



Reentry Resource Guide for Carteret County



2024



PLEASE READ THIS FIRST!

Nothing is more frustrating these days than trying to get an actual human being to answer the phone when you call organizations for assistance. This can especially be true for government agencies. If this happens to you when contacting any of the service providers listed in this Reentry Resource Guide, remember the following:

- Try to find all the information you need on the service provider's website, which OurJourney gives for every service provider that has one. That way you won't even need to call. If the website gives an email address, you might try emailing the service provider with your non-emergency questions.
- Sometimes by pressing the zero button on your phone you can skip past the recorded message and be sent straight to a human operator.
- Know ahead of time exactly what you want to ask; have any materials you need on hand before you call (such as ID, application, etc.).
- Be patient. If you simply can't wait on hold any longer, choose the option that lets you leave a voicemail (if available).
- If you leave a voicemail, remember to state your name and phone number clearly, along with the reason for your call.
- Make sure you're available for call-back during normal business hours. If you can't be, when you leave your voicemail provide a time range for call-back.

Also remember, many people in your community need help too. So you may be placed on a waiting list for some services. OurJourney always recommends that you begin your search for assistance by contacting the One-Stop Resource Centers listed at the front of this guide. Why? Because these service providers usually have the resources and connections in the community to provide more immediate and specific help.

Agencies, organizations, ministries or businesses with a  beside their listing are close partners of OurJourney. We have verified not just their basic information but that they are dedicated to helping you rebuild your life. Make sure you mention that OurJourney sent you!

Finally, remember that your success ultimately depends on **YOU!** OurJourney encourages you not to give up if you can't find help when and how you need it. We know firsthand how frustrating it can be when things don't go the way you hope, but we also know that **the worst day in freedom is better than the best day in prison**, and that patience and perseverance are just as important to your success as the assistance you need.

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Picture on the front cover courtesy of www.travellens.com



Reentry Resource Guide - Carteret County

The service providers listed below are for Carteret County. Agencies, organizations or businesses may be listed multiple times if they offer services in multiple categories. Agencies, organizations or businesses listed under the category “One-Stop Resource Centers” offer assistance in all or nearly all other categories. OurJourney does not endorse any of the agencies, organizations or businesses listed below, unless otherwise noted by a check mark beside the listing.

OurJourney has verified the accuracy of the information in this Resource Guide as of the date printed on the bottom of each page. There may be other service providers in Carteret County not listed. Please call 888-50-REENTRY or email contact@ourjourney2gether.com to report any discrepancies or to suggest other service providers in Carteret County.

One-Stop Resource Centers



TASC Justice Services

412 Front Street
(side entrance, 2nd Floor)
Beaufort, NC 28516

252-504-2711

coastalhorizons.org/services/justice-services/tasc-rrs-reset/

Call for Hours of Operation

TASC is a division of Coastal Horizons, a nonprofit organization that provides assistance to people in need. TASC specifically helps those returning from prison by referring them for assistance in several areas, including help with substance abuse/mental health issues, education, transportation, housing, employment, food and clothing. You **MUST** be referred to TASC by your probation officer before TASC can help you. This TASC office in Carteret County doesn't have its own website, so the website listed is for the main TASC page on the Coastal Horizons website.

There is a one-time fee of \$75.00, but you pay it through the probation office as part of your probation fees, so it's spread out over several months. Also, some services provided by partner organizations may charge their own fees.

One-Stop Resource Centers



You Empower You

2291 Onslow Dr.
Jacksonville, NC 28540

252-764-5679

Find them on Facebook at You Empower You

Monday through Friday: 9:00 AM to 5:00 PM

Provides assistance to individuals returning after incarceration in several ways, including housing referrals and mentorship. Their founder, Mike Noreski, is formerly incarcerated.

Call for more information or to speak with Mike.

Assistance is free; some services provided by partner organizations may charge fees

Hope Mission Ministries

1410 Bridges St.
Morehead City, NC 28557

252-240-2359
252-241-0920 (cell number for John Sotirkys, Director)

hopemissionnc.org

Monday through Friday: 9:00 AM to 4:00 PM

Provides food, clothing, shelter, emergency financial assistance, transportation assistance, job training/placement, and other means of support such as emotional support, mentoring and counseling.

Assistance is free; some services provided by partner organizations may charge fees



Recidivism Reduction Services (RSS)

3813 Arendell Street
Morehead City, NC 28557
(Located inside the Big Rock Career Center)

252-222-7981

No website but you can email them at smithjohn@carteret.edu

Monday through Friday: 8:00 AM to 5:00 PM

Provides a variety of services and programs for those returning to Carteret County from prison, including job training/placement, continued education, food and clothing assistance referrals, and much more. Through a partnership with Carteret Community College, they offer a class called "How to Escape Your Prison" and will even cover the cost of tuition and books for those in need. The phone number and email address provided is for John Smith, the director of RRS and a longtime reentry specialist in the area.

