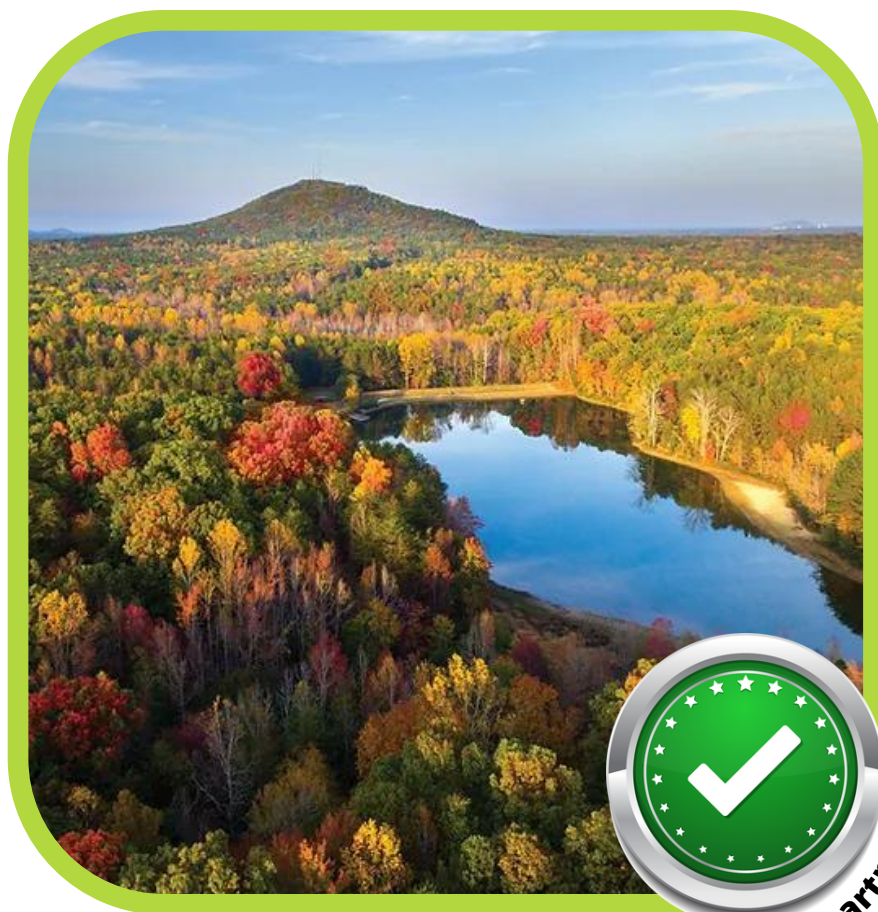




Reentry Resource Guide for Gaston County



2023




PLEASE READ THIS FIRST!

Nothing is more frustrating these days than trying to get an actual human being to answer the phone when you call organizations for assistance. This can especially be true for government agencies. If this happens to you when contacting any of the service providers listed in this Reentry Resource Guide, remember the following:

- Try to find all the information you need on the service provider's website, which OurJourney gives for every service provider that has one. That way you won't even need to call. If the website gives an email address, you might try emailing the service provider with your non-emergency questions.
- Sometimes by pressing the zero button on your phone you can skip past the recorded message and be sent straight to a human operator.
- Know ahead of time exactly what you want to ask; have any materials you need on hand before you call (such as ID, application, etc.).
- Be patient. If you simply can't wait on hold any longer, choose the option that lets you leave a voicemail (if available).
- If you leave a voicemail, remember to state your name and phone number clearly, along with the reason for your call.
- Make sure you're available for call-back during normal business hours. If you can't be, when you leave your voicemail provide a time range for call-back.

Also remember, many people in your community need help too. So you may be placed on a waiting list for some services. OurJourney always recommends that you begin your search for assistance by contacting the One-Stop Resource Centers listed at the front of this guide. Why? Because these service providers usually have the resources and connections in the community to provide more immediate and specific help.

Agencies, organizations, ministries or businesses with a  beside their listing are close partners of OurJourney. We have verified not just their basic information but that they are dedicated to helping you rebuild your life. Make sure you mention that OurJourney sent you!

Finally, remember that your success ultimately depends on **YOU!** OurJourney encourages you not to give up if you can't find help when and how you need it. We know firsthand how frustrating it can be when things don't go the way you hope, but we also know that **the worst day in freedom is better than the best day in prison**, and that patience and perseverance are just as important to your success as the assistance you need.

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Picture on the front cover courtesy of www.busytourist.com



Resource Guide - Gaston County

The service providers listed below are for Gaston County and surrounding areas. Agencies, organizations or businesses may be listed multiple times if they offer services in multiple categories. Agencies, organizations or businesses listed under the category “One-Stop Resource Centers” offer assistance in all or nearly all other categories. OurJourney does not endorse any of the agencies, organizations or businesses listed below, unless otherwise noted on the Our Partners page of our website.

OurJourney has verified the accuracy of the information in this Resource Guide as of the date printed on the bottom of each page. There may be other service providers in Gaston County not listed. Please call 252-220-9516 or email info@ourjourney2gether.org to report any discrepancies or to suggest other service providers in Gaston County.

One-Stop Resource Centers

United Way - Gaston

200 E Franklin Blvd.
Gastonia, NC 28052

704-864-4554

www.unitedwaygaston.org

Monday through Thursday: 8:30 AM
to 5:00 PM
Friday: 8:30 AM to 12:00 PM

Provides support to 31 member agency programs in Gaston County. In addition to calling the number provided for the Gaston office, you can get assistance by calling the United Way hotline by dialing 211.

Assistance is free; some services provided by partner organizations may charge fees



Crossroads Reentry

PO Box 861
Huntersville, NC 28070

704-499-1332

www.crossroadsreentry.org

Located near Charlotte, NC, but offers a wide variety of resources and referrals in several categories for those returning from prison regardless of location. Their slogan is “Any need, anywhere.” Call and leave a message for Jeff Cloud and he will call you back promptly.

Assistance is free; some services provided by partner organizations may charge fees

One-Stop Resource Centers

Salvation Army of Gaston & Lincoln Counties

107 S. Broad Street
Gastonia, NC 28052

704-867-6145

<https://southernusa.salvationarmy.org/gaston-lincoln-counties/>

Monday through Friday: 9:00 AM to 4:30 PM

Offers crisis support in several ways, such as by providing food, shelter, rent and utilities assistance, clothes, etc. They also hold weekly church services. The address, phone number and hours listed are for the Social Services location.

Free

Food Resources

Crisis Assistance Ministry - Gastonia

805 West Airline Ave.
Gastonia, NC 28052

704-867-8901

<https://crisisassistancegastonia.org>

Food pickup by appointment only

Provides locally donated food and USDA food boxes for residents of Gastonia. You can receive locally donated food assistance once every other month and USDA food boxes during the in-between months. You must fill out an online application first. You must present a photo ID (your prison ID is accepted).

Free

B.R.E.A.D., Inc.

3803 Old York Rd.
Gastonia, NC 28056

704-854-9221

<https://www.breadfoodbank.com/>

Tuesday and Thursdays: 9:00 AM to Noon

Provides food and other assistance to those in need. You must present a photo ID (your prison ID is accepted). You can get food assistance once a week. They also will provide you with a food box once a month.

Free

Food Resources

Gastonia Street Ministry

416 W. Main Ave.
Gastonia, NC 28052
704-605-3173

[https://
www.gastoniastreetministry.com](https://www.gastoniastreetministry.com)

Every 4th Monday: 3:00 to 6:00 PM

Provides food to anyone who shows up in need on the 4th Monday of every month. They give out can goods, meat, bread, and any items donated.

Free

Glow Food Ministry

1015 W. Franklin Blvd.
Gastonia, NC 28052
704-810-8595

<http://revolutionchurchnc.com/glow/>

Mondays from 6:00 to 7:00 PM

Provides food to those in need. Part of the outreach of Revolution Church. The number provided is for the church.

Free

Medical / Dental Resources

Gaston County Health Department

991 W Hudson Blvd.
Gastonia, NC 28052
704-853-5000

[https://www.gastongov.com/326/
Public-Health-Division](https://www.gastongov.com/326/Public-Health-Division)

Monday through Friday: 8:00 AM to 5:00 PM

Offers assistance with a variety of basic health needs, including disease prevention and others. Also offers free HIV and other STD testing and free COVID testing and vaccinations.

Free

Medical / Dental Resources

HealthNet Gaston

613 East Franklin Blvd.
Gastonia, NC 28054

704-874-1954

<https://www.healthnetgaston.org>

Monday through Friday: 8:00 AM to 5:00 PM

HealthNet Gaston is nonprofit organization dedicated to providing access to affordable healthcare services to low-income, uninsured Gaston County residents with chronic medical conditions such as diabetes, high blood pressure and heart disease.