Assistance is free; some services provided by partner organizations may charge fees

One-Stop Resource Centers

Salvation Army of Carteret County

2800 Bridges St.
Morehead City, NC 28557
252-726-7147

www.salvationarmycarolinas.org/moreheadcity/

Monday through Saturday: 9:00 AM to 5:00 PM

Provides food to those in need, along with other services, such as rent and utilities emergency service, clothing vouchers, some job placement help, some transportation help. Bring your prison ID with you to receive service.

Free



Go Further Connect

<https://gofurtherconnect.com/>

Introducing a new way to get connected

Do you need a **resource**?
Do you need a **job**?
Do you need **inspiration**?
Do you need to **connect**?



Visit www.GoFurtherConnect.com to start connecting now

Go Further Connect is an online resource for connecting returning citizens with programming, services, and community support that meet the individual's needs. You can search for help by zip code and also access some of the other great resources they have available for free, such as a tool for finding a job.

Free



Recidivism Reduction Call Center

<https://rreps.net/recidivism-reduction-hotline>

888-852-0004

The Recidivism Reduction Call Center allows people recently released from prison in North Carolina to connect with a RREPS operator to request information about, and set up warm referrals to, employment, housing, healthcare, and public benefits services.

Assistance is free; some services provided by partner organizations may charge fees

One-Stop Resource Centers

North Carolina ePASS

<https://epass.nc.gov/>

North Carolina ePASS is a new online way to apply for Benefits and services as a resident of the state. It is made available by the NC Department of Health and Human Services.

You can apply for Food & Nutrition Services, apply for Energy Assistance, register to vote (if eligible) and apply for other state services.

You will need to set up an account first and you must have an active email account. You will also need a photo ID and your birth certificate to set up an account.

Setting up an account is free. To qualify for benefits, you must meet certain guidelines.

Food Resources

Martha's Mission Cupboard

901 Bay St.
Morehead City, NC 28557
252-726-1717

www.marthasmission.com

Monday, Wednesday and Friday:
10:30 AM to 3:00 PM

Provides the following once a month: Cereal, canned fruit and vegetable, dried beans, rice, grits, saltines, peanut butter, jelly, powdered milk, cooking oil, eggs, margarine, orange juice, hot dogs, chickens, bread and rolls, soap, laundry detergent and toilet paper plus other extras.

Must be referred by the Carteret County Department of Social Services, which will provide vouchers for free food on a monthly basis.

Free

Food Resources

Matthew 25 Food Pantry

1007 Orange St.
Newport, NC 28570

252-223-4231

matthew25sjumc.org

Monday and Thursday: 9:00 AM to
11:00 PM

The assistance provided may include food from their pantry, bill assistance, budgeting, job search skills, and referrals to other appropriate helping agencies. Financial assistance is limited to residents within the Newport community.

Ministry of St. James United Methodist church.

Must come in and fill out an application and prove they're a resident of Newport.

Food pantry is free; some services provided by partner organizations may charge fees

The Storehouse Food Pantry

3114 Bridges St,
Morehead City, NC 28557

252-725-5539

Facebook Page: The Storehouse
Food Pantry - Morehead City, NC

Monday, Tuesday and Wednesday:
10:00 AM to 1:00 PM

A faith based non-profit organization that provides food and other resources to those who are in need in the Carteret County community. Don't always answer their telephone.

Free

Medical / Dental Resources

Carteret County Health Department

3820 Bridges, Suite A
Morehead City, NC 28557

252-728-8550

[www.carteretcountync.gov/836/
Health-Department](http://www.carteretcountync.gov/836/Health-Department)

Monday through Sunday: 8:00 AM to
5:00 PM

Offers assistance with a variety of basic health needs, including disease prevention and others. Also offers free HIV and other STD testing and free COVID testing and vaccinations.

Free

Medical / Dental Resources

Broad Street Clinic

534 N 35th, Suite K
Morehead City, NC 28557

252-726-4562

www.broadstreetclinic.org

Monday through Wednesday: 8:30
AM to 5:00 PM

Thursday: 8:30 AM to 4:00 PM

The Broad Street Clinic is a chronic care clinic treating the five chronic disease of diabetes, high blood pressure, heart and/or lung disease and thyroid disease. Call to set up an appointment to meet with a patient advocate.

Fee based on a sliding scale (what you can afford). No one is turned away regardless of their ability to pay.



Parks Insurance

153 S. Oakland Ave.
Rock Hill SC 29730

866-932-7200

<https://parksinsured.com/>

Monday through Friday: 8:00 AM to
7:00 PM

Parks Insurance is licensed in all 50 states to offer healthcare insurance to individuals returning from prison. Through a special program called G.I.F.T. (Giving Insurance Freely for Transition), you are eligible to receive healthcare insurance with ZERO monthly payments and little, if any, deductibles. This plan covers doctor visits, medication, behavioral health, surgery, hospital stays and more. Everyone qualifies, even those with preexisting conditions.