Fees are on a sliding scale (based on what you can afford). No one is turned away because of lack of money

Kintegra Family Medicine – Gastonia

111 E. 3rd Ave.
Gastonia, NC 28052

704-874-3300 (Office)
704-874-3316 (Appointments)

<https://www.kintegra.org/kintegra-family-medicine-3rd-ave/>

Monday: 8:00 AM to 8:00 PM
Tuesday through Friday: 8:00 AM to 5:00 PM

Services include primary care, medication assistance, behavioral health counseling, diabetes management, and behavioral health medication management for adults and children. They have other locations in Gaston County, including a dentist office; call for the location closest to you.

Fee based on a sliding scale (what you can afford). They accept all forms of insurance and also offer state funding for the uninsured



Parks Insurance

153 S. Oakland Ave.
Rock Hill SC 29730

866-932-7200

<https://parksinsured.com/>

Monday through Friday: 8:00 AM to 7:00 PM

Parks Insurance is licensed in all 50 states to offer healthcare insurance to individuals returning from prison. Through a special program called G.I.F.T. (Giving Insurance Freely for Transition), you are eligible to receive healthcare insurance with ZERO monthly payments and little, if any, deductibles. This plan covers doctor visits, medication, behavioral health, surgery, hospital stays and more. Everyone qualifies, even those with preexisting conditions.

Free to those who qualify

OurJourney can help you enroll in Parks Insurance's G.I.F.T. program! Call us 252-220-1956 to learn more or call Parks Insurance and speak to a representative.

Medical / Dental Resources



NC MedAssist

866-331-1348

medassist.org

NC MedAssist is a statewide program for those who do not have the means to buy life-saving medications to treat chronic diseases such as heart disease, diabetes, and asthma. To qualify you must live in NC, not have any insurance (not even Medicaid) and have income that is at or below 300% of the national poverty average. (To give you an example, if you live with one other person, the combined yearly income for both of you can't be more than \$54,930, or \$4,577 per month.) Visit their website to enroll or call for more information. They also have a Mobile Free Pharmacy that travels the state handing out free Over The Counter medications to anyone, no ID required.

Free for those who qualify and aren't insured

OurJourney can help you enroll in NC MedAssist's free pharmacy program! Call us 704-220-1956 to learn more.

Mental Health & Substance Abuse Resources

Partners Behavioral Health Management

901 S New Hope Rd.
Gastonia, NC 28054

877-864-1454

<https://www.partnersbhm.org>

Monday through Friday: 8:00 AM to 5:00 PM

Provides assistance with behavioral/mental health needs and addiction services for individuals who are not insured or are covered by Medicaid or state and local insurance plans. They also have crisis services for anyone, regardless of their insurance status. Call for the location nearest you. Also, call in advance of coming to any office as hours could vary due to COVID concerns.

Fee based on a sliding scale (what you can afford). They accept all forms of insurance and also offer state funding assistance for the uninsured

Mental Health & Substance Abuse Resources

Infinite Beginnings, LLC

201 W 2nd Ave, Suite E
Gastonia, NC 28052

704-671-4047
704-777-6017 (Crisis Line)

<https://infinitebeginningsnc.com>

Monday through Friday: 7:30 AM to 8:00 PM

Saturday: 7:30 AM to 3:00 PM

Sunday by appointment only

Provides mental health, substance abuse and intellectual/developmental disability services, including medication management, peer support and outpatient therapy. They also offer other assistance through their Infinite Blessings organization, such as a food pantry.

Fees are on a sliding scale (based on what you can afford). No one is turned away because of lack of money



Celebrate Recovery - Catawba Heights Baptist Church

311 Belmont Mounty Holly Rd.
Belmont, NC 28012

704-827-8474

<https://www.theheightsbelmont.org/celebrate-recovery>

Every Friday beginning at 7:00 PM

Celebrate Recovery is a community of strugglers that come together to explore honestly about their pain, and the negative ways that pain shapes their self-image and how they see God and others. It uses 8 Recovery Principles and 12 Steps. Celebrate Recovery - Catawba Heights Baptist Church also offers free clothing to those in need and has three transitional homes for men in recovery. (They cannot accept men who are registered on the Sex Offender Registry due to the location.)

They provide a free meal every third Friday that begins at 6:00 PM.

Rodney Alexander is the Celebrate Recovery Pastor.

Always contact your parole officer before leaving Lincoln County.

Free

Mental Health & Substance Abuse Resources

Olive Branch Ministry - Points of Hope

Main Office:
3730 N. Center St.
Hickory, NC 28601

Gaston Office:
2505 Court Dr.
Gastonia, NC 28054

828-291-7023

<https://olivebranchministry.org/syringe-access>

Monday and Wednesday: 8:30 AM to 5:00 PM
Thursday: 8:30 AM to Noon

Points of Hope is a program that offers many harm reduction services, including peer support, syringe services, overdose response/prevention/education, naloxone (Narcan) distribution, fentanyl test strip distribution, jail-based education, and linkage to care. Their main office is in Hickory but they provide services to Gaston County. Their office is inside Phoenix Recovery Center. Free

Job Training / Job Placement Resources

Vocational Rehabilitation

109 W 8th Ave.
Gastonia, NC 28054

704-853-5358

www.ncdhhs.gov/divisions/vocational-rehabilitation-services

Monday through Friday: 8:00 AM to 5:00 PM

Provides a variety of services, depending on your specific needs. They are customized to help you find a job and offer career counseling, education and training, job placement assistance and on-going support, medical treatments and assistive technology. Free

Goodwill Career Center - Gaston

116 Armstrong St.
Gastonia, NC 28054

704-916-1610

<https://goodwillsp.org/services/career-centers>

Monday through Friday: 8:30 AM to 4:30 PM

Offers personalized services to help job seekers including resume-writing assistance, skills assessment, career coaching, access to computers, help with interviewing skills and job placement services. You can walk in or, for online services, complete the intake form on their website. Free

Job Training / Job Placement Resources



NCWorks Career Center

1391 Bessemer City Rd.
Gastonia, NC 28052

704-853-5328

<https://ncworksgaston.com>

Monday through Thursday: 8:30 AM
to 4:30 PM

Friday: 8:30 AM to 1:00 PM

Offers support for everything from Free
creating a resume and finding the
right job opportunities to
preparing clients for job
interviews. Website has links for
Finding a Job.

Hire Dynamics

3060 E. Franklin Blvd., Suite 2
Gastonia, NC 28056

704-865-1255

[https://hiredynamics.com/locations/
gastonia-nc/](https://hiredynamics.com/locations/gastonia-nc/)

Monday through Friday: 8:00 AM to
5:00 PM

Temporary agency offering job Free
placement in local businesses for
clients who can pass a drug test
and have reliable transportation.
They do conduct a background
check, and some business they
work with will not hire ex-felons,
but others will.
If you can, they recommend that
you apply online and then
schedule a follow-up
appointment.

Gaston Skills

1301 Bessemer City Rd.
Gastonia, NC 28052

704-869-0300

<https://www.gastonskills.org>

Monday through Thursday: 8:00 AM
to 3:30 PM

Gaston Skills, Inc. is a private Free
nonprofit organization that helps
adults who are mentally
challenged in Gaston, Lincoln and
the eastern portion of Cleveland
Counties find employment.

Financial Resources



Operation HOPE

704-680-3163 or
888-388-4673

<https://operationhope.org>

Monday through Friday: 8:00 AM to
5:00 PM

Helps individuals of all ages and backgrounds, including the formerly incarcerated, by offering financial education, one-on-one coaching, courses on credit score improvement, as well as pathways toward homeownership and starting a business. They have eight locations across the state of North Carolina, but since they can also provide their services over the phone, they can help you even if you don't live near one of their locations. This is a great (and totally free) program for those who want to understand how to rebuild their credit and financial life after incarceration. Call Alisha Kenny at the number provided to set up an initial appointment.

Free

Transportation Resources

Gastonia City Bus Service

Pickup and Drop Off spots at several locations throughout the city of Gastonia

(704) 866-6855

<https://www.cityofgastonia.com/city-bus-service.html>

Monday through Friday: 5:30 AM to
6:30 PM
Saturday: 8:00 AM to 6:00 PM
(The buses do not operate on all major holidays)

Provides public transportation throughout the city of Gastonia, Call or visit their website for more information about each route, including schedule of stops.