Free to those who qualify

OurJourney can help you enroll in Parks Insurance's G.I.F.T. program! Call us 888-50-REENTRY to learn more or call Parks Insurance and speak to a representative.

Medical / Dental Resources



NC MedAssist

866-331-1348

medassist.org

NC MedAssist is a statewide program for those who do not have the means to buy life-saving medications to treat chronic diseases such as heart disease, diabetes, and asthma. To qualify you must live in NC, not have any insurance (not even Medicaid) and have income that is at or below 300% of the national poverty average. (To give you an example, if you live with one other person, the combined yearly income for both of you can't be more than \$54,930, or \$4,577 per month.) Visit their website to enroll or call for more information. They also have a Mobile Free Pharmacy that travels the state handing out free Over The Counter medications to anyone, no ID required.

Free for those who qualify and aren't insured

OurJourney can help you enroll in NC MedAssist's free pharmacy program! Call us 888-50-REENTRY to learn more.

Mental Health & Substance Abuse Resources

Morehead City Treatment Center

403 North 35th St.
Morehead City, NC 28557

252-773-0306
252-343-5223 (After Hours Crisis Hotline)

moreheadcitytreatment.com

Monday through Friday: 6:00 AM to 12:00 PM
Saturday and Sunday: 7:00 AM to 9:00 AM

Provides outpatient help to those struggling with opioid drug addiction by offering medication assistance.
Walk-ins accepted.

Fee based on a sliding scale (what you can afford). They take Medicaid and will help you obtain grants if you're uninsured. If you pay out of pocket, it's \$12 to \$14 per day.

Mental Health & Substance Abuse Resources

Peer Recovery Center

3900 Bridges St
Morehead City, NC 28557
252-222-3888

www.peerrecoverycenter.org

Monday through Friday: 10:00 AM to 4:00 PM

Anyone who has addiction or mental health issues can come in and talk to a Peer Support Specialist at no cost. Also offers support groups and workshops when there's a need.

Free



Port Health

3715 Guardian Ave.
Morehead City, NC 28557
252-222-3144

<https://www.drug-rehabs.org/rehab-center/Port-Health-Services-Morehead-City-NC.htm>

Monday through Friday: 8:00 AM to 5:00 PM

Offers outpatient treatment programs that provide individual and group therapy, family counseling, psycho-educational and psychotherapy, medication management and more. They also offer help overcoming opioid drug addiction. They have three detox facilities.

Walk-ins accepted but will need to make an appointment. ID required, but prison ID is accepted.

Accepts private insurance, Medicare and Medicaid. If you don't have any of those they may be able to help you find financial help to cover the cost of care



Mental Health America

800-969-6642

<https://www.mhanational.org/>

<https://screening.mhanational.org/screening-tools/>

Provides free mental health screening, which is the quickest and easiest way to determine whether you are experiencing symptoms of a mental health condition.

To take the free and confidential mental health screening, visit their website or scan the QR code to the right with your smartphone.



mhascreening.org

Job Training / Job Placement Resources

Vocational Rehabilitation

310 Commerce Ave., Suite A,
Morehead City, NC 28557

252-515-5350

[www.ncdhhs.gov/divisions/
vocational-rehabilitation-services](http://www.ncdhhs.gov/divisions/vocational-rehabilitation-services)

Monday through Friday: 8:00 AM to
5:00 PM

Provides a variety of services, depending on your specific needs. They are customized to help you find a job and offer career counseling, education and training, job placement assistance and on-going support, medical treatments and assistive technology.

Free



NCWorks Career Center

3813 Arendell St.
Morehead City, NC 28557
(Located in the Big Rock Career
Center)

252-222-6038

[www.ncworks.gov/vosnet/
Default.aspx](http://www.ncworks.gov/vosnet/Default.aspx)

Monday through Friday: 8:30 AM to
5:00 PM

NCWorks offers support with everything from pulling together a resume and finding the right training opportunities to prepping you for interviews so you're ready to ace them.
Call to set up an appointment.

Free

Blue Arbor Temp Agency

5286-D Highway 70 West
Morehead City, NC 28557

252-247-1800 or 252-447-8374

www.bluearbor.com

Monday through Friday: 9:00 AM to
4:00 PM

Temporary agency offering job placement in local businesses for clients who can pass a drug test and have reliable transportation. They do conduct a background check, and some business they work with will not hire ex-felons, but others will. Also offer day-labor jobs. They require two forms of ID (prison ID is not accepted).

Free

Financial Resources



Operation HOPE

704-680-3163

<https://operationhope.org>

Monday through Friday: 8:00 AM to 5:00 PM

Helps individuals of all ages and backgrounds, including the formerly incarcerated, by offering financial education, one-on-one coaching, courses on credit score improvement, as well as pathways toward homeownership and starting a business.

They have eight locations across the state of North Carolina, but since they can also provide their services over the phone, they can help you even if you don't live near one of their locations.

This is a great (and totally free) program for those who want to understand how to rebuild their credit and financial life after incarceration.

Call Alisha Kenny at the number provided to set up an initial appointment.

Free

Transportation Resources

Carteret County Area Transportation System (CCATS)

5231 Business Dr.
Newport, NC 28570

252-240-1043

www.carteretcountync.gov/590/CCATS-Brochures

Monday through Friday: 6:00 AM to 6:00 PM

Provides public transportation throughout Carteret County for any reason. CCATS picks you up at your location, takes you to your destination and will bring you back if you want them to. You must call to schedule a trip no later than by 11:00 AM the day before your trip.

Fares are \$3.00 one-way (\$6.00 round-trip) for all destinations inside Carteret County. Drivers accept cash or check only and must be for exact amount because they don't make change.

Clothing Resources

The Saint Andrews Thrift Shop

1107 Arendell St.
Morehead City, NC 28557

252-726-4747

standrewsmhc.org/thrift-shop/

Tuesday, Thursday and Saturday:
10:00 AM to 4:00 PM

Sells clothing and household goods at bargain prices, and readily donates merchandise to the needy who come to its door, and to those referred by local churches and the Department of Social Services. All profits are given to local charities.

All items sell at low prices. The director, a lady named Susan, says that if you let her know that you just got out of prison, she will give you a \$50 gift certificate to use at the store.

Loaves & Fishes of Beaufort Thrift Shop

1700 (and 1710) Live Oak St.
Beaufort, NC 28516

252-504-0123

loavesandfishesnc.org

Monday through Saturday: 10:00 AM
to 4:45 PM

The location at 1700 Live Oak Street sells clothing, shoes, jewelry, and seasonal items. The location at 1710 sells household goods, linens, furniture, appliances, house decor, and many other items.

Loaves & Fishes also offers a residential Christ-centered program for men struggling with substance abuse through an outpatient 6-month program that also provides employment at the thrift shop. Ministry of Calvary Baptist Church in Beaufort.

All items sell at low prices

Directory for Carteret County Agencies:

Carteret County Probation Department	209 N. 35th St. Morehead City, NC 28557	252-728-3877
Carteret County DMV	5347 US 70 West Morehead City, NC 28557	252-726-5586
Carteret County Dpt. of Social Services	210 Craven St. Beaufort, NC 28516	252-728-3181

Directory for State and Federal Government Programs that Offer Temporary Assistance:

SNAP (Supplemental Nutrition Assistance Program): www.fns.usda.gov/snap/supplemental-nutrition-assistance-program

LIEAP (Low Income Energy Assistance): www.ncdhhs.gov/divisions/social-services/energy-assistance/low-income-energy-assistance-lieap

TANF (Temporary Assistance for Needy Families): www.ncdhhs.gov/divisions/social-services/work-first-family-assistance

Other Organizations that Offer Assistance:

The National Reentry Network for Returning Citizens is a national network comprised of individuals returning from incarceration who support each other's successful reintegration. To learn more, visit their website at <https://thenationalreentrynetwork.org/>.

National Suicide Prevention Hotline: Dial 988 or online at www.988lifeline.org.

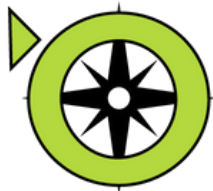
Felony Record Hub (an online resource with jobs, housing and reentry advice for people with criminal records): www.felonyrecordhub.com

Honest Jobs (the nation's leading job marketplace for people affected by the criminal justice system. Honest Jobs has over 300,000 job openings from 1,000+ fair-chance employers): www.honestjobs.com

Veterans Resources in Carteret County (for all military veterans): 252-728-8440 or online at <https://carteretcountync.gov/159/Veterans-Services>

NC211.org (an online information and referral service provided by United Way of North Carolina. It offers a searchable database with information about resources for all 100 counties in North Carolina)

Other Assistance Available through OurJourney: Anyone returning to any county in North Carolina from any state prison is automatically eligible to participate in the OurJourney **Essential Services** program. The Essential Service programs provides one-on-one, professional assistance, including help with writing a resume, preparing for a job interview, handling stress and rejection, registering to vote, and six other essential services for those rebuilding their lives after incarceration. This program is free of charge. To learn more or to enroll, call 888-50-REENTRY or visit www.ourjourney2gether.com/essential-services.



OurJourney
PO Box 2862
Rocky Mount, NC 27802
888-50-REENTRY