Regular bus fare is
\$1.25

Transportation Resources

Gaston County ACCESS

Main Office:

816 W Mauney Street
Gastonia, NC 28053

704-866-3254

[https://www.gastongov.com/164/
ACCESS---Transportation](https://www.gastongov.com/164/ACCESS---Transportation)

Monday through Friday: 4:00 AM to
6:00 PM

Provides transportation to doctor's appointments, grocery, drug store and other places for clients with Medicaid or who are senior citizens or disabled. ACCESS directly provides the needed transportation unless the requests are far more than the department can handle. If this is the case, the department makes the arrangements with outside private providers who can handle the requests, such as private transport services or other public transit providers.

Free to those who qualify

Clothing Resources

Goodwill Industries - Gaston County

2204 Union Rd.
Gastonia, NC 28054
704-864-2225

1004 S Church St.
Lowell, NC 28098
704-824-1322

<https://goodwillsp.org/shop/retail-stores/>

Monday, Wednesday through
Saturday: 10:00 AM to 9:00 PM
Tuesday: 9:00 AM to 9:00 PM
Sunday: 10:00 PM to 7:00 PM

Offers previously-owned clothing and other items at extremely low prices. You can often find name-brand clothes in good to great condition.

Men's pants are as low as \$4.50 each, shirts as low as \$2.99 each. Other items are priced low also.

Clothing Resources

Carolina Value Village

2451 W Franklin Blvd.
Gastonia, NC 28052

704-861-8808

<https://www.carolinavaluevillage.com>

Monday through Saturday: 9:00 AM
to 9:00 PM

Sunday: 11:00 AM to 7:00 PM

Offers a wide variety of previously-owned clothing, appliances, toys, games, books, home decor, furniture and much more at reduced prices.

Prices vary depending on item. They have special days when some items are reduced even more

The Salvation Army Gaston County

1475 E Franklin Blvd.
Gastonia, NC 28054

704-867-8034

<https://satruck.org>

Monday through Saturday: 10:00 AM
to 6:00 PM

Offers previously-owned clothing and other items at extremely low prices. You can often find name-brand clothes in good to great condition.

Prices vary depending on item. They may give you a voucher for free clothes if you mention that you just got out of prison

Directory for Gaston County Agencies:

Gaston County Probation Department	810 West Mauney Ave. Gastonia, NC 28052	704-853-5347
Gaston County DMV	2560 W Franklin Blvd. Gastonia, NC 28052	704-853-5372
Gaston County Dpt. of Social Services	330 Dr M.L.K. Jr. Way Gastonia, NC 28052	704-862-7500

Directory for State and Federal Government Programs that Offer Temporary Assistance:

SNAP (Supplemental Nutrition Assistance Program): www.fns.usda.gov/snap/supplemental-nutrition-assistance-program

LIEAP (Low Income Energy Assistance): www.ncdhhs.gov/divisions/social-services/energy-assistance/low-income-energy-assistance-lieap

TANF (Temporary Assistance for Needy Families): www.ncdhhs.gov/divisions/social-services/work-first-family-assistance

Other Organizations that Offer Assistance:

National Suicide Prevention Hotline: Dial 988 or online at www.988lifeline.org.

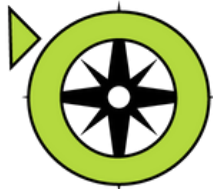
Felony Record Hub (an online resource with jobs, housing and reentry advice for people with criminal records): www.felonyrecordhub.com

Honest Jobs (the nation's leading job marketplace for people affected by the criminal justice system. Honest Jobs has over 300,000 job openings from 1,000+ fair-chance employers): www.honestjobs.com

Veterans Resources in Gaston County (for all military veterans): 704-866-3606 or online at <https://www.gastongov.com/789/Veterans-Services>

NC211.org (an online information and referral service provided by United Way of North Carolina. It offers a searchable database with information about resources for all 100 counties in North Carolina)

Other Assistance Available through OurJourney: Anyone returning to any county in North Carolina from any state prison is automatically eligible to participate in the OurJourney **Essential Services** program. The Essential Service programs provides one-on-one, professional assistance, including help with writing a resume, preparing for a job interview, handling stress and rejection, registering to vote, and six other essential services for those rebuilding their lives after incarceration. This program is free of charge. To learn more or to enroll, call 252-220-9516 or visit www.ourjourney2gether.com/essential-services.



OurJourney
PO Box 2862
Rocky Mount, NC 27802